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The New Norm

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A program of Catholic Charities Hawai‘i funded in part by the State of Hawaii via contract with the State Executive Office on Aging (EOA) and the C&C of Honolulu, Elderly Affairs Division, and a Persons In Need grant from the May Templeton Hopper Fund and Minnie K. Fund via the Hawai‘i Community Foundation.
**A MESSAGE FROM SUSIE**

Aloha Lanakila Multi-Purpose Senior Center ohana, friends and family:

Happy Lei Day! May day is Lei Day in Hawaii. The City & County of Honolulu Dept. of Parks & Recreation invites all of us to drape a lei on our mailboxes on May 1st to show appreciation to first responders, essential workers, and everyone making sacrifices during this pandemic.

On March 17, 2020, our senior center was temporarily closed to the public in response to the COVID-19 pandemic and guidance issued by Federal, State and City government. It seems so long ago. We will still be closed until May 31, 2020 as the “Stay at Home” City Order and State Proclamation has been extended. Thank you for your diligence, patience and caring during this challenging time. We really miss you all.

As our LMPSC staff talk story with our senior center members over the phone or via email, text, Facebook Messenger, and other social media, to find out how they are doing, it has been a very cool experience to learn how people are occupying their time. A center member is virtually teaching her grandchildren (who live on the mainland and had to stay at home) reading and writing skills using Face Time. It was a new experience for her as a retired teacher. Another member was making ukuleles at a ukulele shop at a safe social distance from others, since the places that he could play were all closed. Several other members are making facemasks, as a community service project, to meet the shortage of this personal protective gear for seniors and workers on the front lines servicing the public each day. Other members are cleaning out their homes (some in preparation for the Center’s Show and Sell event and Savers Fun-Raiser; setting aside clothing and other items that people would enjoy buying). Planting fruit, vegetable, flower and other plants to share with others is another activity our seniors are engaged in doing. Still other seniors continue to follow their exercise regimen using their knowledge from the classes they participate in at the senior center or are making crafts, practicing their kanji, their musical instruments, line dancing, or doing the hula while at home. Some senior center members are enjoying being with their family, watching interesting television shows and YouTube videos, enjoying Korean soap operas, or just relaxing. One thing most of our members had in common. They missed the senior center and seeing all their friends.

We thank the class instructors, who made YouTube videos and Facebook exercise classes to help people continue exercising at home while the center is closed. We appreciate Catholic Charities Hawaii, who provided Zoom to our class instructors so that they could teach their classes to their students virtually as well as for making copies of exercise DVDs that members could use at home to do their exercises. Mahalo to other center members, community partners, and Catholic Charities staff for sending jokes and sharing other things that bring levity, fun, and inspiration to others during the COVID-19 Stay At Home statewide order.

Bhakti Penaroza provided massage to the members of the senior center in March and we wanted to thank her for providing such a wonderful service. The seniors loved it.

To date, over 500 yarn lei have been made by senior center members for the upcoming Memorial Day at the State Veteran’s Cemetery in Kaneohe. Mahalo to Brigid Nakamura, Madeline Kageno, Tomie Elsie Higa, Linda Yara, Violet Kagawa, Lovyna & Douglas Maynes, Punu Frank, Eileen Saito, Lenora Springer, and Judy Nakamura for making these special lei for our veterans. Mahalo to Jackie Boland, representing a Girl Scout troop and members of our center for donating the yarn. We appreciate all of you for your generosity.

A big mahalo to Wesley Fong and Naomi Masuno for their generous donation of face mask kits to make 300 material masks for senior center members and community workers who interact with the public on a daily basis. Mahalo to senior center members Jane Asato, Amy Bratt, Judy Greenwell, Amy Hagihara, Mae Hong, Janet Ito, Atsuko Sakamoto, Alice Tsutsumi, Mary Sueda, Stephanie Underwood, Rosie Ramiro, and Linda Yara as well as former Catholic Charities Hawaii employee Joyann Yoshikawa for agreeing to make face masks and donating their own materials and patterns to make other face masks. They have already made over 600 face masks for the senior center members, employees of Catholic Charities Hawaii, Kuakini Medical Center, Queen’s Medical Center, and seniors and people in the community working daily to serve the public. We appreciate our center volunteers’ expertise, time and kindness.

Me ke aloha pumehana (with warmest love),

Susie Chun Oakland, Program Coordinator
Iris Hiramoto, Membership Specialist
Riva Torno, Program Specialist
Elizabeth “Cookie” Irvine, Administrative Support Assistant
Lodi Tapawan, Custodian
Shared by Diana Kawaguchi, Okinawan Dance

A good laugh and a long sleep are the two best cures for anything.

Irish Proverb

worrying won't stop the bad stuff from happening it just stops you from enjoying the good.

When my arms can't reach people who are close to my heart... I always hug them with my prayers.

Shared by Pat Sasaki-Young, Health & Life Circle

- I need to practice social-distancing from the refrigerator.
- Still haven't decided where to go for Easter ----- The Living Room or The Bedroom
- I don't think anyone expected that when we changed the clocks we'd go from Standard Time to the Twilight Zone
- This morning I saw a neighbor talking to her cat. It was obvious she thought her cat understood her. I came into my house, told my dog..... we laughed a lot.
- Quarantine Day 5: Went to this restaurant called THE KITCHEN. You have to gather all the ingredients and make your own meal. I have no clue how this place is still in business.
- My body has absorbed so much soap and disinfectant lately that when I pee it cleans the toilet.
- I'm so excited --- it's time to take out the garbage. What should I wear?
- I hope the weather is good tomorrow for my trip to “Puerto Backyarda”. I'm getting tired of “Los Livingroom”.
- Classified Ad: Single man with toilet paper seeks woman with hand sanitizer for good clean fun.
- Day 6 of Homeschooling: My child just said "I hope I don't have the same teacher next year".... I'm offended.
- Better 6 feet apart than 6 feet under....

Shared by Randy Lau, Tai Chi for Health

Aloha Everyone!
I hope everyone is safe and has been able to find comfort during these trying times. I miss all of you and have decided to provide classes over the internet using a program called Webex. You can download and install it for free at this link. https://www.webex.com/downloads.html/
If you're interested in joining me, please contact me at rlau@aloha.net. You can also send me a text message at 808.927.1213. When I have classes, I'll send you an invitation via email. The larger the screen you have to watch, the better. I'll do my best to help with the setup but please try to find someone close to you to assist you as needed if possible.
Aloha,
Randy Lau
Messages

Shared by Diane Ako, Gentle Yoga

Diane Ako misses her yoga classes at the center, so she started teaching her neighbors (who are not all seniors) from the socially distant safety of their yards. Here is a little news story about it if you want to see: https://www.kitv.com/story/41997773/quarantine-exercise-windward-oahu-neighbors-join-for-yard-yoga. She is also trying to take care of seniors by posting any news that affects them to her KITV.com Aging Well page. She hopes you are all well and looks forward to starting class when this is all over!

Exercising The Body & Brain

Shared by Sharon Nakai, LMPSC member

How many different animals can you spot out?

Kumu Harmony Brighter continues to teach her students via Zoom every Mondays and Tuesdays at 10am.
Food Services Available for Kupuna

CHARITABLE AND NON-PROFIT GROUPS
Hawaii Meals on Wheels (Non-Profit)
https://hmow.org/
Contact: 808.988.6747
Description: Delivering to most vulnerable.
Share Aloha Challenge (Non-Profit from 3/30-5/17/20)
https://www.stfrancishawaii.org/event-calendar/show-aloha-challenge
808.547.6501
Description: Deliveries to those 60+, those with underlying health condition, those having limited family support to prepare meals or no reliable transportation
Must not be receiving services from other government-subsidized meal programs, including home delivered meals
Malama Meals (Non-Profit)
https://malamameals.org/
808.943.6325
Description: Delivery of meals and prepared meal kits to groups of 10+ disabled, at risk kupuna, and public and medical service providers
Provides Food truck service to public housing and homeless/houseless communities and self-service catering to care facilities, assisted living centers, homeless shelters.
Curbside pickup is available for non-profit service organizations providing relief to at risk communities
Salvation Army Kroc Center (Non-Profit)
https://www.salvationarmyusa.org/usn/covid19/
(808) 682-5505
Description: Distributing 2437 meals per week and 350 Kroc Cares Kits (food bags) per week - serving kupuna, keiki and families in need from Kapolei, Makakilo, Nanakuli out to the Waianae Coast

FOOD DELIVERY SERVICES
Amazon ($)  
https://www.amazon.com/
FoodLand ($)  
https://shop.foodland.com/
$12.99 per delivery orders must be $50 or more.
Delivers to 96782, 96701, 96797 with restrictions to Waikele and Waipahu Triangle. If you live outside of these zip codes, you can still use our Foodland To You online ordering service but will need to pick up your groceries at curbside at Foodland Farms Pearl City.
Our default selection at checkout is curbside pickup, so be sure to choose the “Switch to Delivery” button at checkout if this is your preference.
Grubhub ($)  
https://www.grubhub.com/
Postmates ($)  
https://postmates.com/
UberEats ($)  
https://www.ubereats.com/
Door Dash ($)  
https://www.doordash.com/
Bite Squad ($)  
https://www.bitesquad.com/
Kupuna Kokua ($)  
https://www.kupunakokua.org/our-partners/
Pick up and deliver items such as groceries, medications, or meals.
You must pay for your purchase ahead of time:
Submit the Request a Delivery form at least two hours prior to the desired pick up time for your items. We will contact you to confirm that we can fill your request. Place your order and pay for your purchases either online.
You must have paid for your items in full

List courtesy of the Kupuna Caucus
Economic Impact Payments for Social Security and VA Recipients

According to the U.S. Department of the Treasury, Social Security beneficiaries who are not typically required to receive an Economic Impact Payment. Payments, also known as the stimulus check, will be automatically deposited into their bank accounts or by check (however they would normally receive their benefits). The Internal Revenue Service, working in partnership with the Treasury Department and the Department of Veterans Affairs, announced that recipients of VA benefits will automatically receive automatic Economic Impact Payments. No further action is needed. For more information, visit: IRS/gov/coronavirus

Your Vote Counts

As registered votes start to automatically receive a ballot in their mailboxes, there may be some arising questions. The Office of Elections resources page has been updated launching their new explainer video. Learn more at elections.Hawaii.gov.

Scams Continue

Many scammers are targeting through e-mail and texts trying to retrieve your personal information by using topics related to stimulus checks, tax filings, or claiming to even know someone close to you who has tested positive for COVID-19. Please be vigilant and careful during this time.

Cecilia Fong from American Savings Bank recommends that for any of these types of scams, you are encouraged to file a complaint with the FTC at https://www.consumer.ftc.gov/.

Funds That Can Help

Self-sufficiency grants from Modest Needs can assist individuals and families that are ineligible for most types of conventional social assistance, but are living one or two lost paychecks that could lead to homelessness. Consideration is given to persons living alone, public school teachers, and first responders. Please visit https://www.modestneeds.org/ for more information, and how you can apply.

Aloha United Way created the COVID-19 Rent & Utilities Assistance Program to provide quick relief to those who cannot pay for rental or utility services due to the loss of income form COVID-19. For anyone needing assistance and to see if they qualify, please have them call 2-1-1 (7 a.m.-10 p.m., 7 days a week) or visit auw211.org.

AARP Driver Safety Course Online

For any Smart Driver course participants who may not be able to renew their car insurance discount due to course cancellations, please visit the AARP Smart Driver online course. AARP is offering a special 25% off discount for those who may have to take it online now. This offer is to keep the price close to the classroom course price.

Website: www.aarpdriversafety.org
Promo code for 25% discount: DRIVINGSKILLS
Good through: July 31, 2020

Arthritis and COVID-19

The Arthritis Foundation offers a variety of resources to help you navigate through the COVID-19 outbreak. From podcasts to social media. For additional information, call 762-6125.

Free Dental Emergencies

The Aloha Medical Mission provides no-cost walk-in dental emergencies during this time. Limited hours, call 847-3400 or visit alohamedicalmission.org.
CCH staff and LMPSC members show off their face masks in the community. Many of these masks were lovingly made by our center members. Mahalo!

If you’re looking into making your own face masks, the CDC recommends the following:
- Fit snugly against the side of face
- Be secured with ties or ear loops
- Include multiple layers
- Allow for breathing
- Be able to be laundered without damage or change to shape

Please visit www.cdc.gov for tutorials.

Mahalo for the 300 face mask kits that were donated by past West Honolulu Rotary Club President and former Catholic Charities Hawaii Board Member Wesley Fong and District Governor Elect Naomi Masuno of State Rotary. The face masks were sewn by our volunteer senior center members and given to elders; Catholic Charities Hawaii staff: van drivers, case managers, homeless shelter workers); various hospitals, first responders and other essential workers.
OKINAWA NENCHOSHA CLUB UPDATE  
By Jane Higa

Tips & Tricks

What can you do since we are confined at home and self quarantine:
1. Meditate
2. Exercise with home videos
3. Complete a puzzle
4. Look at old photos
5. Watch TV “Star Wars”
6. Crochet or Knit
7. Organize all your Tupperware and match the lids
8. Try on all your “clothes” and determine whether you like it or not (do not throw it, donate it to Lanakila Center so they can take it to Savers and get some funds)
9. Look yourself in the mirror
10. Throw out your old makeup
11. Take a bubble bath
12. Dye your hair a new color
13. Have a glass of wine
14. Take a deep breath
15. Sleep

And finally the Governor said, “Take care of yourself, Take care of others, and most importantly, Take care of the community”

JAPANESE CULTURAL CLUB UPDATE  
By Clarice Kumura

Children’s Day in Japan

Kodomo No Hi, or Children’s Day, is a holiday dedicated to the health and happiness of children in Japan. It takes place annually on May 5 and is the final celebration of Golden Week. The day was formerly called Tango no Sekku, or Boy’s Day. Some families still use the old name. The symbols and traditions of Children’s Day stem from samurai culture and date back to the 1200’s. The samurai clans prepared boys from an early age for their role as Samurai with rituals, celebrations and symbol. One such symbol, Koinobori are carp shaped windsocks that have become a Children’s day decoration. They are put up in great numbers all over Japan in the days leading up to Golden Week. Families with children put up at least one Koinobori per child. The meaning of Koinobori stem from an old Chinese legend about carps who swims upstream against a strong current to become a dragon. The vigorous movement of Koinobori in the wind is thought to represent a healthy child. Boys throughout Japan display a set of Samurai armor in their home in the weeks leading to Children’s Day. These sets have a samurai helmet known as Kabuto. Some also include armor, a bow and arrow and a miniature sword. These can be expensive and are often the most valuable possession that a young child owns. Families enjoy special mochi desserts for Children’s Day. Here is an easy Azuki Mochi recipe.

Easy Azuki Mochi

1 cup mochiko
½ cup sugar
1 cup water
3 T an (azuki beans canned, prepared and sweetened)
Kinako (ground roasted soy bean) or potato starch (Optional)

Mix the mochiko, sugar, water and azuki beans together. Pour into a greased, microwave-proof bundt pan. Cover loosely with plastic wrap. Cook in microwave oven for 5 minutes on high. Let mochi stand for 15 minutes. Remove from pan and slice with plastic knife. If desired, coat with kinako or potato starch.

Enjoy! Happy Kodomo No Hi.
CHINESE CULTURAL CLUB UPDATE
By Dorothy Mau

Stop & Smell the Roses

April showers bring May Flowers 🌸; and it’s so wonderful to walk around your garden to see and smell the puakenikeni, roses, agapanthus, Kwai fa, gingers, daisies, hibiscus 🌺. However April also brought us orders to Stay Home and Save Lives due to this tragic global corona virus pandemic affecting all of us! It’s not over yet and to curb the many fears and anxiety, we at home are filled with prayers and coping skills. We are also filled with gratitude to our heroes, doctors, nurses, first responders, all other essential workers, and closest to me now the Lanakila staff! Mahalo Susi, Riva, Iris and Cookie for your informative emails!

Staying home, I’m reading Today’s Thoughts by Rev. Paul Osumi 1966 edition. “In our divided world. we desperately need Aloha a small sense of kinship. coming from the belief that we all belong to only one race: the human race.” If you want to live with joy and happiness live one day at a time. Drop yesterday’s mistakes and failures. Each day is a little life. Be grateful for its wonders.” Together as one we can flatten the curve for COVID 19 virus!

Here’s a few of my 😃Happy Thoughts and jokes I like:
I used to turn toilet paper like a wheel of fortune, now I turn it like I’m cracking a safe. I need to practice social distancing from the refrigerator, so I can flatten the curve. My body has absorbed so much soap and disinfectant that when I pee it cleans the toilet. Single man with toilet paper looks for woman with hand sanitizer for good clean fun. Better 6 feet apart than 6 feet under.

I’m grateful to be a long time member of Lanakila Multi Purpose Senior Center. God I can never thank you enough!

FILIPINO CULTURAL CLUB UPDATE
By Wilma Ibay

Keep Busy

Corona Virus Pandemic what have you done? The world suddenly stopped moving. People got confused and did not know what to do. The spread of this ”unseen Enemy” keep on multiplying by the thousands. The most genius scientists couldn’t find the vaccine for this deadly Virus. What is next? Really is this the end of the world?

While we don’t know what is next for us let us just stay home and keep ourselves busy like cooking, connecting to relatives and friends, gardening and household chores. My Message is: Stay home be healthy and see you soon. God bless us All.

HAPPY BIRTHDAY
(continued)

May Yamachika
Takeshi Yamane
Doris Yamashiro
Frances Yamauchi
Xiao Ping Yang
Janet Yasumatsu
Nancy Yeda
Wilma Yee
Choon Mae Yoon
Audrey Young
Motoko Young

(Myrna) May Leigh
Joo Ryoung “Maria” Lim
Wan Ping Lin
Rita Lo
Sook Ng Lui
Sau Yue Lum
Wing Yee Lau “Carolyn” Lum
Amy Malek
Mae Matsumoto
Oliver Mattoon
Dorothy “Dottie” Mau
Dexter Maunakea
Ellen Shizue Miyahira
Giselle Miyashiro
Herbert Miyata
Yoko Mizuno
Felicita “Fely” Mohika
Kiyomi Morisato
Paul Morisato
Sharon Nakai
Doris Nakamura
Sally “Sal” Nakata
Virginia Narito
Katman Nawaia
Hiroko Nishihara
Walter Obata
Karen Oda
Donald Ojiri
Grace Okuma
Ruth Onaga
Choyoko Oshiro
Norma Oshiro
Seiji Oshiro
Grace Paik
Carol Pang
Gwen Perry
Noemi “Emi” Rameros
Mae Rosen
Michiko Runyon
Barbara Sasahara
Mary Jo Segawa
Benjamin “Ben” Sercena
Joyce Shimabukuro
Sally Shimabukuro
Alice Shiroma
Dixie Sinkovits
Edna Mae Smith
Etsuko Smith
Marie Sokol
Karen Suehiro
Alice Takata
Karen Takemoto
Lucille “Lucy” Taketa
Taye Tashiro
Jane Tatsuta
Mae Tsukamoto
Julie Umemoto
Dionie Villanueva
May Watanabe

HAPPY BIRTHDAY!

9
Where the Grass is Greener

Our Center grounds are thriving with green onion, lettuce, papayas, chives, and more!

Mahalo
Thank you so much for your generosity!

PIKAKE ($1000+)

OHI‘A A LEHUA ($500)

KAHILI GINGER ($250+)

HIBISCUS ($100+)
Stevens, Daly M/M
UH Center on the Fmainly

BIRD OF PARADISE ($50+)

ANTHURIUM ($49 & UNDER)
Dano, Glennell
Eastlack, Sandra Joy

IN-KIND GIFTS
Wesley Fong
Masuno, Naomi

This is Timeless....
And people stayed at home
And read books
And listened
And they rested
And did exercises
And made art and played
And learned new ways of being
And stopped and listened
More deeply
Someone meditated, someone prayed
Someone met their shadow
And people began to think differently
And people healed.
And in the absence of people who
Lived in ignorant ways
Dangerous, meaningless and heartless,
The earth also began to heal
And when the danger ended and
People found themselves
They grieved for the dead
And made new choices
And dreamed of new visions
And created new ways of living
And completely healed the earth
Just as they were healed.

Written in 1869, author unknown
<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Facilitator</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am</td>
<td>Special Events Group</td>
<td>Group</td>
<td>Library</td>
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<tr>
<td>8:30am</td>
<td>Ukulele Picking</td>
<td>Nishiyama</td>
<td>Sewing Room</td>
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<tr>
<td>9:00am</td>
<td>Japanese Cultural Club Beg. Taisho Koto</td>
<td>Takeuchi/Sueda</td>
<td>Library/Activity Room</td>
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<td>9:30am</td>
<td>Basic Ukulele</td>
<td>Nishiyama</td>
<td>Go Room</td>
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<td>Harmony's Hula</td>
<td>Brighter</td>
<td>Dance Studio</td>
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<td>10:30am</td>
<td>Body &amp; Brain Beg. Tai Chi &amp; Yoga</td>
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<td>Intro to Yoga</td>
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<td>12:00pm</td>
<td>Basic Japanese Language</td>
<td>Tcheou/Sasahara</td>
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<td>Ping Pong</td>
<td>Ream</td>
<td>Dance Studio</td>
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<td>7:30am</td>
<td>Mah Jong</td>
<td>Sugihara</td>
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<tr>
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<td>Sword &amp; Fan Tai Chi</td>
<td>Koike/Hee</td>
<td>Lanai</td>
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<tr>
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<td>Needle &amp; Thread</td>
<td>Sueda</td>
<td>Sewing Room</td>
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<td>9:00am</td>
<td>Basic Ukulele</td>
<td>Nishiyama</td>
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<td>10:00am</td>
<td>Harmony's Hula</td>
<td>Brighter</td>
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<td>Sahm Bo Dahn</td>
<td>Katahira/Higuchi</td>
<td>Lanai</td>
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<td>11:00am</td>
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<td>Olayan</td>
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<td>11:30am</td>
<td>Gentle Yoga</td>
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<td>Ping Pong</td>
<td>Ream</td>
<td>Dance Studio</td>
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<td>8:00am</td>
<td>Special Events Group</td>
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<td>8:30am</td>
<td>Adv Beginner Ukulele</td>
<td>Olayan</td>
<td>Library Annex</td>
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<td>Stretch &amp; Tone</td>
<td>Werle</td>
<td>Lanai</td>
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<td>9:30am</td>
<td>Portuguese Cultural Club</td>
<td>Frank</td>
<td>Activity Room</td>
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<tr>
<td>10:00am</td>
<td>Sewing by Nakasone</td>
<td>Nakasone/Ito</td>
<td>Craft Rm/Sewing Rm</td>
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<td>Line Dance **exp. required</td>
<td>Chang</td>
<td>Lanai</td>
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<tr>
<td>12:30pm</td>
<td>Men &amp; Women's Shed</td>
<td>Maynes</td>
<td>Activity Room</td>
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<td>9:00am</td>
<td>Enka</td>
<td>Arakaki</td>
<td>Library Annex</td>
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<tr>
<td>9:30am</td>
<td>Korean Dance/Club</td>
<td>Lee</td>
<td>Dance Studio/Craft Rm</td>
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<td>Hanafuda</td>
<td>Hagihara/Kimura</td>
<td>Sewing Room</td>
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<td>Okinawan Dance</td>
<td>T. Nakasone/Kawaguchi</td>
<td>Lanai</td>
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<td>Health &amp; Life Circle</td>
<td>Young-Sasaki</td>
<td>Sewing Room</td>
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<td>Ping Pong</td>
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<td>Folk Sing Along</td>
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<td>Chinese Cultural Club</td>
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<td>Sahm Bo Dahn</td>
<td>Katahira/Higuchi</td>
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<td>11:00am</td>
<td>Sing For Your Life</td>
<td>Richmond</td>
<td>Library Annex</td>
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<td>11:15am</td>
<td>American Sign Language</td>
<td>Mizusawa/Inatsuka</td>
<td>Library</td>
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<td>11:30am</td>
<td>Tap Dance</td>
<td>Koepke/Martin</td>
<td>Dance Studio</td>
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<td>8:00am</td>
<td>Tai Chi Chuan</td>
<td>Amina</td>
<td>Lanai</td>
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<tr>
<td>12:00pm</td>
<td>Filipino Cultural Club</td>
<td>Ibay</td>
<td>Lanai/Activity Room</td>
</tr>
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May 2020

Events Cancelled or Postponed in May:
Show & Sell
Memorial Day Program

Center Hours
Monday-Friday 7:30am-3:00pm
Saturday (2x/month) 8:30am-3:00pm

Let’s Keep in Touch
1640 Lanakila Avenue
Honolulu, HI 96817
(808) 847-1322
www.catholiccharitieshawaii.org
Email:
suzanne.oakland@catholiccharitieshawaii.org

Center Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Susie Chun Oakland</td>
<td>Program Coordinator</td>
<td>Rm 7</td>
</tr>
<tr>
<td>Riva Torno</td>
<td>Program Specialist</td>
<td>Rm 3</td>
</tr>
<tr>
<td>Iris Hiramoto</td>
<td>Membership Specialist</td>
<td>Rm 4</td>
</tr>
<tr>
<td>Cookie Irvine</td>
<td>Program Support Asst.</td>
<td>Rm 7</td>
</tr>
<tr>
<td>Cyan Curtis, LSW</td>
<td>Case Management</td>
<td>Rm 6</td>
</tr>
<tr>
<td>Corinne Gyotoku, MSW</td>
<td>Case Management</td>
<td>Rm 6</td>
</tr>
<tr>
<td>Lodi Tapawan</td>
<td>Custodian</td>
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News Release

405 North Kuakini Street, #707  * Honolulu, Hawaii 96817  *  808-228-4924

For Immediate Release
April 24, 2020

Contact: Tama Fukuyama
808-228-4924

Drive-through PPE Donation Drive and Free Face Masks Distribution

500 free reusable cloth face masks will be distributed to community residents by “Maskout” on Saturday, May 2, 2020 at 1703 Liliha Street, next to L& L Drive Inn. Donations of medical-grade personal protective equipment (PPEs) are highly encouraged and will be accepted during that time.

Between 9 a.m. and 12 p.m., cars may drive up to the donation/distribution site to donate PPEs and/or pick up a cloth face mask. Face masks are first-come-first-serve. There is a limit of one free face mask per person.

Maskout is a Universal Mask Campaign and PPE drive organized by the pre-med staff of Jinichi Tokeshi M.D. Inc., a Family Medicine Clinic associated with the Kuakini Medical Center. Their goals are to collect donations of medical-grade PPEs for frontline personnel of the COVID-19 pandemic and to encourage community residents to wear reusable mask alternatives such as cloth face masks. The PPEs that are donated will be given to various health care facilities in Hawaii. Examples of PPEs that will be accepted include N95 respirators, surgical masks, face shields, protective goggles, disposable gloves and isolation gowns.

“We want to reinforce the importance of widespread community masking to help Hawaii ‘flatten the curve’ during this COVID-19 pandemic. We also want to support our frontline by providing them with PPEs during the nationwide shortage,” said Tama Fukuyama, Maskout coordinator.

For more information, contact Maskout at 808-228-4924 or visit https://www.maskout.org/

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