Inside This Issue:

LMPSC Christmas Program tickets on sale now!

Message from Diane  2  
Cultural Club Updates  3  
Mahalo to our Donors  6  
Upcoming Events  8  

A program of Catholic Charities Hawai‘i funded in part by the State of Hawaii via contract with the State Executive Office on Aging (EOA) and the C&C of Honolulu, Elderly Affairs Division, and a Persons In Need grant from the May Templeton Hopper Fund of the Hawai‘i Community Foundation.
Celebrate the Holidays: 

Friday, December 16 is the Center's Christmas Program, starting at 9 a.m. at the Japanese Cultural Center, Manoa Grand Ballroom. If you don’t have your ticket yet, purchase one from your club or at the Front Desk. REMINDER: The Center will be Closed that day.

Club Officers, Front Desk and Kitchen Volunteers: Mark Your Calendars for Leadership Training, January 4, 5 & 6, 2017. Topics include: Conflict Resolution, Fire Extinguisher Use, Safety for Seniors, & more!

Dec. 7, 1941 Memories: For this 75th anniversary of the bombing of Pearl Harbor, Center members shared their memories. Check out the bulletin board opposite the water fountains, as well as the last page of this newsletter (electronic version only).

May you have the gladness of Christmas which is hope; 
The spirit of Christmas which is peace; 
The heart of Christmas which is love.

Ada V. Hendricks

Welcome New Members!

Patrick Freitas
George Iwasaki
Sylvia Iwasaki
Lillian Lee
Barbara Miyano-Young
Irene Oka
Patsy Young

Notice to all Members:

Parking at the center may be tight due to construction at Lanakila Health Center from Nov. 28, 2016 through April 26, 2017. Thank you for your patience & understanding!
Getting Ready for the New Year

Mahalo to Lorraine Chang for providing our entertainment on Oct. 27 with her musical and line dancing talent. She led us in some line dancing to get us involved and also sang a special song she composed for her mother's 80th birthday, while playing the ukulele. Program ended with her playing a medley of songs on the piano, ending with everyone singing “Here’s to Happiness”.

For our two November meetings, on Nov. 10, we heard from Fely Caballaro from Kupuna Care, on Fall Prevention Tips, and on Nov. 17 we celebrated Thanksgiving plus nine November birthdays. Special honorees were Shizue Kakazu (98) and Jeanette Akamine (92). The talented singers and dancers of Hui Laulima provided first-class entertainment before we all enjoyed Thanksgiving sandwiches and a generous serving of pumpkin pie. We also elected the following officers for the Year 2017:

President – Jane Higa
1st Vice President-Harry Nakasone;
2nd Vice President-Elaine Hirashiki
Recording Secretary – Irene Yamashita
English Corresponding Secretary – Sally Kageyama
Treasurer – Diane Kawakami
Assistant Treasurers – Janet Ito & Richard Tada
Auditors – Juliet (Sue) Shimabukuro, Franklin Toma & Walter Miyashiro
Advisors – Mitsuko Toguchi-Nakasone, Yoshiharu Tengan & Tomie Higa

Mele Kalikimaka and Hau’oli Makahiki Hou!!

12/01 Amera from Okinawa
12/08 Bingo
12/15 Birthday/Variety Show
12/22 & 29 Christmas Break – No Meetings

Okinawan Proverb: “Ashibi nu chura saa ninju nu sunawai” (The more the merrier.)
What a great year 2016 has been! This is the time to reflect on what we have achieved during the year and to thank JCC members for contributing to the success of our club. Throughout the year, we were able to renew our energy through enlightening and inspiring speakers; the wonderful entertainment performed by various karaoke and dance groups; and the camaraderie we enjoyed by way of our picnic, observance of traditions, and games we played. We look forward to a great holiday season as we prepare for holiday festivities with family and friends. May you all be blessed with laughter, peace and love.

On November 7, we thoroughly enjoyed the music of the Small World Harmonica Band. On November 14, we celebrated birthday and the wonderful entertainment by Na Kupuna O Makua Alii. We had audience participating in hula dancing and singing.

Members who will be celebrating 90 and 90+ birthdays in December are: Sally Joyce and George Nakamura respectively. Happy Birthday and many more!

12/05 Variety Show & Birthday Celebration (Last Meeting)
Filipino Cultural Club Update
By Helen Castillon

12/3 Birthday & Christmas Celebration
12/17 No Meeting

Hawaiian Cultural Club Update
By Sharon Tulba

Aloha & Happy Holidays to all! Show & Sell was a success. We made Christmas cards, and is planning a field trip to PBS on Sand Island Access Road. We will have lunch at I Love Country Café.

Remember, LMPSC’s Christmas Program is on Dec. 16 from 9:00am til 1:00pm.

Portuguese Cultural Club Update
By Puna Frank

Bom dia! Hope your Thanksgiving was enjoyable. Our November outing to Shirokiya & Foodland Ala Moana was an experience. Expect to meander about 45 minutes before deciding what to eat. Walking shoes, patience, and extra dollars is a must. Everyone enjoyed their choices.

The weather outside is changing...just like our health issues. Are you experiencing loneliness, feeling down, or even sleeping earlier, but waking up later than usual? You may have got the winter-time heebie jeebies...so, keep warm, watch the sweet tooth intake, slow down & smell the roses and enjoy one of the many senior activities. Keep active, both mentally & physically.

Much mahalos to ALL members who contributed to our Nov. 15th Show & Sell. Without your donations & support, our club could not exist. Remember, every little bit counts, no matter how big or small.

12/7 Meeting 12/21 Excursion

Hawaiian Cultural Club Update
By Sharon Tulba

Aloha & Happy Holidays to all! Show & Sell was a success. We made Christmas cards, and is planning a field trip to PBS on Sand Island Access Road. We will have lunch at I Love Country Café.

Remember, LMPSC’s Christmas Program is on Dec. 16 from 9:00am til 1:00pm.

12/6 Meeting 12/20 Meeting
12/13 Bingo 12/27 Meeting
Mahalo

Thank you so much for your generosity!

**KAHILI GINGER ($250)**
M/M Susumu Miyashiro - IMO: Kaneshiro, Itsuko

**HIBISCUS ($100+)**
M/M Leonardo Bulda
Mrs. Suzie Hasegawa
Mrs. Janet Ito
Mrs. Cecilia Lindo
Mrs. Mitsuko Nakasone
Mr. Donald Ojiri
Mrs. Jean Sugiyama
Mrs. Doris Takara

**BIRD OF PARADISE ($50+)**
Mrs. Lorraine Chang
M/M Chow Fook Choy
Mrs. Lillian Gima
Mr. Eric Kaneshiro - IMO: Kaneshiro, Itsuko
Mr. Roy Miyashiro - IMO: Kaneshiro, Itsuko
Ms. Tazuko Miyashiro - IMO: Kaneshiro, Itsuko
M/M Franklin Toma

**ANTHURIUM ($49 & UNDER)**
Ms. Melba Bantay
Mrs. Francisca Gascon
Mr. Dennis Goo
Mrs. Lillian Lee
Mr. Gilbert Olayan
Mrs. Chiyoko Tomori
Ms. Joyce Wong
Mr. Glenn Yamasaki
Mrs. Irene Yamashita

**IN-KIND GIFTS**
Arakaki, Marion
Campos, Emilita
Hamada, Nobuko
Harano, Caroline
Kainuma, Michi
Kawada, Masako
Ko, Sin Cha
IMO: Miyashiro, Tamiko
Miyashiro, Walter
Morimoto, Akiyo
Morreira, Jane
Okuma, Grace
IMO: Segawa, Hiroko
Shimabukuro, Dennis
Shiroma, Alice
Sueda, Mary
Sugiyama, Jean
Sumaoang, Lourdes
Takai, Yurie
Takakuwa, Mii
Takara, Doris
Tanaka, Aileen
Toma, M/M Franklin
Tomomitsu, Kay
Wong, Jane
Yanagawa, Rose
Yoshida, Emiko
Young, Patrick

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Chinese Cultural Club
MEETINGS 12/2, 12/9, 12/16, 12/23, 12/30

Korean Cultural Club
MEETINGS 12/1, 12/8, 12/15, 12/22, 12/29

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HAPPY BIRTHDAY!
<table>
<thead>
<tr>
<th>TIME</th>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>8:00am</td>
<td>Walking Group</td>
<td>Group</td>
<td>Library</td>
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<tr>
<td>9:00am</td>
<td>Japanese Cultural Club</td>
<td>Sueda</td>
<td>Lanai/Activity Room</td>
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<tr>
<td>9:30am</td>
<td>Beg. Taisho Koto</td>
<td>Takeuchi/Sueda</td>
<td>Library</td>
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<tr>
<td>10:00am</td>
<td>Lei-Making Group</td>
<td>Tsutsumi</td>
<td>Craft Room</td>
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<td></td>
<td>Harmony's Hula</td>
<td>Brighter</td>
<td>Dance Studio</td>
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<tr>
<td>10:30am</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>Activity Room</td>
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<td>Novice Ukulele</td>
<td>Ojiri</td>
<td>Sewing Room</td>
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<tr>
<td>11:00am</td>
<td>Intro to Yoga</td>
<td>Hasagawa</td>
<td>Lanai</td>
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<tr>
<td>12:00pm</td>
<td>Basic Japanese Language</td>
<td>Tcheou</td>
<td>Library</td>
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<tr>
<td>7:30am</td>
<td>Mah Jong</td>
<td>Sugihara</td>
<td>Library</td>
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<tr>
<td>8:00am</td>
<td>Fan Tai Chi</td>
<td>Koike</td>
<td>Lanai</td>
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<tr>
<td>8:30am</td>
<td>Needle &amp; Thread Workshop</td>
<td>Sueda</td>
<td>Sewing Room</td>
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<td>Hawaiian Quilt, Etc.</td>
<td>Hirashiki/Takamoto</td>
<td>Craft Room</td>
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<td>9:00am</td>
<td>Tai Chi</td>
<td>Koike/Hee</td>
<td>Lanai</td>
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<td>9:30am</td>
<td>Hawaiian Cultural Club</td>
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<td>10:00am</td>
<td>Harmony's Hula</td>
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<td>Japanese Calligraphy</td>
<td>Usami</td>
<td>Sewing Room</td>
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<td>10:15am</td>
<td>Sahm Bo Dahn</td>
<td>Katakura/Higuchi</td>
<td>Lanai</td>
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<tr>
<td>8:00am</td>
<td>Walking Group</td>
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<tr>
<td>8:30am</td>
<td>Stretch &amp; Tone</td>
<td>Werle</td>
<td>Lanai</td>
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<tr>
<td>9:00am</td>
<td>Sewing by Nakasone</td>
<td>Nakasone/Ito</td>
<td>Craft Room/Sewing Room</td>
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<td></td>
<td>Portuguese Cultural Club</td>
<td>Frank</td>
<td>Activity Room</td>
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<td>9:30am</td>
<td>Intro to Yoga</td>
<td>Hasegawa</td>
<td>Dance Studio</td>
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<td>10:00am</td>
<td>Line Dance</td>
<td>Chang</td>
<td>Lanai</td>
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<td></td>
<td>Ellen’s Ukulele</td>
<td>Kong/Tangonan/Lindo</td>
<td>Library</td>
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<td>Happy Seniors Serenaders</td>
<td>Ojiri/Ko</td>
<td>Sewing Room</td>
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<tr>
<td>11:00am</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>Activity Room</td>
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<td>Exercise with Karate</td>
<td>Kellett</td>
<td>Dance Studio</td>
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<td>8:30am</td>
<td>Arts &amp; Crafts</td>
<td>Perry</td>
<td>Sewing Room</td>
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<tr>
<td>9:00am</td>
<td>Okinawa Nenchosha Club</td>
<td>Higa</td>
<td>Lanai/Activity Room</td>
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<td></td>
<td>Korean Dance/Club</td>
<td>Lee</td>
<td>Dance Studio/Craft</td>
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<td>Enka Class</td>
<td>Arakaki/Kishimoto</td>
<td>Library Annex</td>
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<td>Taisho Koto</td>
<td>Takeuchi/Sueda</td>
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<td>11:00am</td>
<td>Okinawan Dance</td>
<td>Nakasone/Kawaguchi</td>
<td>Lanai</td>
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<td>9:00am</td>
<td>Folk Sing Along</td>
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<td>Fusion Exercise</td>
<td>Gittelman</td>
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<td>Chinese Cultural Club</td>
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<td>Tap Dance</td>
<td>Koepke/Martin</td>
<td>Dance Studio</td>
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<td>11:00am</td>
<td>Crafts by Florence</td>
<td>Tamura</td>
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<td>Filipino Cultural Club</td>
<td>Castillon</td>
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## DECEMBER 2016

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<th>SUN</th>
<th>MON</th>
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<td>CENTER CLOSED: Christmas</td>
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### Center Staff

<table>
<thead>
<tr>
<th>Vacant</th>
<th>Program Coordinator</th>
<th>Rm 7</th>
<th>Ext. 29</th>
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<tbody>
<tr>
<td>Riva Torno</td>
<td>Program Specialist</td>
<td>Rm 3</td>
<td>Ext. 22</td>
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<tr>
<td>Iris Hiramoto</td>
<td>Membership Specialist</td>
<td>Rm 4</td>
<td>Ext. 24</td>
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<tr>
<td>Cookie Irvine</td>
<td>Program Support Asst.</td>
<td>Rm 7</td>
<td>Ext. 28</td>
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<tr>
<td>Cyan Curtis, LSW</td>
<td>Case Management Staff</td>
<td>Rm 6</td>
<td>Ext. 26</td>
</tr>
<tr>
<td>Lodi Tapawan</td>
<td>Custodian</td>
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### Let’s Keep in Touch

1640 Lanakila Avenue
Honolulu, HI 96817
(808) 847-1322
www.catholiccharitieshawaii.org

### Center Hours

Monday-Friday 7:30am-3:00pm
Saturday (2x/month) 8:30am-11:30am
Lanakila Remembers

In honor of the 75th anniversary of the bombing of Pearl Harbor, Center members were asked to share their memories of that fateful day. Here are just a few:

“We lived near Queens Medical Center. Ambulances (sirens) were going off and we ran outside to see what was going on. Then we went inside and turned on the radio. The announcer announced that Pearl Harbor had been bombed. Then we saw the smoke in the sky.”

“That night we painted our windows black, and turned off our lights because we did not want the enemy to see us and throw bombs at us.”

“I was standing on the corner intersection of my street. I saw the smoke in the sky. I didn’t know what was happening. I was 7 years old. I was attending Japanese school at the time, but after Pearl Harbor, it shut down.”

“I was 11 years old. I was in church. The pastor told us we were attacked and told us to walk home. I saw a plane go by that day. It was a kamikaze plane. They were suicide planes. That night, they told us it was “black out”. We had to close all the windows so there would be no visible light, if the enemy were to come back and attack again. My father dug a huge hole in our backyard, so that if we were attacked again, we could go into the hole for safety. We also had to carry big gas masks, everywhere we went in case of another attack. I lived in Kaneohe at the time. Many years later, I went to Japan and looked at the museums that had showcases of all the pilots who were suicide bombers. There were pictures and letters that the pilots had left to their families, saying that they would not be returning from their mission (Pearl Harbor).”

“I was at A’ala Park. My parents owned a store nearby. We were playing football. I was about 14 years old at the time. We saw planes flying in the sky and we lay down to watch them. We thought they were just maneuvering. Then my mom came yelling at us to come back. None of it made sense at the time, because we were young. We didn’t understand what war was.”

“I was working at Hickam field. I was coming home on the bus. When I reached home, my family told me what had happened. My brother gave me a good scolding for not coming home earlier.”

“I was on the golf course, waiting for the caddy. I was a teenager at the time. They suddenly closed the golf course and cancelled everything that day. Everybody went home and all the streets were empty.”

“I was living in Japan at the time. I was in high school. I remember hearing about Pearl Harbor on the radio. My family and neighbors dug a large hole in the ground and would go hide in the hole every night as we waited for B29 to pass. We were afraid it would throw a bomb at us. After we saw it pass we would come out of the hole.”