

November 2022 Schedule

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room; ONLINE
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Hula	Makolo	Dance Room
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM	Samulnori: Korean Percussion	Lee	Sewing Room
Tuesday	TBD	Composting Wormies Group	Uyehara	TBD
	8:00 AM	Chair Yoga	Kauahikaua	ONLINE
	8:00 AM	Online iPhone Class*	Rasmussen	ONLINE
	8:00 AM – 11:00 AM	Needle and Thread	Sueda	Sewing Room
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	8:30 AM	Cheng Man Ching Tai Chi and Qi Kung	Gottdiener	Dance Room
	9:00 AM	Beginner Macintosh (Apple) Class*	Rasmussen	ONLINE
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues of the month)	Manuel	Activity Room
	9:15 AM	Pickleball	Baldomero, Wong, Hino, Yee	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	10:00 AM	Hula	Makolo	Dance Room
	10:00 AM	Beginner's iPhone Class*	Kawasaki	Library Room
	10:15 AM	Sahm Bo Dahn	Higuchi	Lanai
	10:30 AM	Intermediate Ukulele	Olayan	
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Sonson, Dolor, Matsunaga, Watanabe	Lanai
Wednesday	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Stretch & Tone	Werle	Lanai

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	9:30 AM	Portuguese Cultural Club (1 st & 3 rd Wed. of the month)	Frank	Activity Room
	9:45 AM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro, Young	Lib Anx, Go Rm; ONLINE
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	1:00 PM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	2:15 PM	Sahm Bo Dahn	Group	ONLINE
Thursday	8:30 AM	Garden Group	Chun Oakland	See facilitator
	9:00 AM – 1:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	8:00 AM – 10:00 AM	Hanafuda	Nakamura	Dance Room
	9:00 AM – 11:00 AM	Taisho Koto	Takeuchi, Sueda	Library Room
	10:00 AM	Beginner Ukulele Strumming	Maynes	Go Room
	11:00 AM – 12:00 PM	Okinawan Dance	Kawaguchi	Lanai
	12:30 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex; Go Room
	1:00 PM	Zumba Gold	Hokama	Lanai
Friday	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Martin, Feagins, Koepeke	Dance Room
	11:15 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
Saturday	9:00 AM – 12:00 PM	Filipino Cultural Club	Ibay	Activity Room
	9:00 AM	Zumba Gold	Hokama	ONLINE
Sunday	9:30 AM	Tai Chi for Health	Lau	ONLINE
	10:30 AM	Qi Gong	Lau	ONLINE

*Special registration- see staff for more info. Do not fill out a registration form.

10/12/22

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		1 Pearl Harbor Aviation (12:00 pm)	2 Veterans Talk Story Session (11:00 am)	3 Ask Jim (8:00 am) Tips to Reduce Energy Bill (2:00 pm)	4 Repotting House Plants (1:00 p.m.) Dinner Together (4:30 pm)	5
6	7 Shredding (12:00 pm) Organizing Matters of Life and Health (2:00 pm)	8 HOLIDAY <i>Election Day</i>	9 Program Committee Mtg (8:30 am) Veterans Program (10:00 a.m.) Magic Island Walk (4:00 pm)	10 Coffee, Tea & Talk Story (7:30 am)	11 HOLIDAY <i>Veterans Day</i>	12 Orchid Society Judging (9:30 am) Personal Technology (12:00 pm)
13	14 Shredding (12:00 pm) Walking – Windward Mall (12:00 p.m.) Dinner with the Chef (6:00 pm)	15 BINGO (10:00 a.m.)	16 Thanksgiving Program (9:00 a.m.) Magic Island Walk (4:00 pm)	17 SHIP Presentation (2:30 pm)	18 Archiving and Preserving Photos (1:00 pm)	19
20	21 AARP Driver Safety (10:00 am) Shredding (12:00 pm)	22 Ikigai: The journey to Gratitude/ Kindness (9:30 am)	23 New Member Orientation (9:00 am) PAB Meeting (12:00 pm) Magic Island Walk (4:00 pm)	24 HOLIDAY <i>Thanksgiving</i>	25 Korean Cuisine & Language (2:00 pm) <i>Last Day of Fall Session</i>	26 Holiday Cleaning and Beautification (9:00 a.m.)
Walk-in Registration 11/21/22 – 11/25/22 8:00 am – 10:30 am (Except 11/24)						
27	28 Shredding (12:00 pm)	29 Bayview Mini Putt (11:30 am) Hawaii USA FCU Presentation (2:00 pm)	30 Transfer of Death Deeds (10:00 am) Gift Wrapping and Beautification (8 a.m. – 3 p.m.) Magic Island Walk (4:00 pm)	31		

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