

August 2022 Schedule

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama	Sewing Room; ONLINE
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	9:30 AM	Tai Chi for Health	Lau	Library Room; ONLINE
	10:00 AM	Harmony's Hula	Brighter	Dance Room; ONLINE
	10:30 AM	Qi Gong	Lau	Library Room; ONLINE
	10:45 AM	Yoga	Hasegawa	Lanai
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM	Samulnori: Korean Percussion	Lee	Lib Annex, Go Room
Tuesday	8:00 AM	Online iPhone Class*	Rasmussen	ONLINE
	8:00 AM – 11:00 AM	Needle and Thread	Sueda	Sewing Room
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Strumming For Fun	Hirai	Lib Annex, Go Room
	9:00 AM	Beginner Macintosh (Apple) Class*	Rasmussen	ONLINE
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues of the month)	Manuel	Activity Room
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	10:00 AM	Harmony's Hula	Brighter	Sewing Room; ONLINE
	10:00 AM	Beginner's iPhone Class*	Kawasaki	Library Room
	10:15 AM	Sahm Bo Dahn	Higuchi	Lanai
	10:30 AM	Intermediate Ukulele	Olayan	
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Sonson	Lanai
Wednesday	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (1 st & 3 rd Wed. of the month)	Frank	Activity Room
	9:45 AM	Sewing by Nakasone	Nakasone	Craft Room

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	10:00 AM – 12:00 PM	Korean Cultural Club	Hasegawa	Dance Room
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro, Young	Lib Anx, Go Rm; ONLINE
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	1:00 PM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	2:15 PM	Sahm Bo Dahn	Group	ONLINE
Thursday	9:00 AM – 1:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 11:00 AM	Hanafuda	Nakamura	Dance Room
	9:00 AM – 11:00 AM	Taisho Koto	Takeuchi, Sueda	Library Room
	10:00 AM	Beginner Ukulele Strumming	Maynes	Go Room
	10:30 AM – 12:00 PM	Okinawan Dance	Kawaguchi	Lanai
	12:30 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex; Go Room
	1:00 PM	Zumba Gold	Hokama	Lanai
Friday	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Martin, Feagins, Koepke	Dance Room
	11:15 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
Saturday	9:00 AM – 12:00 PM	Filipino Cultural Club	Ibay	Activity Room
	9:00 AM	Zumba Gold	Hokama	ONLINE
Sunday	9:30 AM	Tai Chi for Health	Lau	ONLINE
	10:30 AM	Qi Gong	Lau	ONLINE

*Special registration- see staff for more info.

7/28/22

August 2022

SUN	MON	TUES	WED	THUR	FRI	SAT
	1 What You Should Know About Social Security (1:00 pm)	2 Pickleball Practice (9:30 am)	3 Magic Island Walk (4:00 pm)	4 Ask Jim (8:00 am) Android Class (11:00 am)	5 Brain Health (1:00 pm) Real Property Tax Relief (2:00 pm) Milestones Book Wrkshp (3:00 pm) Dinner Together (p/u 3:30 pm, Zoom 4:00 pm)	6 Eyeglass/Hearing Aid Drive Through Collection (8:30 am)
7	8 1:1 Apple Tech Mentoring 10:00 am Wahiawa Botanical Gardens (1:00 pm)	9 BINGO (9:00 am) Pickleball Practice (9:30 am) Happiness Walk (11:00 am) Federal Trade Commission (2:00 pm)	10 Program Committee Mtg (8:30 am) Oral History Center (11:00 am) Magic Island Walk (4:00 pm)	11 Coffee, Tea & Talk Story (7:30am) Garden Grp: Worm Composting (8:30 am) Comm. Res. Mtg (12:00 pm)	12 Queen Emma Summer Palace Tour (1:30 pm)	13 Honolulu Orchid Society Judging
14	15 Shredding (12pm-3pm) Dinner with the Chef (6:00 pm)	16 Pickleball Practice (9:30 am) Fall Asleep, Stay Asleep (12:00 pm)	17 State Archives (11:30 am) Magic Island Walk (4:00 pm)	18 Show & Sell (8:30 am) Palliative Care & Aging (11:30 am) Medicare Part D (2:30 pm)	19 CENTER CLOSED Statehood Day	20
21	22 Shredding (12:00 pm) Senior Companion Program (1:00 pm)	23 Pickleball Practice (9:30 am)	24 New Member Orientation (9:00 am) PAB Meeting (12:00 pm)	25 Volatile Investment Enviroment (2:00 pm)	26	27
28	29	30 Pickleball Practice (9:30 am) Ikegai: Journey to Happiness (9:30 am)	31 Magic Island Walk (4:00 pm)			

Center Staff

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