Aloha everyone:

February was a busy month for us as all the clubs and classes were back in full swing! There are so many dedicated and caring volunteers that help our Center staff every day. We are very grateful for all of the members and volunteers who devote their time and resources to making all of these activities happen!

The Show and Sell on February 10, 2017 was my first to attend. I enjoyed seeing all our neighbors coming to buy great items for a GREAT deal and tasting the delicious Korean mochi soup, Filipino banana lumpia, and Japanese saimin. Shucks, I missed out on the fried rice and Hawaiian plate that was made. The next Show and Sell will be on May 9, 2017 from 8 a.m. to 10:30 a.m.

The New Year’s celebrations planned by the Japanese Cultural Club and Okinawan Nenchosha Club were so heartwarming and special events in February. Their talent, warmth, and friendship is deeply appreciated.

We were able to celebrate Valentine’s Day together as Hawaii’s Silver Foxes provided an outstanding performance that took us around the world through songs. Mahalo to the Japanese Cultural Club and Hawaii USA Federal Credit Union for their donation of refreshment, lei and Valentine gifts for attendees.

Repairs and facility improvements continue to take place. We are thankful to the State’s Department of Accounting and General Services staff and contractors for fixing our air conditioners, walkways, restroom facilities and more. We are excited to have PASHA Hawaii and the Oahu Contractors Association commit to help with Center improvements. In addition, Boy Scout, Titan Mitchell, will be designing and installing shaded benches as his Eagle Scout project. And thank you to Dennis Nakamatsu who helped the Center fix the benches in the front area so that they are now safer for our seniors.

We had two well attended public meetings to discuss the redevelopment of the Hawaii Public Housing Authority (HPHA) property along North School Street. Discussions and conceptual drawings of what the community would like to see on the HPHA campus and the possibility of having senior services and a new senior center are all a part of the ideas that were shared with the developer, Retirement Housing Foundation. They will be using the input to work on more detailed renderings and will be back to share and receive more feedback. The project may include affordable residential rentals for seniors and families, commercial and retail space to offer services and products for the community, senior services and programs as well as brand new administrative office space for HPHA.

Every day, it never ceases to amaze me … the generosity of the community bringing donated items for our thrift shop; beautiful flower arrangements; and generous cash donations from individuals, families and businesses. We are grateful for these acts of kindness.

This year, the Volunteer Appreciation Day will be on Wednesday, April 26, 2017, from 10 a.m. to 1 p.m. at Lanakila Multi-Purpose Senior Center. We are looking for donations for door prizes and items to put in gift bags for the 270 dedicated volunteers. Also, if you know of individuals who would volunteer to teach computer, Ipad or cell phone use, lauhala hat and mat weaving, and other classes, please let us know.

All of you have made my first two months on the job as the Center Program Coordinator truly a pleasure and an honor.

Welcome New Members!

Pil Sun Amina
Thomas Amina
Barbara Ann Brown
Ramon Defensor
Manuel Espeleta
Cheryl Feagins
Donald Fujimoto
Prescott Fujimoto
Kathryn Heller
Kyoko Hijiroda
Mitsuko Ishihara
Hiromi Kohler
Stephen Lai
Dannette Macdonald
Jean Murakawa
Chieko Nakasone
James Okahara
Lillian Tanaka
Jeanette Tokuhiro
Kacy Troy
Amy Young

Welcome New Members!
Stay Fit & Healthy in the New Year

February started with listening to Jeff Roche of the Honolulu Fire Dept. on Feb. 2 as he showed a video and spoke on fire safety and prevention. Did you know that fire kills more people in America than any natural disasters? In order not to be part of that statistics, we were reminded of the many things we can do to make our homes safer and stay physically fit and healthy.

On Feb. 9 we were entertained by singers and dancers from Sensei Seiichi Yagi’s Nakuranaisha Hawaii. We enjoyed a variety show of Okinawan dances, hulas, an exercise dance to get everyone involved, and even a hilarious performance by a masked dancer.

As in the traditional Okinawan culture where the New Year is celebrated according to the Chinese lunar calendar, our New Year’s celebration was held on Feb. 16. Special guests were recognized along with 35 of our members who were 90 years of age and older. The honorees were presented with leis and gifts. Following the opening ceremonies including banzais led by Takejro Higa and Henry Isara, special entertainment was provided by our talented officers and Board members. Okinawan dances with audience participation for the closing Shimanchu nu Takara and Kachashi ended the excellent program. Everyone then enjoyed delicious Okinawan bentos.

On Feb. 23 we celebrated February birthdays. Among our eight celebrants were special honorees Mary Jones (97) and Betty Chinen (90). God bless you all with many more healthy years. A Variety Show by our talented members provided the entertainment. A big Mahalo to singers Frank Toma, Harry Nakasone, Richard Tada and Roy Nagamine for their solos and to dancers Takako Goya, Diana Kawaguchi, Yaeko Miyahira, Yoshiko Kumura and Diane Kawakami. Also, to Sharon Kobashigawa who sang “Hanagasa”, accompanying herself on the sanshin and to Henry Isara for his special rendition of Frank Sinatra’s “I’ve Got the World on a String” with Gene Kelly’s dance moves. Good job, everyone!

3/2 KIYOKO SANO
3/9 PEARL CITY COMMUNITY CHURCH
3/16 BIRTHDAY/NALEO NAHENAHE
3/23 NUUANU “Y” TAICHI
3/31 HPD

Okinawan Proverb: “Kutuba noo ushikumaran” (A word can’t be recalled once spoken.)
Hina Matsuri—Girls’ Day Celebration

On the 3rd day of March, families celebrate Hina Matsuri (doll festival) to wish good health and future happiness for girls. Each family sets up a display of hina dolls clothed in colorful kimonos. These dolls or hina-ningyo are not played with and are usually gifts from grandparents or inherited from the girl’s mother. Other traditions observed on this occasion are special foods such as chirashi sushi served with ushio-jiru (clear clam soup) and sweets such as sakura mochi and strawberry daifuku. Have a wonderful Hina Matsuri.

On February 6, we listened to Galen Teruya from Clear Hearing Center explain the importance of being able to hear and solutions to hearing impairment. So if you experience problems hearing, call Galen at 545-4888. On February 13, we enjoyed our New Year's luncheon with entertainment from Jean Sugihara with her taiko drumming and Judi Yogi who danced to Tinsagu nu hana, an Okinawan folk song. We were also entertained by Sensei Madge Sodetani and Meiwa Kai dancers performing traditional Japanese dances and wearing gorgeous kimonos. Thank you all who put this enjoyable program together.

Special thank you to Susan Gail Takamoto for donating bentos from Natsunoya and beautifully wrapped cookies from the Honolulu Cookie Co. This was in memory of her mother Gladys Takamoto, a long time member of JCC. Mahalo Susan Gail.

Much appreciation to Jane Tada and Sharon Nakai for representing JCC at the annual Valentines Day Dance for Seniors on Tuesday, Feb. 7 at NBC. Everyone had a great time dancing.

Celebrating 90+ birthdays for March are Jerry Ojiri and Esther Ramones. Have a great birthday celebration on your special day!

3/6 GIRLS’ DAY - MAGICIAN
3/13 HONOLULU FESTIVAL PRESENTATION
3/20 MELLOW FRIENDS KARAOKE
3/27 HOLIDAY
Bom dia...hope your Valentine’s day was delightful as ours spent at the Senior Citizen Valentine’s Day Dance at Neil Blaisdell Center. Students from 3 different middle schools help “pep-up” the dance floor, but we seniors still hold our ground. Lunch was pretty good at Pagodas. We had 4 servings of crab legs on our tables! Mahalo Riva for chaperoning us.

Birthdays were celebrated at Crab House Makino, the old location of Todai Waikiki. No crab unfortunately, but it was a shrimp galore! We “rolled” out of the restaurant. Happy birthday to Gregory J. and Mary J. who are now a year older!

Our dear member Elizabeth “Betty” Parker passed away recently. Our sympathy to her family and friends.

Stay well- drink lots of water & check out any weakening health symptoms. Until then...ate ja!

3/1 MEETING

PORTUGUESE CULTURAL CLUB UPDATE
By Puna Frank

Additional Upcoming Club Meetings

Chinese Cultural Club
Meetings 3/3, 3/10, 3/17, 3/24, 3/31

Hawaiian Cultural Club
Meetings 3/7, 3/14, 3/21, 3/28

Filipino Cultural Club
Meetings 3/4 3/18

Korean Cultural Club
Meetings 3/2, 3/9, 3/16, 3/23, 3/30

HAPPY BIRTHDAY!
HAPPY BIRTHDAY!

Victoria Rosero
Celestina Ruiz
Misako Sharperson
Kiyoko Shimoyama
Aiko Sugai
Jean Sugiyama
Tsutayo Sumida
Ayao Suzuki
Jane Tada
In Sook Takara
Amy Takayama
Alice Tanaka
Charles Tanaka
Victor Tagonon
Rose Tanimoto
David Teruya
Yoshino Teruya
Yondu Teruyu
Yuuko Tiffany
Tomoki Tokuhiro
Carmen Tom
Maria Toraja
Tan Kim Tran
Gertrude Uechi
Taka Uehara
Robert Umeno
Bernard Ustaris
Lilly Uyehara
Yu Huan Wang
Betty Wasa
Bessie Watson
Jung Ok Woi
Thelma Wong
Grace Yamane
Winifred Yamashiro
Feng Shen Yang
Kate Yashima
Teruko Yasuda
Wayne Yasuda
Alan Yee
Ellen Yi
Yoshiko Yomogida
Harriet Yoshida
Harriet Young

Mahalo
Thank you so much for your generosity!

PIKAKE ($1000+)
Okinawan Nenchosha Club

KAHILI GINGER ($250+)
Kitashiro, John & Alice
Vance, Virginia

HIBISCUS ($100+)
Kawano, Ralph
Nakata, Sakae
PCC – IMO members & families
Sawai, Lorraine
Stevens, M/M Dale
Tateishi Family – “97”
Amy Tari
Yamashita, Irene

BIRD OF PARADISE ($50+)
Kagami, Nancy
Masuda, Marion
Nitta, Irene
Oka, Irene
Takaki, Alexander

ANTHURIUM ($49 & UNDER)
Akamine, Jeanette
Brown, Barbara
Fujimoto, Ronald
Kawaguchi, Diana
Kitabata, Dora
Kohler, Hiromi
Kotani, Nobuko
Lum, Elizabeth
Miyano-Young, Barbara
Nakasone, Yoneko
Newcomb, Charlotte
Oshiro, Seiji
Shimomura, Dorothy
Sodetani, Madge
Tanoue, Noboru
Tokuhiro, Jeanette
Tominaga, Sunny
Wasa, Betty
Wong, Joyce
Yamasaki, Glenn

IN-KIND GIFTS
Chong Lee, Ann
De Leon, Emma
Hawaii USA Federal Credit Union
Kaneshiro, Emiko
Miyano-Young, Babs
Nakamatsu, Dennis
Okuma, Stella
Palama, Helen
Segawa Family
Tcheou, Yuriko
Tsurumi, Alice
Yasuda, Emiko

Our members were treated to a Valentine’s Day performance by The Silver Foxes

Annual Membership Donation Drive
Starting in March, Lanakila Multi-Purpose Senior Center will be holding its annual Membership Donation Drive. Your donation will make it possible to continue serving our community- 100% of your donation stays with the Center. Please be on the look out for how you can help soon!
<table>
<thead>
<tr>
<th>TIME</th>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am</td>
<td>Walking Group</td>
<td>Group</td>
<td>Library</td>
</tr>
<tr>
<td>9:00am</td>
<td>Japanese Cultural Club</td>
<td>Sueda</td>
<td>Lanai/Activity Room</td>
</tr>
<tr>
<td>9:30am</td>
<td>Beg. Taisho Koto</td>
<td>Takeuchi/Sueda</td>
<td>Library</td>
</tr>
<tr>
<td>10:00am</td>
<td>Lei-Making Group</td>
<td>Tsutsumi</td>
<td>Craft Room</td>
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<tr>
<td></td>
<td>Harmony's Hula</td>
<td>Brighter</td>
<td>Dance Studio</td>
</tr>
<tr>
<td>10:30am</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>Activity Room</td>
</tr>
<tr>
<td>11:00am</td>
<td>Novice Ukulele</td>
<td>Ojiri</td>
<td>Sewing Room</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Intro to Yoga</td>
<td>Hasegawa</td>
<td>Lanai</td>
</tr>
<tr>
<td>7:30am</td>
<td>Mah Jong</td>
<td>Sugihara</td>
<td>Library</td>
</tr>
<tr>
<td>8:00am</td>
<td>Fan Tai Chi</td>
<td>Koike</td>
<td>Lanai</td>
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<tr>
<td>8:30am</td>
<td>Needle &amp; Thread Workshop</td>
<td>Sueda</td>
<td>Sewing Room</td>
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<tr>
<td></td>
<td>Hawaiian Quilt, Etc.</td>
<td>Hirashiki</td>
<td>Craft Room</td>
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<tr>
<td>9:00am</td>
<td>Tai Chi</td>
<td>Koike/Hee</td>
<td>Lanai</td>
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<tr>
<td>9:30am</td>
<td>Hawaiian Cultural Club</td>
<td>Dela Cruz</td>
<td>Activity Room</td>
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<tr>
<td>10:00am</td>
<td>Harmony’s Hula</td>
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<td>Dance Studio</td>
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<tr>
<td></td>
<td>Japanese Calligraphy</td>
<td>Usami</td>
<td>Sewing Room</td>
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<tr>
<td>10:15am</td>
<td>Sahm Bo Dahn</td>
<td>Katabahira/Higuchi</td>
<td>Lanai</td>
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<tr>
<td>12:00pm</td>
<td>Crafts by Florence</td>
<td>Tamura</td>
<td>Craft Room</td>
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<tr>
<td>8:00am</td>
<td>Walking Group</td>
<td>Group</td>
<td>Library</td>
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<tr>
<td>8:30am</td>
<td>Stretch &amp; Tone</td>
<td>Werle</td>
<td>Lanai</td>
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<tr>
<td>9:00am</td>
<td>Sewing by Nakasone</td>
<td>Nakasone/Ito</td>
<td>Craft Room/Sewing Room</td>
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<tr>
<td></td>
<td>Portuguese Cultural Club</td>
<td>Frank</td>
<td>Activity Room</td>
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<tr>
<td>9:30am</td>
<td>Intro to Yoga</td>
<td>Hasegawa</td>
<td>Dance Studio</td>
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<tr>
<td>10:00am</td>
<td>Line Dance</td>
<td>Chang</td>
<td>Lanai</td>
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<tr>
<td></td>
<td>Ellen’s Ukulele</td>
<td>Kong/Tangonan/Lindo</td>
<td>Library</td>
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<tr>
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<td>Happy Seniors Serenaders</td>
<td>Ojiri/Ko</td>
<td>Sewing Room</td>
</tr>
<tr>
<td>11:00am</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>Activity Room</td>
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<td></td>
<td>Exercise with Karate</td>
<td>Kellett</td>
<td>Dance Studio</td>
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<tr>
<td>8:30am</td>
<td>Arts &amp; Crafts</td>
<td>Perry</td>
<td>Sewing Room</td>
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<tr>
<td>9:00am</td>
<td>Okinawa Nenchosha Club</td>
<td>Higa</td>
<td>Lanai/Activity Room</td>
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<tr>
<td></td>
<td>Korean Dance/Club</td>
<td>Lee</td>
<td>Dance Studio/Craft</td>
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<tr>
<td></td>
<td>Enka Class</td>
<td>Arakaki/Kishimoto</td>
<td>Library Annex</td>
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<tr>
<td></td>
<td>Taisho Koto</td>
<td>Takeuchi/Sueda</td>
<td>Library</td>
</tr>
<tr>
<td>11:00am</td>
<td>Okinawan Dance</td>
<td>Nakasone/Kawaguchi</td>
<td>Lanai</td>
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<tr>
<td>9:00am</td>
<td>Folk Sing Along</td>
<td>Group</td>
<td>Library Annex</td>
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<td></td>
<td>Fusion Exercise</td>
<td>Gittelman</td>
<td>Lanai</td>
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<tr>
<td></td>
<td>Yui Buyo</td>
<td>Yagi</td>
<td>Dance Studio/Activity Room</td>
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<tr>
<td>9:30am</td>
<td>Chinese Cultural Club</td>
<td>Mau</td>
<td>Library</td>
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<tr>
<td>10:00am</td>
<td>Sahm Bo Dahn</td>
<td>Katabahira/Higuchi</td>
<td>Lanai</td>
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<tr>
<td>10:30am</td>
<td>Tap Dance</td>
<td>Koepke/Martin</td>
<td>Dance Studio</td>
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<tr>
<td>12:00pm</td>
<td>Crafts by Florence</td>
<td>Tamura</td>
<td>Craft Room</td>
</tr>
<tr>
<td>9:00am</td>
<td>Filipino Cultural Club</td>
<td>Asis</td>
<td>Lanai/Activity Room</td>
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### MARCH 2017

<table>
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<tr>
<th>SUN</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
<th>SAT</th>
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<tr>
<td></td>
<td></td>
<td></td>
<td>1 GLC to Bread &amp; Butter</td>
<td>2</td>
<td>3</td>
<td>4 FCC (8:30 am)</td>
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<td></td>
<td></td>
<td></td>
<td>Community Resources Mtg (12:00 pm)</td>
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<td>5</td>
<td>6</td>
<td>7</td>
<td>8 Prog. Comm. Mtg (8:30 am)</td>
<td>9</td>
<td>10 LMPSC Excursion to International Marketplace</td>
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<td></td>
<td></td>
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<td>Zumba Gold (11:00 am)</td>
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<tr>
<td>12</td>
<td>13</td>
<td>14 March for Meals at The State Capitol</td>
<td>15</td>
<td>16</td>
<td>17 CSS General Meeting (CENTER CLOSES at 2pm)</td>
<td>18 FCC &amp; NARFE (8:30 am)</td>
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<tr>
<td>19</td>
<td>20</td>
<td>21 New Member Orientation (9:00 am)</td>
<td>22</td>
<td>23</td>
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<tr>
<td>26</td>
<td>27 CENTER CLOSED: Prince Kuhio Day</td>
<td>28</td>
<td>29</td>
<td>30</td>
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</tbody>
</table>

**Walk-in Registration:**
3/13-3/17 | 8:00 am – 10:30 am

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### Let’s Keep in Touch

Let’s Keep in Touch
1640 Lanakila Avenue
Honolulu, HI 96817
(808) 847-1322
www.catholiccharitieshawaii.org

### Center Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Room</th>
<th>Extension</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suzanne Chun Oakland</td>
<td>Program Coordinator</td>
<td>Rm 7</td>
<td>Ext. 29</td>
</tr>
<tr>
<td>Riva Torno</td>
<td>Program Specialist</td>
<td>Rm 3</td>
<td>Ext. 22</td>
</tr>
<tr>
<td>Iris Hiramoto</td>
<td>Membership Specialist</td>
<td>Rm 4</td>
<td>Ext. 24</td>
</tr>
<tr>
<td>Cookie Irvine</td>
<td>Program Support Asst.</td>
<td>Rm 7</td>
<td>Ext. 28</td>
</tr>
<tr>
<td>Cyan Curtis, LSW &amp; Brandi Sanpei (BSW Student)</td>
<td>Case Management Staff</td>
<td>Rm 6</td>
<td>Ext. 26</td>
</tr>
</tbody>
</table>

### Center Hours

Monday-Friday 7:30am-3:00pm
Saturday (2x/month) 8:30am-11:30am

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Catholic Charities Hawaii