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Loving Our Moms

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Aloha Lanakila Senior Center Members and Ohana:

It’s Summer Time!! May Day celebrations, Boy’s Day, Mother’s Day gatherings, and graduations will be enjoyed this month! It is also a time when we remember our loved ones during Memorial Day observances in Hawaii and around the nation.

We look forward to many LMPSC center members joining us for the May Day Program sponsored by the Japanese Cultural Club starting at 9 a.m. on Monday, May 1st, followed by multi-ethnic dances and songs and a Hawaiian plate lunch sponsored by LMPSC from 10 a.m. to around noon. We have received the pre-orders for Hawaiian plates already. All LMPSC members are invited to enjoy the entertainment. There will also be beautifully crafted lei by LMPSC members.

The next day, May 2nd, from 8:00 a.m. – 10:30 p.m., Lanakila will have its 2nd Show and Sell of the year where cultural clubs and classes of the senior center have the opportunity to earn money for their activities throughout the year. We hope you called to pre-order your Bulgogi Cobb Salads, Roast Pork and Snapper with Lemon Butter Sauce bento. There will be other delicious foods available for sale as well as plants, soil, clothing, micro greens, fresh oregano and basil, crafts, household goods, art, and other items at great prices! Everyone from the public is welcome to attend along with our center members.

Please check out the monthly calendar on the back of this newsletter. We hope you enjoy the photos of some of our over 700 volunteers. We are so thankful to Pagoda, Natsunoya, Foodland, Starbucks, and Kamehameha Bakery for preparing the pupus and lunch at Volunteer Appreciation Day as well as thank AARP Community Service Committee, Lanakila Service Committee, Catholic Charities Hawaii/LMPSC employees, Prestige Valet, Calvary Assembly of God, Co-Cathedral of Saint Theresa, Orange Xpress, Richard Tada, Harry Nakasone, Betty Kotani, Yoneko Tsuchiyama, Pun Frank, Midge Wrights, Geronimo Campos, Randy Daguio, McDonalds, Territorial Savings, Linda Yara, Gladys Martin, Dustin Ebesu and Zahava Czara for their gift of time, talent, and resources. We hope you enjoy the beautiful flowers from the LMPSC garden and Maui as well as the photos that center members contributed to express their gratitude to their moms and others who were important mother figures for them. Happy Mother’s Day, everyone!

Me ke aloha pumehana,
Susie Chun Oakland
Program Director

Welcome New Members!

Lolita Cagdan
LaVina Chow
Joyce Fukuda
Diego Gallardo
Christine Harris
Alison Hayama
Wade Hayama
Carol Holden
Timothy Holden
Roy Hung
Geri Imai
Daniel Kailukaitis
Juanita Kaohohi
Dorothy Kuromoto
Rose Li
Melvin Ling
Wendy Loh
Diana Lucht
Sharilyn Nitta
Patricia Oda
Debra Pang
Be Phan
Evelyn “Eva” Puahime’Medeiros
Cynthia Rennix
Mary Ruth Sagawa
Barbara Stanton
Anna Tanaka
Clarence Tanaka
Maurice Toma
Victoria Tong
Joy Toyama
Anthe Tran
Karen Usui
Erline Waiau
Jean Yamanaka
Cyrilla Yonehara
Helena Young
Photo Gallery

Marriott Hotels volunteers help sanitize and beautify the Lanakila Senior Center! So nice of them!!!

Liz Lum, Leo Ancheta, Jocelyn Ho, Sue Fujitani, Darlene Ikegami, Colette Young, Lynn Sari, Sharon Young, Susie Chun Oakland, and Henry Jim learned a lot from Mary Roney from Waikiki Aquarium, who has served over 30 years as an educator.

LMPSC Member Midge Wright gifting homemade bookmarks she made, on behalf of LMPSC, for children who go to Liliha Public Library. Head Librarian Linda Mediati received them.

Members enjoying the Chinatown historic tour excursion with Hawaii Heritage Center volunteer guides.
We Love Our Moms!

With much appreciation to Mitsuko Toguchi Nakasone sensei who’s not only my teacher, but also a loving mother to me.
- Diana Kawaguchi

Our mother’s main focus was family. She was the sunshine in our lives. Full of hope, joy & faith. Working tirelessly for all. Such an inspiration of love. A good listener & compassionate. We are blessed because of parents & extended Ohana! Ever thankful 🙏❣️🌺🌈
- Faye Rainey

In memory of our mom, Fumiko Kawaguchi "Thank you mom, for your loving support in raising us". We miss you, Judy DiBianco and Diana Kawaguchi.

Sally Nakata 100th birthday celebration month of May at HUOA - Kin Chojin Kai Club Submitted by Dora Kitabata.

Debbie Motokane shares a photo of "mom, grandma, and I." She adds, "I will always cherish the memories"

A photo of Wilma Ibay’s mother and family.

Elizabeth Lum is a loving, generous, thoughtful, bubbly, humorous & hard-working mom...the daughter of Kula, Maui farmers, a retired elementary school teacher, dedicated church volunteer, full-time babysitter, excellent cook & a proud Popo to 8 grandchildren. She & her late husband Robert, sacrificed & worked hard to send their 4 children to private schools, shuttle them to all their different activities & provided a loving family & home. Her ohana is forever grateful for her unconditional love and cherishes all their time spent together. Happy Mother's Day! ❤️❤️❤️

Cecilia Burke Seabury “Mom, you raised 5 children and are appreciated beyond words. Happy Mother’s Day! Love Katherine, Michael, Judith, Bruce & Brian”

My Mom, Betsy Miyamoto, very compassionate, loving wife and Mom of three. - Lynda Asato
Efforts to Support Earth Day

Mountain View Farms staff Jessie Delos Reyes and son, Jayden, and Cherry Puliao installed new Farmacy Gardens for Lanakila Senior Center sponsored by Aloha Care. LMPSC members Rudy Ibay and Puna Frank celebrate with them as they complete their work.
Gungwachi Gunichi “Happy Boys Day” (5th Month 5th Day)

This is the day we celebrate boys day and also known as Children’s Day. Also we fly “carp” and we believe the carp is the most spirited fish and they have energy and strength. In Okinawa they serve “popo and chipin” and place it on the alter as an offering to pray for good health and prosperity of boys, children and family.

Another important day is “Anmma Nu Hi” (Mother’s Day”). We honor our mother’s who have raised and nurtured our children with love and courage.

On April 6, Elsie Kawamoto’s 10 students entertained us with many Japanese, Okinawan and English songs. Also, they gave envelopes to all our members who were born in April, and also an envelope to the oldest member, “Ellen Endo” who will be 100 years old this month. Another envelope went to Janice Ige who has 10 grandchildren. After our meeting ended, everyone went home with Easter goodies.

April 13, Susan Jung from CapTel Captioned Telephone talked to our members, how this CapTel telephone works. These phones are for people who have difficulty hearing on the telephone and every word your caller says is displayed on the CapTel screen to read and it is Federal funded Program, so it is free.

April 20th, we played Bingo. Our members loves this game. It’s a fun game, you laugh, you chat and when your last number is called you jump up and yell “BINGO”. Bingo, mentally helps you to be alert and also help with your eye and hand coordination.

Ichariba choodee (once we meet and talk, we are brothers and sisters)
**OKAASAN ITSUMO ARIGATOU**

In Japan, Mother’s Day is celebrated annually on the second Sunday of May and is known as “Haha No Hi”. On this day families honor their mothers with gifts and cards to show appreciation for all that they do. Popular gifts include flowers, chocolates and special handmade cards, while some people also like to take their mother out for a special meal. The sentiment behind celebrating Mother’s Day in Japan reflects deeply rooted values around family ties within Japanese culture, an idea which has been preserved over time through generations. Japanese society places great emphasis on respecting one’s parents – especially mothers – so it comes as no surprise that Mother’s Day is celebrated with enthusiasm in Japan each year. So here in Hawaii, whatever plans you have, express gratitude and love to Moms for all they do for us. **HAPPY “ HAHANoHi”!**

**Activities in April**

- **On April 4**, Mr. Marcus Inamine, VP of Sales and Marketing of Always Best Care Senior Services, spoke about providing in-home care for love ones or kupunas who want to stay at home. He explained that all caregivers get thorough background check, and every staff member receives comprehensive training before being assigned to a client. **On April 10**, Susan Jung, Outreach Educator for CapTel (Captioned Telephone), explained that CapTel is a phone for people with hearing loss. It is like an amplified phone with an addition whereby every word your caller says is displayed on the CapTel screen to read. Call Susan at 808 225-4211 for information as to how you would qualify to obtain the CapTel phone.
- **On April 17**, we heard great singing of a variety of Japanese and English songs from Woody Batula and Friends. JCC member Sharon Nakai, sang “Zassou no Uta” and “Ringo No Uta”. “Portrait of My Love” was sung by Jason Goo which brought back fond memories.

**Tanjoubi Omedetou Gozaimasu** to: Sally Nakata (100); Tsuyako (Sue) Iwamoto (90+); Karen Oda (90+); Karen Takemoto (90+); Paul Morisato; Sharon Nakai; Barbara Sasahara; Nancy Yeda and Audrey Young. May you all have many more healthy and joyful years.

**May Events**

- 1 – Day Program (Center-wide)
- 8 – Stretch and Tone Exercise
- 15 – Birthday/Mother’s Day – Elsie Kawamoto
- 22 – Bingo
- 29 – Memorial Day Holiday
**HAWAIIAN CULTURAL CLUB UPDATE**  
*By Sharon Tulba*

Aloha Members of Lanakila Center! Hope everyone is doing well. Time really goes by very fast- it’s already the end of April. Guess what, it’s May Day in Hawaii. Happy May Day to you all.

**Events Happenings:**
- May 2- Show & Sell
- May 9- Carol Burrow’s birthday
- May 23- Field Trip to Dole Plantation/Haleiwa Town for lunch
- May 25- Memorial Day Program at Lanakila for members who have passed away.

Looking forward for a great show & Sell turnout with good weather. Ti leaf leis will be made to put on graves at Punchbowl Cemetery. Everyone please take care and stay safe.

Mahalo nui loa,
Sharon Tulba

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**CHINESE CULTURAL CLUB UPDATE**  
*By Dorothy Mau*

Chinese Cultural Club had a big April Fool’s Day and we had no meeting on its first Friday for it was Good Friday!

On April 21st we planned some interesting things to do in May. The committee plan to participate in the May 2nd show and sell. Thank you June Ng and Beverly Mau for picking up the food. A belated thank you to Sharon and Henry Young for donating the noodles for our last show and sell!

May Day is Lei Day in Hawaii! At our first Friday meeting, we’ll make ti leaf leis and donate them to the center! Beverly and Dorothy Mau will bring the prepared leaves. A contest for the most beautiful lei, most creative lei, and most fragrant lei will also be held. The judges will present prizes to them. May 5th is Boy’s Day and all the men who attend this meeting will have a gift! The ladies will also be honored with a small gift for Happy Mother’s Day!

At our second meeting, we’ll all make small floral arrangement, which may be given away by the maker to someone of his own choice! We hope to make someone happy as we ourselves rejoice and live in a world of happiness! It is said that The Happiness of Life depends upon the Quality of your thoughts! A mother is always your Mom, no matter how many times you break her heart. She will never stop praying and worrying about her children! Happy Mother’s Day!
FILIPINO CULTURAL CLUB UPDATE
By Wilma Ibay

The past month had been a busy and awesome month for the FILIPINO CULTURAL CLUB.

March 26, 2023- Lunch celebration for the birthday of FELIPA BALIBA at the beautiful home of CARMEN BAUTISTA. Enjoyed delicious food and lots of dancing.

April 9, 2023- EASTER GET TOGETHER at the beautiful home of MAURICE and DOLORES JUAN. It was DOLLY’S birthday too. So much food and lots of dancing too. It was really nice to be with wonderful friends and family.

April 15, 2023- The birthday of JOSIE AGUILAR was held at “RED LOBSTER”. Lots of good food was served. I couldn’t remember the count but it was really really onolicious.

The FILIPINO CULTURAL CLUB will celebrate MARCH and APRIL birthdays on Saturday April 22, 2023 honoring JOSIE AGUILAR, FELY BALIBA and VIRGILIO LUCAS with a simple program and a “BENTO “ from the CELEBRANTS. REPRESENTATIVE ROSEBELLA MARTINEZ, a long time supporter of FCCH will come and deliver an inspirational message.

FILIPINO CULTURAL CLUB will celebrate MOTHER’S DAY on May 13, 2023 at the same time will celebrate the birthdays of: EVELYN AMBROCIO, CELESTE CABACCANG, JULIE INIBA, ESTER LANSANGAN and AURIE SONSON.

Have a blessed “MAY” month Everyone.
LET’S ENJOY EVERY MOMENT.
“GOD BLESS US ALL”
PORTUGUESE CULTURAL CLUB UPDATE
By Puna Frank

Portuguese Cultural Club members enjoying lunch at out Royal Hawaiian Shopping Center excursion last month.

Mahalo
Thank you so much for your generosity!

PIKAKE ($1000+)

OHI‘A A LEHUA ($500)
Japanese Cultural Club

KAHILI GINGER ($250+)
Chock, Mona & Young, Patrick

HIBISCUS ($100+)
Hong, Mae: IMO Jack Katahira
Kawakami, Visitacion
Kobayashi, Ann
Lum, Madeline
Takara, Doris

BIRD OF PARADISE ($50+)
Kimura, Grace
Leong, April
Richmond, Chanara
“Tone for Peace: Yonehara, Cyrilla

IN-KIND GIFTS
Agena, Jean
Batula, Joan
Bratt, Amy
Donnelly, Willy
Endo, Yoi
Guerrero, Donald
Hasegawa, Suzie
Hokama, Sandy
Imada, Mildred
Isa, Harriet
Kagami, Nancy
Kageno, Madeline
Kobata, Marilyn
Lee, Margie
Lee, Nadine

Matsumoto, Robert
Mau, Dorothy
Misunaga, Joyce
Muraoka, Lorna
Nakagawa, Ken
Nakamoto, Litheia
Olayan, Stanley
Sasaki, Teresa
Short, William
So, Celina
Takaki, Ann
Tamura-Boyd, Susan
Went, Dave
Yoshioka, Darlene

Honolulu Orchid Society presented a generous donation to LMPSC. Mahalo to Kathy Sakuda and Brad Lau, President of HOS, for taking the time to hand-deliver their gift to Lanakila Senior Center.

HAPPY BIRTHDAY (continued)

Mary Jo Segawa
Benjamin Sercena
Sally Shimabukuro
Jae Sook Shinsato
Alice Shiroma
Dixie Sinkovits

Etsuko Smith
Marie Sokol
Edna Sonomura
Aurelia Sonson
Eileen Su
Karen Suehiro

Karen Takemoto
Lucille Taketa
Jan Titgen
Maurice Toma
Mae Tsukamoto
Julie Umemoto
Rudolph “Rudy” Villamil

Dionie Villanueva
May Watanabe
Takako Weleh
May Yamachika
Xiao Ping Yang
Janet Yasumatsu
Nancy Yeda

Yongsuk Yi-Jackson
Audrey Young
William Young
<table>
<thead>
<tr>
<th>Day</th>
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<th>Class</th>
<th>Facilitator</th>
<th>Location</th>
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<tr>
<td></td>
<td>8:30 AM</td>
<td>Picking Ukulele</td>
<td>Nishiyama, Young</td>
<td>Sewing Room</td>
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<td>9:00 AM – 10:30 AM</td>
<td>Japanese Cultural Club</td>
<td>Sueda</td>
<td>Lanai</td>
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<td></td>
<td>9:30 AM – 11:30 AM</td>
<td>Victor’s Kapakahi Group</td>
<td>Tanganan</td>
<td>Lib Annex, Go Room</td>
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<td>10:30 AM</td>
<td>Basic Japanese 1</td>
<td>Sasaki</td>
<td>Sewing Room</td>
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<td></td>
<td>10:45 AM</td>
<td>Yoga</td>
<td>Hasegawa</td>
<td>Lanai</td>
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<td></td>
<td>11:00 AM</td>
<td>Hula</td>
<td>Lau</td>
<td>Dance Room</td>
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<td></td>
<td>11:00 AM</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>Activity Room</td>
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<td>12:00 PM</td>
<td>Ping Pong</td>
<td>Ream</td>
<td>Lanai</td>
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<td>12:30 PM</td>
<td>Samulnori: Korean Percussion</td>
<td>Lee</td>
<td>Sewing Room</td>
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<td>1:00 PM</td>
<td>Cribbage</td>
<td>Kono</td>
<td>Go Room</td>
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<td><strong>Tuesday</strong></td>
<td>TBD</td>
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<td>Composting Wormies Group</td>
<td>Uyehara</td>
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<td>8:00 AM – 11:00 AM</td>
<td>Needle and Thread</td>
<td>Sueda</td>
<td>Sewing Room</td>
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<td></td>
<td>8:00 AM</td>
<td>Beginner Online iPhone Class*</td>
<td>Rasmussen</td>
<td>ONLINE</td>
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<td>8:00 – 11:00 AM</td>
<td>Mah Jong</td>
<td>Sugihara</td>
<td>Library Room</td>
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<td>8:30 AM</td>
<td>Strumming For Fun</td>
<td>Hirai, Young</td>
<td>Lib Annex, Go Room</td>
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<td>9:00 AM</td>
<td>Beginner Macintosh (Apple) Class*</td>
<td>Rasmussen</td>
<td>ONLINE</td>
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<td>9:00 AM</td>
<td>Hawaiian Cultural Club</td>
<td>Manuel</td>
<td>Activity Room</td>
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<td>9:15 AM</td>
<td>Pickleball</td>
<td>Baldomero, Wong,</td>
<td>Lanakila Gym</td>
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<td>Hino, Yee</td>
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<td></td>
<td>9:30 AM</td>
<td>Music Lovers Group</td>
<td>Espeleta</td>
<td>Library Annex</td>
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<td></td>
<td>10:00 AM</td>
<td>Beginner’s iPhone Class*</td>
<td>Kawasaki</td>
<td>Library Room</td>
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<td></td>
<td>10:00 AM</td>
<td>Hula</td>
<td>Makolo</td>
<td>Dance Room</td>
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<td></td>
<td>10:15 AM</td>
<td>Sahm Bo Dahn</td>
<td>Higuchi</td>
<td>Lanai</td>
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<td></td>
<td>10:30 AM</td>
<td>Intermediate Ukulele</td>
<td>Olayan</td>
<td>Lib Annex, Go Room</td>
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<td>11:30 AM</td>
<td>Japanese Calligraphy</td>
<td>Usami</td>
<td>Sewing Room</td>
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<td></td>
<td>1:00 PM</td>
<td>Line Dance</td>
<td>Sonson, Matsunaga,</td>
<td>Lanai</td>
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<td><strong>Wednesday</strong></td>
<td>11:30 AM – 2:30 PM</td>
<td>Digital Technology*</td>
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<td>Sewing Room</td>
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<td></td>
<td>8:00 AM</td>
<td>Tai Chi*</td>
<td>Koike</td>
<td>ONLINE</td>
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<tr>
<td>Day</td>
<td>Time</td>
<td>Class</td>
<td>Facilitator</td>
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<td>Stretch &amp; Tone</td>
<td>Werle</td>
<td>Lanai</td>
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<td>9:30 AM</td>
<td>Portuguese Cultural Club (1st &amp; 3rd Wed. of the month)</td>
<td>Frank</td>
<td>Activity Room</td>
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<td>9:45 AM</td>
<td>Sewing by Nakasone</td>
<td>Nakasone, Ito</td>
<td>Craft Room</td>
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<td></td>
<td>10:00 AM</td>
<td>Korean Dance Cultural Club</td>
<td>Hasegawa</td>
<td>Dance Room/Lanai</td>
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<td></td>
<td>10:30 AM</td>
<td>Happy Senior Serenaders</td>
<td>Ojiri, Ramiro</td>
<td>Lib Anx, Go Rm; ONLINE</td>
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<td></td>
<td>10:30 AM</td>
<td>Shigen</td>
<td>Tokugawa</td>
<td>Library Room</td>
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<td></td>
<td>11:00 AM</td>
<td>Body &amp; Brain Beg. Yoga &amp; Tai Chi</td>
<td>Arquette</td>
<td>ONLINE</td>
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<td>12:00 PM</td>
<td>Crafts by Janet*</td>
<td>Miyashiro</td>
<td>Craft Room</td>
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<td></td>
<td>2:15 PM</td>
<td>Sahm Bo Dahn</td>
<td>Group</td>
<td>ONLINE</td>
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<td>Thursday</td>
<td>TBD</td>
<td>Garden Group</td>
<td>Nakamura</td>
<td>See facilitator</td>
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<td>9:00 AM – 1:30 PM</td>
<td>Digital Technology*</td>
<td>Lanakila Pacific</td>
<td>Sewing Room</td>
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<td>9:00 AM – 10:30 AM</td>
<td>Okinawa Nenchosha Club</td>
<td>Higa</td>
<td>Lanai</td>
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<td></td>
<td>9:15 AM</td>
<td>Pickleball</td>
<td>Baldomero, Wong, Hino, Yamada</td>
<td>Lanakila Gym</td>
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<td>9:00 AM – 11:00 AM</td>
<td>Hanafuda</td>
<td>Nakamura</td>
<td>Dance Room</td>
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<td>9:00 AM – 11:00 AM</td>
<td>Taisho Koto</td>
<td>Takeuchi, Sueda</td>
<td>Library Room</td>
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<td>11:00 AM – 12:00 PM</td>
<td>Okinawan Dance</td>
<td>Kawaguchi</td>
<td>Lanai</td>
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<td>12:30 PM – 2:30 PM</td>
<td>Brian’s Karaoke Class</td>
<td>Suzuki</td>
<td>Library Annex; Go Room</td>
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<td></td>
<td>1:00 PM</td>
<td>Zumba Gold</td>
<td>Hokama</td>
<td>Lanai</td>
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<td>Friday</td>
<td>8:00 AM</td>
<td>Tai Chi*</td>
<td>Koike</td>
<td>ONLINE</td>
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<td></td>
<td>9:00 AM</td>
<td>Fusion</td>
<td>Gittelman</td>
<td>ONLINE</td>
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<td>9:00 AM – 2:30 PM</td>
<td>Enka</td>
<td>Arakaki</td>
<td>Sewing Room</td>
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<td>9:30 AM</td>
<td>Chinese Cultural Club (1st &amp; 3rd Fridays of the month)</td>
<td>Mau</td>
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<td>9:30 AM</td>
<td>Yui Buyo</td>
<td>Sugai</td>
<td>Lanai</td>
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<td>10:00 AM – 12:00 PM</td>
<td>Tap Dance</td>
<td>Martin, Feagins</td>
<td>Dance Room</td>
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<td>11:15 AM</td>
<td>American Sign Language</td>
<td>Shimizu</td>
<td>ONLINE</td>
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<td>12:00 PM – 2:30 PM</td>
<td>Ping Pong</td>
<td>Ream</td>
<td>Lanai</td>
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<tr>
<td>Saturday</td>
<td>8:30 AM – 11:30 AM</td>
<td>Filipino Cultural Club</td>
<td>Ibay</td>
<td>Activity Room</td>
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<td></td>
<td>9:00 AM</td>
<td>Zumba Gold</td>
<td>Hokama</td>
<td>ONLINE</td>
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<td>Sunday</td>
<td>9:30 AM</td>
<td>Tai Chi for Health</td>
<td>Lau</td>
<td>ONLINE</td>
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<td>10:30 AM</td>
<td>Qi Gong</td>
<td>Lau</td>
<td>ONLINE</td>
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*Special registration- see staff for more info. Do not fill out a registration form.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<tbody>
<tr>
<td><strong>May Day Program</strong>&lt;br&gt; (9:00 am) Composting Workshop (12:00 pm)</td>
<td>Show &amp; Sell (8:00 am) Strength Training with Televeda (9:00 am) Active Shooter Presentation (11:30 am) Medicare Part C (2:00 pm)</td>
<td>Ti Leaf Lei-Making (9:00 am) ‘Mental Health Fair (10:00 am) Energy Unplugged (11:30 am)</td>
<td>Strength Training with Televeda (8am) SAVERS FUNraiser (11:00 am) Community Res. – Affordable Hsg (12:00 pm) Cribbage Extra Play (1:00 pm)</td>
<td>Milestone Book Workshop (2:00 pm) Dinner Together (3:30 pm p/u, 5:00 pm Zoom)</td>
<td><strong>Senior Beauties</strong>&lt;br&gt; (10:00 am) Children’s Art Contest (9:00 am)</td>
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<tr>
<td><strong>Composting Workshop</strong>&lt;br&gt; (12:00 pm)</td>
<td>Strength Training with Televeda (8:00 am) Worm Composting Workshop (8:00 am) BINGO (9:00 am) Walking at Windward Mall (10:30 am)</td>
<td>Program Comm. Mtg. (9:30 am) Ti Leaf Lei-Making (9:00 am) Diabetes 101 (11am) Let’s Not Sugar Coat It (12:00 pm) Magic Island Walk (4:00 pm)</td>
<td>Coffee, Tea, Talk Story (7:30 am) Strength Training with Televeda (8:00 am) Cribbage Extra Play (1:00 pm)</td>
<td><strong>Korean Cuisine and Language</strong> (2:00 pm)</td>
<td><strong>Orchid Society</strong>&lt;br&gt; (9:30 am) Senior Beauties (10:00 am) Personal Tech (12:00 pm)</td>
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<tr>
<td><strong>Strength Training with Televeda</strong>&lt;br&gt; (8:00 am)</td>
<td>Strength Training with Televeda (8:00 am) Waikiki Aquarium (12:00 pm)</td>
<td>Ti Leaf Lei-Making (9:00 am) Humana: Making a Healthy Change (1:00 pm) Magic Island Walk (4:00 pm)</td>
<td>Coffee, Tea, Talk Story (7:30 am) Strength Training with Televeda (8:00 am) Waikele Outlet (10:30 am) Cribbage Extra Play (1:00 pm)</td>
<td><strong>Coffee, Tea &amp; Talk Story</strong> (7:30 am)</td>
<td><strong>Car Show and Car Parts Swap Meet</strong> (9:00 am)</td>
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<tr>
<td><strong>Strength Training with Televeda</strong>&lt;br&gt; (8:00 am) Medicare Filing a Complaint (1:00 pm)</td>
<td>Medicare Covered Care (1:00 pm)</td>
<td><strong>Strength Training with Televeda</strong>&lt;br&gt; (8:00 am) Fall Prevention (12:00 pm) UH Kupuna Program (3:00 pm)</td>
<td>Medicare Covered Care (1:00 pm)</td>
<td><strong>Strength Training with Televeda</strong>&lt;br&gt; (8:00 am) Medicare Covered Care (1:00 pm)</td>
<td><strong>Flower lei making</strong> (9:00 am)</td>
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<tr>
<td><strong>Oldies But Goodies</strong>&lt;br&gt; (11:00 am) Medicare Filing a Complaint (1:00 pm)</td>
<td>Medicare Covered Care (1:00 pm)</td>
<td>New Member Orientation (9:00 am) PAB Mtg. (12:00 pm) US Citizenship &amp; Immigration (1:00 pm) Magic Island Walk (4:00 pm)</td>
<td>Medicare Filing a Complaint (1:00 pm)</td>
<td><strong>Flower lei making</strong> (9:00 am)</td>
<td><strong>Center CLOSED Memorial Day</strong></td>
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<tr>
<td><strong>Medicare Covered Care</strong>&lt;br&gt; (1:00 pm)</td>
<td>Medicare Covered Care (1:00 pm)</td>
<td>Ti Leaf Making (9:00 am) Ho’omaluhia Botanical Garden (10:00 am) PAB Meeting (12:00 pm)</td>
<td>Medicare Filing a Complaint (1:00 pm)</td>
<td><strong>Flower lei making</strong> (9:00 am)</td>
<td><strong>Car Show and Car Parts Swap Meet</strong> (9:00 am)</td>
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**Lodi Tapawan**<br> Custodian

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