

SPECIAL HOLIDAY SESSION

Learn how to make this holiday season more joyful and less stressful for someone who is living with dementia and everyone around them.



Dorothy Colby is a Certified Positive Approach to Care™ Trainer and National Support Mentor, with more than 20 years of professional and personal experience caring for people living with dementia. She is Director of Community Engagement for Hale Ku'ike Memory Care Home at Nu'uuanu, Bayside & Pali locations, homes devoted to excellence and current international best practices in dementia care and environment. Her Positive Approach to Care™ workshops provide essential information for families and professional care partners on how to have a positive and meaningful relationship with loved ones with Alzheimer's disease and other forms of dementia throughout their journey. Her trainings focus on understanding what is happening to the brain, so that we can empathize, adjust our approach and expectations, and be able to connect and support those who are living with dementia.

Holiday Workshop for Dementia Caregivers

Wednesday, November 3, 2021, 10-11:30am

Advance Registration is required at this link:

<https://www.eventbrite.com/e/holiday-workshop-for-dementia-caregivers-tickets-196827043987>

Please join us for this FREE workshop! Thanksgiving, Christmas and New Year's can be a stressful time for anyone, but especially for those we love who are living with dementia. This session can help you navigate the holidays with your loved one who is living with dementia.

You will learn: Holiday caregiving tips and techniques for more joy and less stress; celebrating during Covid-19; making connections even when apart; holiday gift ideas; PEACE for the holidays, finding new ways to celebrate; and Taking Care of YOU during the holidays!

The webinar will be recorded and available for viewing after event.

The Zoom link & handouts will be sent to registrants before the session

For questions about the workshops please contact:
Jody Mishan, (808) 295-2624 or jmishan@hawaii.rr.com



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