

April 2023 | No. 87

# LANAKILA KŪPUNA NEWS



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A program of Catholic Charities Hawai'i funded in part by the State of Hawaii via contract with the State Executive Office on Aging (EOA) and the C&C of Honolulu, Elderly Affairs Division, and a Persons In Need grant from the May Templeton Hopper Fund of the Hawai'i Community Foundation..



CATHOLIC CHARITIES  
HAWAII

## A MESSAGE FROM SUSIE

Aloha Lanakila Senior Center Members and Ohana:

April is a time that we express our appreciation to the hundreds of people who give of their time, talent and expertise for the benefit of Lanakila Multi-Purpose Senior Center. The gift from your heart is so precious to us. The love and care from our volunteers allows LMPSC members to thrive and enjoy life as well as helps to create a very special place for many in our community.

Our front desk, reception, kitchen, sound system, and garden volunteers devote their time daily to the senior center. We thank our cultural club officers and other club volunteers; telephone reassurance volunteers; and class instructors, assistant instructors, assistants, and facilitators devote their time weekly to provide the many learning opportunities offered at Lanakila. Members of classes who perform at center and community events; members and community volunteers that make lei, art, crafts, and household and other useful items to give away as gifts for special events, sell at Show and Sell, the Thrift Shop, and Concession to earn money for the center; the senior center members and community partners who give of their time and talent to beautify the senior center; build, renovate, and paint different areas of the center; sanitize the high touch areas of the senior center; clean the yard and plant and care for the center's campus; and those who take photographs to capture special moments in time are all greatly appreciated for their efforts. A special event for these volunteers will be on Wednesday, April 19, 2023, and invitations have been given to them.

The Lunch and Learn gathering with John Teruya from Pagoda Restaurant and David Wong from Mountain View Farms, the Chinatown Historical Tour, Safety Tips with the Honolulu Police Department, CPR Training with Honolulu Fire Department, tour of the Byodo-In Temple and lunch at Kailua's New Mui Kwai Restaurant, the Sakura Tours in Wahiawa, the Waikiki Aquarium Educational Workshop and Tour, and Oldies but Goodies Concerts were enjoyed by hundreds of center members. Mahalo to all the community partners who made these all possible. Thank you to other community partners who conducted Kidney Health Workshops, Hepatitis C Testing, and COVID-19 Booster Shot opportunities for LMPSC members, Mahalo also to LMPSC Members Lynda Asato, Susan Boyd, Judy DiBianco, Brad Lau, and Randy Mau for providing workshops on Making Envelopes with Old Calendars, Western Calligraphy, Making Bread without Yeast, Caring for Orchids, and Veterans Benefits, respectively. We love the variety of learning opportunities you have provided.

A world renowned performing group from London called Apollo 5 and the VOCES8 Foundation invited LMPSC members to a concert on Saturday, March 11, 2023. Mahalo to Tracy Boval, coordinator of this event, for giving our members the privilege of participating in this special evening. Mahalo also to Honolulu Blend who sang beautifully as well that same afternoon at Lanakila Senior Center. These events brought joy to the hearts of many.

Please save the date for Lanakila's Memorial Program, which will be held on Thursday, May 25, 2023, from 9 – 10 a.m. at LMPSC. This is a time we set aside to honor and remember our dear center members and celebrate their lives together.

We express our gratitude to the LMPSC members and friends who provided testimony in support of the Catholic Charities Hawaii Grant-in-Aid request on behalf of LMPSC and for signing the petition to support Kupuna Care funding for seniors across the State. The testimony has been submitted to the Hawaii State Legislature for their consideration.

On April 21 and 22, 2023, Lanakila Senior Center will have two new vegetable garden boxes installed in the front yard. This is made possible by Aloha Care, who donated \$10,000 to assist the senior center in establishing Farmacy Gardens built by Mountain View Farm, to grow and sustain fresh vegetables for center members to harvest daily and enjoy. As you may know, LMPSC is a food, flower and fern hub for the community and we thank our many center members, staff, and community partners who have contributed to its success.

Me ke aloha pumehana,  
Susie Chun Oakland  
Program Director

## Welcome New Members!

David Burgos  
Channing Ching  
Warren Fo  
Belinda Hanson  
Peter Hoshino  
Wendell Hue  
Maelin Ibara

Amy Imaguchi  
Laurie Iona  
Jerry Iwata  
Betty Kam  
Kyong Cha "Kay"  
Lamson  
Blossom Mau

Kirk Sullivan  
Jason Sunada  
Rudolph "Rudy"  
Villamil





# Information

## COVID Tests for Medicare Recipients

According to data from the Centers for Disease Control and Prevention, Americans aged 65 and older make up over 90% of all deaths from COVID-19. To help to ensure seniors have access to testing, Center for Medicare and Medicaid Services and the Department of Health and Human Services has an initiative that will cover up to seven at home COVID-19 tests each calendar month, at no cost to seniors. To enroll seniors into this free program, follow the link below and complete the short enrollment form. The site is secure and is HIPPA compliant. A follow-up email will be sent with a toolkit that can be used to help market the program. Please view the website for more details:

<https://freecovid19testkit.com/ncoa/#>

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## Scam Targets Older Vets

Scammers falsely claiming to represent non-profit veterans' organizations or even the U.S. Department of Veterans Affairs are trying to scare veterans to provide their Veteran Health Identification Card ID or other sensitive information. Read the story here:

[Scam Artists Target Older Vets | Next Avenue](#)

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## HECO New Rate Schedule

HECO will start a pilot program starting in July 2023 with randomly selected customers. This program is, called Time-of-Use enables you to save money if you shift your energy usage from high-evening and overnight hours that are at a higher kWh rate. More information here: <https://www.hawaiianelectric.com/products-and-services/save-energy-and-money/time-of-use-program#:~:text=5%20p.m.%20to%209%20p.m.>

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## Move Over For First Responders

The Hawaii Department of Transportation (HDOT), along with the Honolulu Police Department (HPD, and Freeway Service Patrol (FSP), reminds drivers to move over. It's the law! The Move Over Law passed in 2012 and applies to police officers, firefighters, EMS, FSP, and tow truck drivers. Watch the public service announcement on YouTube [here](#).



# Photo Gallery



Waipahu High School Community Health Worker students join our members for their weekly Magic Island walk..



Lion leaders Gary Nip and David Iwana presented Lanakila Multi-Purpose Senior Center with a generous donation check.



LMPSC Member Margaret Park and Tom Kiyabu from Century 21 gave a generous donation to Lanakila.



Exceptional voices of Honolulu Blend at LMPSC on March 11, 2023, some performers being members of Lanakila.



What an amazing opportunity to meet and sing with Apollo 5, a well known performing group from London. LMPSC members Linda Agu, Manny Espeleta, Puna Frank, Linda Maballo, Karen Matsunaga, Karen Miyazaki, Gilbert Olayan, Dan Ream, Yoshiko Suzuki, Cynthia Teramoto, Frank Toma, Midge Wright, and Paula Yamamoto represented our senior center well. Thank you for the awesome experience, Tracy Boval and Apollo 5!!!!



LMPSC Member Pearl Lee shares photos of the Byodo-In Temple excursion we had last month. Such a beautiful site!



# Cultural Club Reports

## OKINAWA NENCHOSHA CLUB UPDATE

By Jane Higa

### Haitai Gusuyoo (Hi Everyone)

On March 2nd, Lance Ray from “Walkwise Hawaii” gave us many tips on safety walking, crossing streets and answered many questions. He distributed luminous wristbands to make others see us as we walk, March 9th, ten members from the Pearl City Community Church brought joy to us: the members danced the hula and Japanese dances. Songs were sung in Japanese, English and Okinawan, western and Christian songs were shared with us.

March 16, the Nawahine Mele with their 16 members sang many ethnic and hanabata days songs, danced the hula and also had some of our members dance the “Hukilau” with them. Before they ended their performance, they sang “Happy Birthday “ and gave everyone a birthday card. After their program ended our members danced “Shimanchu Nu Takara” and Kachashi, everyone went home happy.

March 23, the Paranku Club Hawaii entertained us with 19 members, played the taiko and dance the hula with Okinawan music. Some of the members have been drumming the taiko for over 25 years. At the middle of their performance, they made our members dance with them, “Ashibina”, “Cupid Shuffle” and “Beautiful Sunday” and it was fun. They ended their performance by dancing “Mifai Yu” Diane Kawakami also joined them and Marion Arakaki also sang the song and we finished the program dancing the Kachashi.



# Cultural Club Updates

## JAPANESE CULTURAL CLUB UPDATE

By Clarice Kumura

### It's Spring.....and Spring Cleaning

Green grass, blue skies, colorful eggs and flowers are welcome reminders that winter is gone and warmer days are here. This time also means "spring cleaning". Yikes. One of the biggest tasks of spring cleaning is getting rid of clutter. Sorting your belongings into these categories- trash, give away, store and put-away – is an effective way to begin the spring-cleaning process. Cleaning will be a lot easier when the clutter is gone. Also, this is a great time to donate gently used items to JCC's Show and Sell on Tuesday, May 2. Have a great spring-cleaning day.

**JCC is hosting the Tuesday, May 2, Show and Sell event. Be sure to attend and support not only JCC's but the other clubs selling their specialties.**

On March 6, members had a great time singing both Japanese and English songs with Sensei Brian Suzuki's Sing-a long program. Brian was able to explain the history for many of the songs which was very enlightening. March 13, Randy Lau, Tai Chi instructor at LMPC, explained that we can choose how to live a healthy life through Tai Chi exercises. Through Randy's guidance he showed us how to relax our muscles, prevent falls, and doing balancing exercises. On March 20, Victor's Kapakahi Group played and sang nostalgic songs to the delight of our members. It brought back lots of fond memories.

Tanjoubi Omedetou Gozaimasu to: Madeline Kageno (90+); James Ogata (90+); Caroline Harano; Sharon Isa; Alicia Nagasawa; Mae Wakazuru and Wally Yashima. May you all have many more healthy years!!!

Events: April 4 – Always Best Care Senior Services  
April 10 – Captel Outreach  
April 17 - Birthday/Woody and Friends  
April 24– Kupuna Safety – Honolulu Police Department





## HAWAIIAN CULTURAL CLUB UPDATE

By Sharon Tulba



Hello faithful members of Lanakila Center. Hey it's the month of April. Did everyone forget to wear their foot wear- haha you looked down- I fooled you on April Fool's Day! Hope everyone is doing well and in good health. Our club celebrated a total of four birthdays the past three months. The last one we held on March 14<sup>th</sup> for Roland Manuel- it was held at Ruby Tuesday Restaurant at the Windward Mall in Kaneohe. We all had baby back ribs for lunch. It was onolicious. Bingo was held monthly. Taxes with volunteers from AARP- thanks to them. Roses were given out on Valentine's Day from Wish of a Lifetime- so thoughtful of them. There was St. Patrick's and Girls Day. Also, Spring Break for children. No school for a week. I was glad to spend time with my grandkids. I bet some of you did too. Show and Sell was held even with the bad weather, it was a success. Easter is almost here so I wanted to wish you all a "Happy Easter" with family and friends, especially the children hunting for Easter eggs. Sending lots of love and blessings to all. Take care and stay safe, most of all, stay healthy. Last of all, have to prep for Show and Sell on May 2<sup>nd</sup>. Mahalo!

## CHINESE CULTURAL CLUB UPDATE

By Dorothy Mau

Happy Easter everyone!

Happy Birthday to Thelma Wong who celebrated her 101st birthday on March 22, 2023! A card was sent to her from Chinese Club President Mau. We are grateful for communication from her dedicated son Kalfred.

We are also very happy for our many new members this year! We welcome Sue Fujitani, Audrey Young, Jocelyn Ho, Erna Cabral, Paul Miyasato, Susan Chee, Wu Liejun and Channing Ching! We wish for you many happy days !

Chinese Cultural Club meets every First and Third Fridays every month except holidays. There will be no meeting on Friday April 7, 2023 being Good Friday. See ya all on April 21, 2023.

The second most important celebration in the Chinese Culture is Qing Ming which means literally, clean , clear and bright. This year it falls on April 5, 2023. It is time for families to visit our ancestors and clean their gravesites, bring food , paper money, incense, candles and firecrackers to celebrate and pay respect to them. Some families and Chinese Societies eat at the gravesite while others may eat at home or go to a nice restaurant!

Until next month, Joy Ghin, Joy Ghin!

Josephine Aguilar  
Pilsun Amina  
Marion Arakaki  
Vicente Arista  
Rosita Asuncion  
Elizabeth Ayau  
Naomi Badamo  
Debra "Deb" Braiman  
Debra "Hoku" Burrows  
Hyun Byun  
Douglas Cadiente  
Charles "Mark" Campbell  
Nancy Campbell  
Arceli Chan  
Mildred Chibana  
Mee Ok Choi Park  
Zhong Ying Xiao Chow  
Cynthia Chun  
Carolyn Corrigan  
Jose Derexes Jr.  
Judy Dibianco  
Sandra Joy Eastlack  
Vera Egge  
Chitra Ensor  
Julita Eshleman  
Thomas Fujimoto  
Sue Fujitani  
Lelia Gateb  
Angela "Angie" Goodbody  
Michiko Goshi  
Claire Groom  
Donald Guerrero  
Lolita Guillermo  
Caroline Harano  
Kathy Haruno  
Charlotte Higa  
Yukio Higa  
Masataka "Masa" Hirayama  
Lynne Howells  
Terrie "Teruko" Ikemi  
Michiko Imai  
Herbert Imamura  
Sharon Isa  
Shizue Ishihara  
Rufina Ishikawa  
Amy "Emiko" Iwasaki  
Madeline Kageno  
Eileen Kajioka  
Tina Kanemaru  
Doris Kaneshiro  
Hannah Kawakami  
Diane Kawauchi  
Peter Kealoha  
Rhonda "Mahealani" Kekua  
Sandra Kim  
Yvonne "Yaeko" Kobashigawa  
Genevieve "Genny" Kohler  
Ruriko Kono  
Sharon Kuboyama

HAPPY BIRTHDAY!

Reiko Kusumoto  
 Gale Lane  
 Lynette Lasiter  
 Gisele Lau  
 Elaine Lee  
 Lillian Lee  
 Lorraine Lee  
 Marjorie "Margie" Lee  
 April Leong  
 Shu Zhen Li  
 Eden Lim  
 Ann Lopez-Hirata  
 Virgilio "Rudy" Lucas  
 Darlene Madriaga  
 Lorrin Matsunaga  
 Yoshie Matsuura  
 Marietta Mattoon  
 Roy Michinaka  
 Leinani Miyashiro-Demond  
 Frank Murakawa  
 Alicia Nagsawa  
 Carl Nakamura  
 Stanley Nakamura  
 Kathryn Narusawa  
 Shirley Nishizawa  
 Sharon Nomura  
 James Ogata  
 Linda Oka  
 Glenn Ooka  
 Theodosia "Teddi" Pacarro  
 Marjorie Sasuga  
 Betty Ann Schoeppner  
 Leslie Shibuya  
 Arlene Shimokawa  
 Joy Shimizu  
 Herbert Shiraishi  
 Toshi "Toby" Sullivan  
 Stephanie Sur  
 Setsuko Taguchi  
 Betty "Komeno" Taira  
 Katsuko Taira  
 Iris Takushi  
 Lillian Tanaka  
 Valerie Teruya  
 Rosemarie Tom  
 Yoshie Tomosada  
 Gwendolyn "Gwen" Valdez  
 Janet Wakakuwa  
 Mae Wakazuru  
 Hatsuko Walker  
 Keiko Watanabe  
 Edward Wong  
 Liejun Wu  
 Misako Yagi  
 Sharon Yamamoto  
 Gail Yamasaki  
 Wallace "Wally" Yashima  
 Bok-Dong "Bok" Yoon  
 Lynn Yoshida

## CHINESE CULTURAL CLUB UPDATE (CONT'D) By Dorothy Mau



## FILIPINO CULTURAL CLUB UPDATE By Wilma Ibay

It feels so good to be back after a month of being away to visit my native land after thirty two (32) long years .I am back and so glad to be back. Now let's get to business!

The Filipino Club members decided to celebrate birthdays every two months. So on February 11, 2023 we celebrated January and February birthdays at the same time VALENTINES DAY. We honored CARMEN BAUTISTA and AURELIA TIBURCIO who represented FCCH at the SENIOR VALENTINE DANCE at the Neil Blaisdell Exhibition Hall. Councilman Tyler Dos Santos Tam and Representative Daniel Holt came to grace our celebration. After the program BENTOS and Filipino desserts were served. Planning to celebrate March and April birthdays on April 29, 2023.

Also, FCCH members will choose "2023 MOTHER OF THE YEAR" for our May event.

The Filipino Cultural Club did not participate in the SHOW and SELL but members agreed to donate \$5.00 each.

FCCH members continue to practice Filipino Folk Dances and Line Dancing thru the direction of AURIE SONSON and LETTY DOLOR .

Till next time. HAPPY EASTER EVERYONE. "GOD BLESS US ALL."





## FILIPINO CULTURAL CLUB UPDATE (CONT'D)

By Wilma Ibay



# Mahalo

*Thank you so much for  
your generosity!*

### PIKAKE (\$1000+)

#### OHI'A A LEHUA (\$500)

Century 21 Properties  
Hawaii

#### KAHILI GINGER (\$250+)

#### HIBISCUS (\$100+)

Duvauchelle, Thomas  
Harano, Caroline  
Joyce, Sally  
Kurosaki, Trudy  
Nanbu, Rodney & Patsy  
Sugai, Randolph & Aiko  
Tada, Kenneth  
Takamine, Karen  
Takemoto, Karen

### BIRD OF PARADISE (\$50+)

Baba, Pauline  
Chan, Arceli  
Masuda, Linda  
Titgen, Jan  
Toyama, Amy

### ANTHURIUM (\$49 &

Chu, Patsy  
Dano, Glennell  
Fujita, Henry & Bev  
Fukuhara, Kay  
Goshi, Michiko  
Hanson, Belinda  
Konno, Ginger  
Koyama, Earl  
Morimoto, Akiyo  
Swisher, Sarah

Tokuda, Chieko  
Yamasaki, Glenn

### IN-KIND GIFTS

Arakawa, Lei  
Burrows, John & Carol  
Chang, Nohea  
Chun, Philip  
Hino, Jim  
Howells, Mike & Lynn  
Isa, Harriet  
Isa, Sharon  
Isara, Henry  
Ishiki, Elsie  
Katahira, Helen  
Katahira, Lori  
Kawasaki, Mariko  
Kobata, Marilyn  
Ladrillono, Meriam

Maekawa, Dennis  
Masuda, Marion  
Oshiro, Cynthia  
Sakagawa, Amy  
Sakoda, Eileen  
Schoeppner, Betty  
Short, William  
Sugiura, Wendy  
Taguchi, Taren  
Tamura-Boyd, Susan  
Ttsumi, Alice  
Wong, Valerie  
Young, Amy  
Young, Diana  
Zukemura, Carol

# April 2023 Schedule

Day	Time	Class	Facilitator	Location
<b>Monday</b>	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:30 AM	Basic Japanese 1	Sasaki	Sewing Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Hula	Makolo	Dance Room
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM	Samulnori: Korean Percussion	Lee	Sewing Room
	1:00 PM	Cribbage*	Kono	Go Room
<b>Tuesday</b>	TBD	Composting Wormies Group	Uyehara	TBD
	8:00 AM – 11:00 AM	Needle and Thread	Sueda	Sewing Room
	8:00 AM	Beginner Online iPhone Class*	Rasmussen	ONLINE
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	9:00 AM	Beginner Macintosh (Apple) Class*	Rasmussen	ONLINE
	9:00 AM	Hawaiian Cultural Club (1 <sup>st</sup> & 3 <sup>rd</sup> Tues of the month)	Manuel	Activity Room
	9:15 AM	Pickleball	Baldomero, Wong, Hino, Yee	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	10:00 AM	Beginner's iPhone Class*	Kawasaki	Library Room
	10:00 AM	Hula	Makolo	Dance Room
	10:15 AM	Sahm Bo Dahn	Higuchi	Lanai
	10:30 AM	Intermediate Ukulele	Olayan	Lib Annex, Go Room
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Sonson, Matsunaga,	Lanai
<b>Wednesday</b>	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	8:00 AM	Tai Chi*	Koike	ONLINE



# April 2023 Schedule

Day	Time	Class	Facilitator	Location
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (1 <sup>st</sup> & 3 <sup>rd</sup> Wed. of the month)	Frank	Activity Room
	9:45 AM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Lib Anx, Go Rm; ONLINE
	10:30 AM	Shigen	Tokugawa	Library Room
	11:00 AM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	2:15 PM	Sahm Bo Dahn	Group	ONLINE
<b>Thursday</b>	8:30 AM	Garden Group	Nakamura	See facilitator
	9:00 AM – 1:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:15 AM	Pickleball	Baldomero, Wong, Hino, Yamada	Lanakila Gym
	9:00 AM – 11:00 AM	Hanafuda	Nakamura	Dance Room
	9:00 AM – 11:00 AM	Taisho Koto	Takeuchi, Sueda	Library Room
	11:00 AM – 12:00 PM	Okinawan Dance	Kawaguchi	Lanai
	12:30 PM – 2:30 PM	Brian's Karaoke Class (2 <sup>nd</sup> & 4 <sup>th</sup> Thurs. of the month)	Suzuki	Library Annex; Go Room
	1:00 PM	Zumba Gold	Hokama	Lanai
<b>Friday</b>	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 <sup>st</sup> & 3 <sup>rd</sup> Fridays of the month)	Mau	Activity Room
	9:30 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Martin, Feagins	Dance Room
	11:15 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
<b>Saturday</b>	8:30 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	9:00 AM	Zumba Gold	Hokama	ONLINE
<b>Sunday</b>	9:30 AM	Tai Chi for Health	Lau	ONLINE
	10:30 AM	Qi Gong	Lau	ONLINE

\*Special registration- see staff for more info. Do not fill out a registration form.

# April 2023

SUN	MON	TUES	WED	THUR	FRI	SAT
						1 Cyber Safety Workshop (9:00 am)
2	3	4 Strength Training with Televeda (8:00 am) Basic Ukuele Workshop (11:00 am) Phiten (Mulberry Leaf) Lunch (11:30 am) Medicare and Hospice (2:00 pm)	5 Ti Leaf Making (9:00 am) Making Envelopes with Calendar (10:00 am) Kam Shopping Center (11:00 am) Magic Island Walk (4:00 pm)	6 Ask Jim (8:00 am) Strength Training with Televeda (8:00 am) Community Resources Mtg (12:00 pm)	7 <b>CENTER CLOSED Good Friday Holiday</b>	8 Cyber Safety (9:00 am) Orchid Society (9:30 am) Senior Beauties (10:00 am) Personal Tech (12:00 pm)
9	10 Waikiki Aquarium (11:00 am) Marriott Service Project (3:00 pm)	11 Strength Training with Televeda (8:00 am)  BINGO (9:00 am)	12 Program Committee Meeting (8:30 am) Ti Leaf Making (9:00 am) Pest Control (1:00 pm) Magic Island Walk (4:00 pm)	13 Coffee, Tea & Talk Story (7:30 am) Strength Training with Televeda (8:00 am) The LAFF Guy (11:00 am) Orchids in Your Landscape (2:00 pm)	14 Mei's Tech Class (9:00 am) Kidney Care: Physical Activity (1:00 pm) Korean Cuisine and Language (2:00 pm)	15
16	17 AARP Driver Safety (10:00 am) Shredding (12:00 pm) Hospice Services (2:00 pm)	18 Strength Training with Televeda (8:00 am)	19 Ti Leaf Making (9:00 am) Vol Appreciation Day (9:00 am) Simple Steps to Boost Immune System (1:00 pm) Magic Island Walk (4:00 pm)	20 Strength Training with Televeda (8:00 am) Senior Centers Leadership Meeting (12:00 pm) Shopping Kidney Style (11:00 am)	21 Mei's Tech Class (9:00 am)	22
23 <div>Gianna Schicchi at HOT (4:00 pm) 30</div>	24 Oldies but Goodies (11:00 am)	25 Better Late Kupuna Performance (12:00 pm)	26 Ti Leaf Making (9:00 am) New Member Orientation (9:00 am) PAB Meeting (12:00 pm)	27 Strength Training with Televeda (8:00 am) Orchid Series Presentation (2:00 pm)	28 Mei's Tech Class (9:00 am) Western Calligraphy (10:30 am)	29

Susie Chun Oakland	Program Director	suzanne.oakland@catholiccharitieshawaii.org
Riva Torno	Program Specialist	riva.torno@catholiccharitieshawaii.org
Iris Hiramoto	Membership Specialist	ihiramoto@catholiccharitieshawaii.org
Elizaeth "Cookie" Irvine	Program Support Assistant	elizabeth.irvine@catholiccharitieshawaii.org
Lodi Tapawan	Custodian	

Let's Keep in Touch

1640 Lanakila Avenue

Honolulu, HI 96817

(808) 847-1322

[www.catholiccharitieshawaii.org](http://www.catholiccharitieshawaii.org)

