

ANNOUNCING ZOOM DEMENTIA SERIES WORKSHOP: FOR PROVIDERS, CAREGIVERS, FRIENDS, AND ADVOCATES OF PERSONS WITH MEMORY LOSS



Valisa Saunders, MN, APRN, GNP-BC has been involved in care of the elderly for over 35 years in Hawaii. She is a graduate of the UCLA School of Nursing Geriatric Nurse Practitioner Program, and is adjunct faculty for the UH Schools of Nursing and Medicine. She has worked with the Rehab Hospital of the Pacific, Kaiser Permanente, Leahi & Maluhia Hospitals, the UHM Nurse Practitioner program, and The Queen's Medical Center. She worked as a manager and nurse practitioner in acute care, outpatient clinical settings, home visits, post-acute and long-term care. She built the first nurse practitioner/physician team program for long-term care at Kaiser Permanente in 1991 and replicated this thriving program for Queen's over the past 4 years. She has been a clinical preceptor for most of the geriatric APRN students throughout her career in Hawaii. She has also been involved in nursing practice legislation since 1985 and served on the Hawaii State Board of nursing, 1995-2001. She remains involved in policy and legislation related to nursing, aging and end of life care, and is on the APRN committee for the Hawaii State Center for Nursing. Recently retired, Valisa is spending more time on her passion for open ocean swimming and is the Ambassador for such at the Waikiki Swim Club.

Important Issues Related to Medications and Memory Loss in Older Adults

Friday, April 16, 2021, 10-11:30am

Ms. Saunders will cover:

- Normal changes in aging related to cognition
- How dementia as a diagnosis is distinguished from normal aging
- Risk factors for dementia
- How medications can interfere with memory function
- What strategies can be used to reduce adverse drug reactions
- How can caregivers help

Advance Registration is required at this link:

<https://www.eventbrite.com/e/important-issues-related-to-medications-and-memory-loss-in-older-adults-tickets-149974637177>

The Zoom link & handouts will be sent to registrants before the session.
Sorry, no CEs or certificates are available for this session.

For questions about the workshops please contact:
Jody Mishan, (808) 295-2624 or jmishan@hawaii.rr.com



This workshop series is made possible by a grant to Catholic Charities Hawai'i from the Administration for Community Living/Administration on Aging for the *Alzheimer's Disease Programs Initiative*