

ANNOUNCING A FREE ZOOM SERIES FOR PROVIDERS AND CAREGIVERS: *Aging and Cognitive Decline for Persons with Intellectual & Developmental Disabilities*

Two leading national experts from the *National Task Group on Intellectual Disabilities and Dementia Practices (NTG)* <https://www.the-ntg.org> will share the most current knowledge on Aging, Disabilities and Cognitive Decline. NTG is collaborating with *Catholic Charities Hawaii* to provide targeted workshops for Hawaii in the coming year. Due to COVID-19, this series is being offered virtually via Zoom so providers and caregivers can attend from all Hawaii counties. We hope you can join us to kick off this important conversation and networking opportunity - where we can learn, share stories and local concerns.

PART 1: Friday, October 30, 10-11:30am

AGING, DEMENTIA AND IDD:

What does it mean for you as the caregiver?

- **Understanding Aging, IDD, and Dementia** (*Kathleen Bishop, PhD*)
(Aging does not equal disease; health advocacy and aging; risk factors and aging)
- **Dementia and IDD** (*Kathryn Pears, MMPM*)
(Overview of dementia types, irreversible forms vs. potentially treatable; diagnostic process, signs/symptoms to rule out)

PART 2: Friday, December 4, 10-11:30am

ALL BEHAVIOR HAS MEANING:

Supporting your loved ones through Alzheimer's disease & related dementias

- **Understanding Behavior as a Form of Communication** (*Kathryn Pears, MMPM*)
(All behavior has meaning; caregiver interaction, triggers for behaviors)
- **Environment and Sensory: You Can't Change the Person but You Can Change the Physical Environment** (*Kathleen Bishop, PhD*)
(Setting up the environment to reduce confusion; cost-effective modifications; goals of safety and comfort)

Please register for one or both sessions by contacting

Jody Mishan, (808) 295-2624 or at jmishan@hawaii.rr.com

The Zoom link, more details and handouts will be sent to registrants prior to each session



This series is made possible by a grant to Catholic Charities Hawaii'i from the Administration on Community Living/Administration on Aging for the *Alzheimer's Disease Program Initiative*

EXPERT NATIONAL TRAINERS
Aging and Cognitive Decline for Persons with IDD
October 30 and December 4, 2020



Kathleen M. Bishop, PhD has over 40 years of experience in the developmental disabilities field and over 20 as a Gerontologist with a specialty in aging with developmental disabilities. She has a Bachelors and Master's Degree in Special Education and a PhD from Syracuse University in Aging with Disabilities. Dr. Bishop is retired from the CNY DSO as Assistant Director of Staff Development and Training and from the University of Rochester School of Medicine and Dentistry. She continues to consultant nationally and internationally and is an adjunct faculty member of the Utica College Institute of Gerontology. Dr. Bishop is a member of the National Task Group on ID and Dementia Practices (NTG) serving as co-chair of the Education and Training Committee to lead the NTG in the development of a national curriculum on dementia care for caregivers and those who provide supports for adults with ID diagnosed with dementia.



Kathryn Pears, MPPM is a dementia expert with over 30 years personal and professional experience. Following a 15-year career with the Alzheimer's Association, Maine Chapter she started her own company, Dementia Care Strategies. Dementia Care Strategies trains and consults with families, health and long-term care professionals and facilities, state and national organizations, and aging and disability community agencies on non-pharmacologic management of the challenging behaviors that occur with dementia. She is a member of the National Task Group on Intellectual Disabilities and Dementia's (NTG's) Steering Committee and co-chairs their working group that has developed a national model curriculum on dementia-capable care for adults with intellectual/developmental disabilities who are at risk for or have been diagnosed with dementia. A Lead Trainer for the model curriculum, she travels the country conducting workshops on behalf of the NTG.