

April 2023 Schedule

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:30 AM	Basic Japanese 1	Sasaki	Sewing Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Hula	Makolo	Dance Room
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM	Samulnori: Korean Percussion	Lee	Sewing Room
	1:00 PM	Cribbage*	Kono	Go Room
Tuesday	TBD	Composting Wormies Group	Uyehara	TBD
	8:00 AM – 11:00 AM	Needle and Thread	Sueda	Sewing Room
	8:00 AM	Beginner Online iPhone Class*	Rasmussen	ONLINE
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	9:00 AM	Beginner Macintosh (Apple) Class*	Rasmussen	ONLINE
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues of the month)	Manuel	Activity Room
	9:15 AM	Pickleball	Baldomero, Wong, Hino, Yee	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	10:00 AM	Beginner's iPhone Class*	Kawasaki	Library Room
	10:00 AM	Hula	Makolo	Dance Room
	10:15 AM	Sahm Bo Dahn	Higuchi	Lanai
	10:30 AM	Intermediate Ukulele	Olayan	Lib Annex, Go Room
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Sonson, Matsunaga,	Lanai
Wednesday	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	8:00 AM	Tai Chi*	Koike	ONLINE

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	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (1 st & 3 rd Wed. of the month)	Frank	Activity Room
	9:45 AM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Lib Anx, Go Rm; ONLINE
	10:30 AM	Shigen	Tokugawa	Library Room
	11:00 AM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	2:15 PM	Sahm Bo Dahn	Group	ONLINE
Thursday	8:30 AM	Garden Group	Nakamura	See facilitator
	9:00 AM – 1:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:15 AM	Pickleball	Baldomero, Wong, Hino, Yamada	Lanakila Gym
	9:00 AM – 11:00 AM	Hanafuda	Nakamura	Dance Room
	9:00 AM – 11:00 AM	Taisho Koto	Takeuchi, Sueda	Library Room
	11:00 AM – 12:00 PM	Okinawan Dance	Kawaguchi	Lanai
	12:30 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex; Go Room
	1:00 PM	Zumba Gold	Hokama	Lanai
Friday	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Martin, Feagins	Dance Room
	11:15 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
Saturday	8:30 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	9:00 AM	Zumba Gold	Hokama	ONLINE
Sunday	9:30 AM	Tai Chi for Health	Lau	ONLINE
	10:30 AM	Qi Gong	Lau	ONLINE

*Special registration- see staff for more info. Do not fill out a registration form.

April 2023

SUN	MON	TUES	WED	THUR	FRI	SAT
						1 Cyber Safety Workshop (9:00 am)
2	3	4 Strength Training with Televeda (8:00 am) Basic Ukuele Workshop (11:00 am) Phiten (Mulberry Leaf) Lunch (11:30 am) Medicare and Hospice (2:00 pm)	5 Ti Leaf Making (9:00 am) Making Envelopes with Calendar (10:00 am) Kam Shopping Center (11:00 am) Magic Island Walk (4:00 pm)	6 Ask Jim (8:00 am) Strength Training with Televeda (8:00 am) Community Resources Mtg (12:00 pm)	7 CENTER CLOSED Good Friday Holiday	8 Cyber Safety (9:00 am) Orchid Society (9:30 am) Senior Beauties (10:00 am) Personal Tech (12:00 pm)
9	10 Waikiki Aquarium (11:00 am) Marriott Service Project (3:00 pm)	11 Strength Training with Televeda (8:00 am) BINGO (9:00 am)	12 Program Committee Meeting (8:30 am) Ti Leaf Making (9:00 am) Pest Control (1:00 pm) Magic Island Walk (4:00 pm)	13 Coffee, Tea & Talk Story (7:30 am) Strength Training with Televeda (8:00 am) The LAFF Guy (11:00 am) Orchids in Your Landscape (2:00 pm)	14 Mei's Tech Class (9:00 am) Kidney Care: Physical Activity (1:00 pm) Korean Cuisine and Language (2:00 pm)	15
16	17 AARP Driver Safety (10:00 am) Shredding (12:00 pm) Hospice Services (2:00 pm)	18 Strength Training with Televeda (8:00 am)	19 Ti Leaf Making (9:00 am) Vol Appreciation Day (9:00 am) Simple Steps to Boost Immune System (1:00 pm) Magic Island Walk (4:00 pm)	20 Strength Training with Televeda (8:00 am) Senior Centers Leadership Meeting (12:00 pm) Shopping Kidney Style (11:00 am)	21 Mei's Tech Class (9:00 am)	22
23	24 Oldies but Goodies (11:00 am) Gianna Schicchi at HOT (4:00 pm) 30	25 Better Late Kupuna Performance (12:00 pm)	26 Ti Leaf Making (9:00 am) New Member Orientation (9:00 am) PAB Meeting (12:00 pm)	27 Strength Training with Televeda (8:00 am) Orchid Series Presentation (2:00 pm)	28 Mei's Tech Class (9:00 am) Western Calligraphy (10:30 am)	29

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