

AN *IN-PERSON* WORKSHOP SERIES ON O‘AHU  
FOR CAREGIVERS OF PERSONS LIVING WITH MEMORY LOSS

SESSION 1:  
**Normal vs. Not Normal Aging:  
Understanding the Difference**

**Saturday, April 22, 2023**

10am to Noon

Catholic Charities Hawai‘i Community Hall  
1822 Ke‘eaumoku Street in Makiki

**Parking instructions will be sent to registrants**

**Space is limited, Advance Registration Required**



**Dorothy Colby** is a Certified Positive Approach to Care™ Trainer and national Mentor, with more than 25 years of professional and personal experience caring for people with dementia. She is Director of Community Engagement for Hale Ku‘ike Memory Care Homes at Nu‘uanu, Bayside & Pali locations.

**Positive Approach to Care™** seminars, developed by dementia advocate and Occupational Therapist Teepa Snow, provide essential information for unpaid and professional caregivers on how to have a positive and meaningful relationship with loved ones living with Alzheimer’s disease and other forms of dementia throughout their journey.

**Register for SESSION 1 at this link:**

<https://www.eventbrite.com/e/normal-vs-not-normal-aging-session-one-of-6-part-series-tickets-597435033267>

**An email registration confirmation & handouts will be sent to registrants prior to each session**

For questions, please contact:

Jody Mishan, (808) 295-2624 or [jmishan@hawaii.rr.com](mailto:jmishan@hawaii.rr.com)

**UPCOMING SESSIONS:**

*(Registration link will be available 2-3 weeks ahead of each workshop)*

Session 2: GEMS, More Than Just Loss - Dementia Progression Patterns  
Session 3: It’s All in Your Approach - Making Positive Connections  
Session 4: Part I: Challenging Behaviors: Recognizing Unmet Needs  
Session 5: Part II: Challenging Behaviors: Putting Together the Pieces of the Puzzle  
Session 6: Dining with Dementia – Bringing Joy to the Table

Saturday, May 6, 10am to Noon  
Saturday, May 20, 10am to Noon  
Saturday, June 3, 10am to Noon  
Saturday, June 17, 10am to Noon  
Saturday, July 29, 10am to Noon

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