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HOW TO BE PREPARED FOR EMERGENCIES

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Thank you to all who helped make the 2016 CANDIDATES FAIR a success on 7/22! A whole lot of work and a whole lot of FUN! We also thank the participating candidates who helped fund this event!

REMEMBER TO VOTE:
Primary Election is Sat., 8/13

Tropical Storm Darby left rain, mud and residue form the leaking roof. Be sure you are prepared this hurricane season. Read tips ->

A new face in the Social Worker office: We bid Farewell to Dorenda & Hello to Judy, who will be covering until a new Social Worker is hired. Her office hours are on Monday & Wednesday mornings.

Please join me in saying Thank You to Mui! She did a great job at the Center & has transferred to another CCH program.

Alika is still at the Center until 8/15. Be sure to say Aloha to him before then. Thanks again, Alika!

Diane
Division Administrator

A MESSAGE FROM DIANE

BE DISASTER PREPARED
Can you answer YES to the following:
• Do you have someone who will check on you in an emergency to make sure you are ok?
• Do you know the location of the evacuation shelter closest to your home?
• Do you have a 7-day supply of: Water (1 gallon/person/day), nonperishable food, eating utensils (including a manual can opener), battery or crank powered radio, flashlight, spare batteries, whistle, dust mask, sanitation supplies (wet wipes, garbage bags, etc.) tools (to shut off utilities, duct tape), map, prescription meds, pet supplies (if you have a pet)
• Do you have a list of important phone #’s (MD, emergency contact) in case you are injured?
• Are your important papers (medical insurance, ID, etc) ready to “grab and go”?

WELCOME NEW MEMBERS!
Dennis Goo
Bonnie Hokama
Mildred Kaneshiro
Shigeru Kaneshiro
Tamie Kashiwamura
Robert Kiick
Dorothy Loftin
Mathilda Loo
Aileen Wong
Jeannette Yoshimori
On June 30, United Healthcare Medicare Solutions representative Raina Itagaki spoke on the topic “Get More from Medicare.” The different plans and coverages were presented. Those who had further questions on their individual plans were invited to sign up to be personally contacted. Also present at our meeting was Dr. Merle Kataoka-Yahiro from the UH School of Nursing along with two doctors from Japan who visited the Nenchosha Club requested volunteers for a cross-cultural study. Anyone between the ages of 40-75 living in the community, able to read, write, and speak in either English or Japanese and would like to take part in this study were asked to complete a form and return it to the Center.

We were privileged once again to have entertainers from Okinawa for a mini concert for us on July 7. The special guests were here to support Toguchi-Nakasone Sensei for her “Chura Shigata” (beautiful soul) Concert celebrating the Traditional Performing Art of Okinawan Dance. Performance included professional dancers and sanshin players.

Our annual Bon Dance was held on July 14. Ippei Nife Debiru to Derek Ichiro Shiroma Sensei for coming through with his Jitaka providing the bon dance music. The fun morning ended with everyone enjoying some delicious mocha as a special treat.

Happy birthday to eight of our members who celebrated birthdays on July 21. Occupying the seats of honor were Alice Masuda (94), and Emiko Yoshida (89). God bless each one of you! Special entertainment was provided by the Taiko Okinawa Club led by Melissa Ching, Oahu leader. Their unique taiko style combines the traditional Eisa and Karate forms to contemporary music. Impressive! Performers gave us the opportunity to bang on their taikos.

The club is part of the Ryukyukoku Matsuri Daiko Hawaii which originated in Okinawa. Classes are held every Wednesday evening in Salt Lake District Park for anyone interested in checking them out.

8/4 Shiyukai – Yamaguchi
8/11 Beiju/Kaiyama
8/18 Show & Sell/Andagi
8/25 Birthday – Variety Show

Okinawan Proverb: “Acha nu neen chi ami” (Tomorrow is a new day.)
A gentle reminder to VOTE. Primary Election Day is on Saturday, August 13. If you have any questions regarding how to vote, call the Office of Elections at 453-8683. Some of the major offices on the ballot this year include the US President, US Senator, US House of Representatives; Honolulu Mayor, State Legislators, City Council, Prosecuting Attorney, and OHA. You can help your candidate win by casting your ballot!

On the 18th of July, we were all feeling nostalgic with Lorraine Chang’s piano solo of familiar songs. It brought back memories of days of our youth. The multi-talented Mrs. Chang also played the ukulele with songs she wrote for her mom and dad- very heartwarming. She even wowed us with her line-dancing and also gave free lessons. We learned her secret for being so energetic. Also, on display for all of us were Ms. Lillian Yajima’s handmade work of paper craft gift boxes and envelopes. Hopefully someday we will learn how to make it.

On the 25th of July, we learned a lot from Mr. Fusao Nishibun from the City Division of Treasury about our Real Property Tax assessment, tax exemptions, and tax credit for homeowners. Form more information, call Mr. Nishibun at 768-3204.

August Happy Birthday wishes to the 90+ members: Sumiko Higashi, Agnes Miura, Tamiko Miyashiro, Stella Nakayama, and Noboru Tanoue.

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**JAPANESE CULTURAL CLUB UPDATE**

**Don’t Forget to Vote**

by Clarice Kumura

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Peter Acosta  
Hyok Ja Akiyama  
Richard Andrade  
Yaeko Asato  
Rosa Beppu  
Glibert Brown  
Lucina Campos  
Amy Chan  
Charlene Chung  
Anh Le Chuong  
Cheryl Curameng  
Chau Dam  
Henry Dang  
Salud Dizon  
Tochino Enoston  
Lawrence Ferreira  
Lillian Fong  
Camela Fontanilla  
Taeko Fujinilla  
Jack Fujiyama  
Betty Fukuda  
Kay Fukuhara  
Louise Gerik  
Sueko Gushiken  
Jessie Hakoda  
Jean Hanna  
Jean Harada  
Wan Up Harvey  
Cai Qin He  
Florence Higa  
Sumiko Higashi  
Kim Fong Lee Ho  
Philip Ho  
Sien Ho  
Sue Hollins  
Mae Hong  
Setsuko Iha  
Shin Nam Im  
Lillian Inatsuka  
Kuzuko Inouye  
Evelyn Isara  
Mihoko Ishida  
Sharon Ishida  
Jean Ishikawa  
Violet Kagawa  
Shigeru Kaneshiro  
George Kaniho  
Kaethe Kauffman  
Masako Kawada  
Diane Kawakami  
Eiko Kido  
Linda Kim  
Joan Kina  
William Kiyana  
Doris Kiyuna  
Alice Kotake  
Jane Kunioshi  
Amy Lam  
Winifred Lau  
Jin Yu Lin  
Zhao Fang Liao  
Norma Lum  
Thomas Maekawa  
Shao Xi Mao  
Anita Mateo  
Leslie Matsubara  
Sun Sil Mattos  
Yoshiko Minami  
Agnes Miura  
Alice Miyasato  
Paulina Mosquete  
Hazel Murakami  
Alice Murashige  
Maisie Nagaishi  
Nancy Nakano  
Stella Nakayama  
Charles Nekoba  
Ellen Ng  
Misayo Nihei  
Jane Noe  
Anita Obena  
Betty Ogami  
Helen Ojiri  
Bertha Okazaki  
Masaichi Oshiro  
Nobuko Oshiro  
Tsutomu Oshiro  
Emmie Otake  
Tokue Uchi  
Agnes Pagan  
Brennan Tang  
Moon Ja Park

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**Chinese Cultural Club**

**MEETINGS 8/5, 8/12, 8/26**

**Korean Cultural Club**

**MEETINGS 8/4, 8/11, 8/18, 8/25**
FILIPINO CULTURAL CLUB by Helen Castillon

On July 9th, guest speakers were very helpful in answering questions that members had regarding healthcare. Mountain Pacific will be back at a later date. On July 23rd, we celebrated Letty Dolor’s birthday and invited our Program Specialist, Riva Torno, and Mui Kong to join the in the chicken dance. It was lots of fun!

8/13 Rehearsal for Party
8/27 Anniversary Luncheon

PORTUGUESE CULTURAL CLUB by Puna Frank

Bom dia! Members enjoyed a scrumptious scampi lunch at Kahuku’s Giovanni Shrimp Wagon. It was beautiful – we went the long way around. Despite Matsumoto’s long line, unscheduled pit stops, and broken A/C, we survived with no heat exhaustion. So – be aware, take care, drink water!

Politicians were plentiful at LMPSC on the 22nd - it was successful and educational. Much socializing – you could feel the electricity in the air. The candidates gave out lots of great stuff, including eggplant, bitter melon, chichi dango, et cetera. We got to eat with the candidates! Thanks candidates! LMPSC has such great hospitality! So much aloha. Mahalo to everyone. May we continue on the path of ALOHA! Ate Ja!

8/3 Armchair Travel
8/17 Windward Mall, Ruby Tuesdays, Birthdays
8/31 Games/Movie Time

HAWAIIAN CULTURAL CLUB by Sharon Tulba and Janet Miyashiro

On July 5th, we had our Club meeting and discussed past events and updates on Club members. On July 12th, we talked about how to properly visit a heiau and other historical Hawaiian sites. On July 19th, we learned the hula from Janet Miyashiro for the song “E Huli Makou”. It was so much fun.

8/9 Makino Chaya
Also coming up: BINGO and Meeting
Mahalo!

Thank you so much for your generosity!

**Hibiscus: ($100-$249):**
- Anonymous
- Mrs. Nobue Akashi
- Mr. Alika Andrade
- Mr. & Mrs. Henry Fujita
- Mrs. Tomie Higa
- Mrs. Sally Joyce
- Mrs. Betty Kotani
- Mrs. Reiko Kusumoto
- Mrs. Victoria Naholowaa
- Ms. Rita Nakasone
- Mr. Edwin Shiroma
- Mr. & Mrs. Daly Stevens
- Ms. Aileen Tanaka
- Mrs. Karen Takemoto
- Mr. David Young

**Bird of Paradise: ($50-99):**
- Dr. Lei Ahu Isa, Ph.D
- Mrs. Lillian Gima
- Mrs. Nancy Kagami
- Ms. Diane Kawakami
- Mrs. Stella Okuma
- Mrs. Jane Tatsuta
- Ms. Jane Wong
- Mrs. Nancy Yeda

**Anthurium: ($49 & under):**
- Ms. Kimie Aihara
- Mrs. Dorothy Alvarado
- Mr. Jeff Cockett
- Mrs. Christy Fujii
- Mrs. Violet Ganeku
- Mrs. Mae K. Hong
- Ms. Lillian S. Inatsuka
- Mr. & Mrs. Robert Ishihara
- Ms. Alponsa Hokulani

**In Kind Donations**
- Nakasato, Dennis
- Ojiri, Donald
- Okuda, Dale
- Okuma, Grace
- Okuma, Stella
- Pang, Carol
- Sasano, Alice
- Shirakawa, Kazuo
- Sugihara, Jean
- Sugiyama, Jean

**Takai, Yurie**
**Takakuwa, Mii**
**Tanaka, Doris**
**Tanaka, Aileen**
**Tomomitsu, June**
**Tsutsumi, Alice**
**Wauke, Doris**
**Wong, Joyce**
**Yanagawa, Rose**
**Yasuda, Emiko**
**Yoshida, Emiko**
**Yoshida, Mark**
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<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00am</td>
<td>Walking Group</td>
<td>Group</td>
<td>Library</td>
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<tr>
<td>9:00am</td>
<td>Japanese Cultural Club</td>
<td>Sueda</td>
<td>Lanai/Activity Room</td>
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<tr>
<td>9:30am</td>
<td>Beg. Taisho Koto</td>
<td>Takeuchi/Sueda</td>
<td>Library</td>
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<tr>
<td>10:00am</td>
<td>Lei-Making Group</td>
<td>Tsutsumi</td>
<td>Craft Room</td>
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<tr>
<td>10:30am</td>
<td>Harmony’s Hula</td>
<td>Brighter</td>
<td>Dance Studio</td>
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<tr>
<td>11:00am</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>Library Annex</td>
</tr>
<tr>
<td>11:00am</td>
<td>Novice Ukulele</td>
<td>Ojiri</td>
<td>Sewing Room</td>
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<tr>
<td>12:00pm</td>
<td>Intro to Yoga</td>
<td>Hasagawa</td>
<td>Lanai</td>
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**Tuesday**

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<th>Class</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:30am</td>
<td>Mah Jong</td>
<td>Sugihara</td>
<td>Library</td>
</tr>
<tr>
<td>8:00am</td>
<td>Fan Tai Chi</td>
<td>Koike</td>
<td>Lanai</td>
</tr>
<tr>
<td>8:30am</td>
<td>Needle &amp; Thread Workshop</td>
<td>Sueda</td>
<td>Sewing Room</td>
</tr>
<tr>
<td>9:00am</td>
<td>Tai Chi</td>
<td>Koike/Hee</td>
<td>Lanai</td>
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<tr>
<td>9:30am</td>
<td>Hawaiian Quilt, Etc.</td>
<td>Hirashiki/Takamoto</td>
<td>Craft Room</td>
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<tr>
<td>10:00am</td>
<td>Hawaiian Cultural Club</td>
<td>Dela Cruz</td>
<td>Activity Room</td>
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<tr>
<td>10:00am</td>
<td>Japanese Calligraphy</td>
<td>Usami</td>
<td>Sewing Room</td>
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<tr>
<td>10:15am</td>
<td>Sahm Bo Dahn</td>
<td>Katahira/Higuchi</td>
<td>Lanai</td>
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**Wednesday**

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<th>Time</th>
<th>Class</th>
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<tbody>
<tr>
<td>8:00am</td>
<td>Walking Group</td>
<td>Group</td>
<td>Library</td>
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<tr>
<td>8:30am</td>
<td>Stretch &amp; Tone</td>
<td>Werle</td>
<td>Lanai</td>
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<tr>
<td>9:00am</td>
<td>Sewing by Nakasone</td>
<td>Nakasone/Ito</td>
<td>Craft Room/Sewing Room</td>
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<tr>
<td>9:00am</td>
<td>Portuguese Cultural Club</td>
<td>Frank</td>
<td>Activity Room</td>
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<tr>
<td>9:30am</td>
<td>Intro to Yoga</td>
<td>Hasegawa</td>
<td>Dance Studio</td>
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<tr>
<td>10:00am</td>
<td>Line Dance</td>
<td>Wauke/Chang</td>
<td>Lanai</td>
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<tr>
<td>10:00am</td>
<td>Ellen’s Ukulele</td>
<td>Kong/Tonganan/Lindo</td>
<td>Library</td>
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<tr>
<td>11:00am</td>
<td>Happy Seniors Serenaders</td>
<td>Ojiri/Ko</td>
<td>Sewing Room</td>
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<tr>
<td>11:00am</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>Library Annex</td>
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<td></td>
<td>New Novice Ukulele</td>
<td>Ojiri</td>
<td>Go Room</td>
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<td>Exercise with Karate</td>
<td>Kellett</td>
<td>Dance Studio</td>
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**Thursday**

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<th>Time</th>
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<th>Instructor</th>
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<tbody>
<tr>
<td>8:30am</td>
<td>Arts &amp; Crafts</td>
<td>Perry</td>
<td>Sewing Room</td>
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<tr>
<td>9:00am</td>
<td>Okinawa Nenchosha Club</td>
<td>Higa</td>
<td>Lanai/Activity Room</td>
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<tr>
<td>9:00am</td>
<td>Korean Dance/Club</td>
<td>Lee</td>
<td>Dance Studio/Craft</td>
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<tr>
<td>10:00am</td>
<td>Enka Class</td>
<td>Arakaki/Kishimoto</td>
<td>Library Annex</td>
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<td>11:00am</td>
<td>Taisho Koto</td>
<td>Takeuchi/Sueda</td>
<td>Library</td>
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<tr>
<td>11:00am</td>
<td>Okinawan Dance</td>
<td>Nakasone/Kawaguchi</td>
<td>Lanai</td>
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**Friday**

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<th>Time</th>
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<tr>
<td>9:00am</td>
<td>Folk Sing Along</td>
<td>Group</td>
<td>Library Annex</td>
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<td>9:30am</td>
<td>Fusion Exercise</td>
<td>Gittelman</td>
<td>Lanai</td>
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<td>10:00am</td>
<td>Chinese Cultural Club</td>
<td>Mau</td>
<td>Activity Room</td>
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<td>10:00am</td>
<td>Sahm Bo Dahn</td>
<td>Katahira/Higuchi</td>
<td>Lanai</td>
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<td>Tap Dance</td>
<td>Koepke/Martin</td>
<td>Dance Studio</td>
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<td>11:00am</td>
<td>Crafts by Florence</td>
<td>Tamura</td>
<td>Sewing Room</td>
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<td>9:00am</td>
<td>Filipino Cultural Club</td>
<td>Castillon</td>
<td>Lanai/Activity Room</td>
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# AUGUST 2016

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**August Moon Festival** (8:30 am)

**Program Committee Meeting** (8:30 am)

**Show n’ Sell** (8:30 am)

**NEW MEMBER ORIENTATION** (9:00)

**Walk-in Registration** (8:00 am)

**Walk-in Registration** (8:00 am)

**Walk-in Registration** (8:00 am)

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**THIS MONTH:**
Walk-in Registration for Fall Session!
August 29 – September 2
8:30 am – 10:30 am

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**Let’s Keep in Touch**

1640 Lanakila Avenue
Honolulu, HI 96817
(808) 847-1322
www.catholiccharitieshawaii.org

**Center Hours**

Monday-Friday 7:30am-3:00pm
Saturday (2x/month) 8:30am-11:30am

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**Center Staff**

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<tbody>
<tr>
<td>Vacant</td>
<td>Program Coordinator</td>
<td>Rm 7</td>
<td>Ext. 29</td>
</tr>
<tr>
<td>Riva Torno</td>
<td>Program Specialist</td>
<td>Rm 3</td>
<td>Ext. 22</td>
</tr>
<tr>
<td>Iris Hiramoto</td>
<td>Membership Specialist</td>
<td>Rm 4</td>
<td>Ext. 24</td>
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<tr>
<td>Cookie Irvine</td>
<td>Program Support Asst.</td>
<td>Rm 7</td>
<td>Ext. 28</td>
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<tr>
<td>Judy Taketa</td>
<td>Social Wkr/Case Mgr (M</td>
<td>W mornings)</td>
<td>Rm 6</td>
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<tr>
<td>Lodi Tapawan</td>
<td>Custodian</td>
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