

May 2023| No. 88

**LANAKILA
KŪPUNA
NEWS**



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**Loving Our
Moms**

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A program of Catholic Charities Hawai'i funded in part by the State of Hawaii via contract with the State Executive Office on Aging (EOA) and the C&C of Honolulu, Elderly Affairs Division, and a Persons In Need grant from the May Templeton Hopper Fund of the Hawai'i Community Foundation..



**CATHOLIC CHARITIES
HAWAII**

A MESSAGE FROM SUSIE

Aloha Lanakila Senior Center Members and Ohana:

It's Summer Time!! May Day celebrations, Boy's Day, Mother's Day gatherings, and graduations will be enjoyed this month! It is also a time when we remember our loved ones during Memorial Day observances in Hawaii and around the nation.

We look forward to many LMPSC center members joining us for the May Day Program sponsored by the Japanese Cultural Club starting at 9 a.m. on Monday, May 1st, followed by multi-ethnic dances and songs and a Hawaiian plate lunch sponsored by LMPSC from 10 a.m. to around noon. We have received the pre-orders for Hawaiian plates already. All LMPSC members are invited to enjoy the entertainment. There will also be beautifully crafted lei by LMPSC members.

The next day, May 2nd, from 8:00 a.m. – 10:30 p.m., Lanakila will have its 2nd Show and Sell of the year where cultural clubs and classes of the senior center have the opportunity to earn money for their activities throughout the year. We hope you called to pre-order your Bulgogi Cobb Salads, Roast Pork and Snapper with Lemon Butter Sauce bento. There will be other delicious foods available for sale as well as plants, soil, clothing, micro greens, fresh oregano and basil, crafts, household goods, art, and other items at great prices! Everyone from the public is welcome to attend along with our center members.

Please check out the monthly calendar on the back of this newsletter. We hope you enjoy the photos of some of our over 700 volunteers. We are so thankful to Pagoda, Natsunoya, Foodland, Starbucks, and Kamehameha Bakery for preparing the pupus and lunch at Volunteer Appreciation Day as well as thank AARP Community Service Committee, Lanakila Service Committee, Catholic Charities Hawaii/LMPSC employees, Prestige Valet, Calvary Assembly of God, Co-Cathedral of Saint Theresa, Orange Xpress, Richard Tada, Harry Nakasone, Betty Kotani, Yoneko Tsuchiyama, Puna Frank, Midge Wrights, Geronimo Campos, Randy Daguio, McDonalds, Territorial Savings, Linda Yara, Gladys Martn, Dustin Ebesu and Zahava Czara for their gift of time, talent, and resources. We hope you enjoy the beautiful flowers from the LMPSC garden and Maui as well as the photos that center members contributed to express their gratitude to their moms and others who were important mother figures for them. Happy Mother's Day, everyone!

Me ke aloha pumehana,
Susie Chun Oakland
Program Director



Welcome New Members!

Lolita Cagdan
LaVina Chow
Joyce Fukuda
Diego Gallardo
Christine Harris
Alison Hayama
Wade Hayama
Carol Holden
Timothy Holden
Roy Hung
Geri Imai
Daniel Kailukaitis

Juanita Kaohohi
Dorothy Kuromoto
Rose Li
Melvin Ling
Wendy Loh
Diana Lucht
Sharilyn Nitta
Patricia Oda
Debra Pang
Be Phan
Evelyn "Eva" Puahi-Medeiros

Cynthia Rennix
Mary Ruth Sagawa
Barbara Stanton
Anna Tanaka
Clarence Tanaka
Maurice Toma
Victoria Tong
Joy Toyama
Anthe Tran
Karen Usui
Erline Waiau
Jean Yamanaka

Cyrrilla Yonehara
Helena Young



Photo Gallery



Marriott Hotels volunteers help sanitize and beautify the Lanakila Senior Center! So nice of them!!!



Liz Lum, Leo Ancheta, Jocelyn Ho, Sue Fujitani, Darlene Ikegami, Colette Young, Lynn Sari, Sharon Young, Susie Chun Oakland, and Henry Jim learned a lot from Mary Roney from Waikiki Aquarium, who has served over 30 years as an educator.



LMPSC Member Midge Wright gifting homemade bookmarks she made, on behalf of LMPSC, for children who go to Liliha Public Library. Head Librarian Linda Mediati received them.



Members enjoying the Chinatown historic tour excursion with Hawaii Heritage Center volunteer guides.

We Love Our Moms!



With much appreciation to Mitsuko Toguchi Nakasone sensei who's not only my teacher, but also a loving mother to me.
-Diana Kawaguchi



Cecilia Burke Seabury
"Mom, you raised 5 children and are appreciated beyond words.
Happy Mother's Day! Love Katherine, Michael, Judith, Bruce & Brian"



My Mom, Betsy Miyamoto, very compassionate, loving wife and Mom of three. - Lynda Asato



In memory of our mom, Fumiko Kawaguchi
"Thank you mom, for your loving support in raising us". We miss you, Judy DiBianco and Diana Kawaguchi.



Our mother's main focus was family. She was the sunshine in our lives. 🌻
Full of hope, joy & faith.
Working tirelessly for all. Such an inspiration of love. A good listener & compassionate. We are blessed because of parents & extended Ohana! Ever thankful 🙏💕🌸🌈
-Faye Rainey



Sally Nakata
100th birthday celebration month of May at HUOA - Kin Chojin Kai Club
Submitted by Dora Kitabata.



Debbie Motokane shares a photo of "mom, grandma, and I." She adds, "I will always cherish the memories"



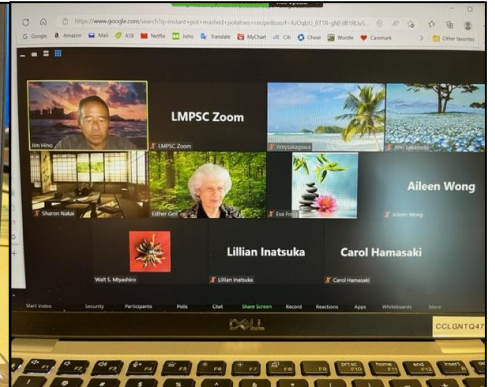
A photo of Wilma Ibay's mother and family.



Elizabeth Lum is a loving, generous, thoughtful, bubbly, humorous & hard-working mom...the daughter of Kula, Maui farmers, a retired elementary school teacher, dedicated church volunteer, full-time babysitter, excellent cook & a proud Popo to 8 grandchildren. She & her late husband Robert, sacrificed & worked hard to send their 4 children to private schools, shuttle them to all their different activities & provided a loving family & home. Her ohana is forever grateful for her unconditional love and cherishes all their time spent together.
Happy Mother's Day! ❤️❤️❤️



Volunteers



Volunteers



Volunteer Appreciation Day



Efforts to Support Earth Day



Mountain View Farms staff Jessie Delos Reyes and son, Jayden, and Cherry Puliao installed new Farmacy Gardens for Lanakila Senior Center sponsored by Aloha Care. LMPSC members Rudy Ibay and Puna Frank celebrate with them as they complete their work.

Cultural Club Reports

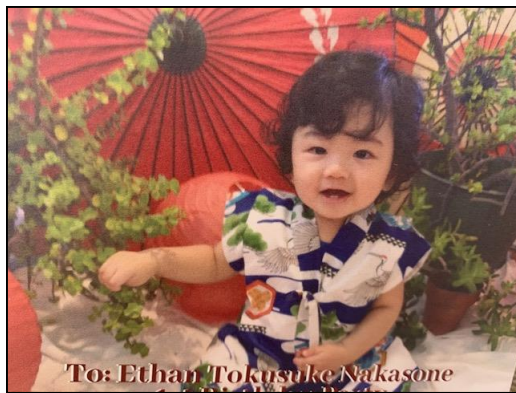
OKINAWA NENCHOSHA CLUB UPDATE

By Jane Higa

Gungwachi Gunichi “Happy Boys Day” (5th Month 5th Day)

This is the day we celebrate boys day and also known as Children’s Day. Also we fly “carp” and we believe the carp is the most spirited fish and they have energy and strength. In Okinawa they serve “popo and chipin” and place it on the alter as an offering to pray for good health and prosperity of boys, children and family.

Another important day is “Anmma Nu Hi” (Mother’s Day). We honor our mother’s who have raised and nurtured our children with love and courage.



To: Ethan Tokusuke Nakasone



On April 6, Elsie Kawamoto’s 10 students entertained us with many Japanese, Okinawan and English songs. Also, they gave envelopes to all our members who were born in April, and also an envelope to the oldest member, “Ellen Endo” who will be 100 years old this month. Another envelope went to Janice Ige who has 10 grandchildren. After our meeting ended, everyone went home with Easter goodies.

April 13, Susan Jung from CapTel Captioned Telephone talked to our members, how this CapTel telephone works. These phones are for people who have difficulty hearing on the telephone and every word your caller says is displayed on the CapTel screen to read and it is Federal funded Program, so it is free.

April 20th, we played Bingo. Our members loves this game. It’s a fun game, you laugh, you chat and when your last number is called you jump up and yell “BINGO”. Bingo, mentally helps you to be alert and also help with your eye and hand coordination.

Ichariba choodee (once we meet and talk, we are brothers and sisters)



Cultural Club Updates

JAPANESE CULTURAL CLUB UPDATE

By Clarice Kumura

OKAASAN ITSUMO ARIGATOU

In Japan, Mother's Day is celebrated annually on the second Sunday of May and is known as "Haha No Hi". On this day families honor their mothers with gifts and cards to show appreciation for all that they do. Popular gifts include flowers, chocolates and special handmade cards, while some people also like to take their mother out for a special meal. The sentiment behind celebrating Mother's Day in Japan reflects deeply rooted values around family ties within Japanese culture, an idea which has been preserved over time through generations. Japanese society places great emphasis on respecting one's parents – especially mothers – so it comes as no surprise that Mother's Day is celebrated with enthusiasm in Japan each year. So here in Hawaii, whatever plans you have, express gratitude and love to Moms for all they do for us. **HAPPY "HAHA NO HI"!**

Activities in April - **On April 4**, Mr. Marcus Inamine, VP of Sales and Marketing of Always Best Care Senior Services, spoke about providing in-home care for love ones or kupunas who want to stay at home. He explained that all caregivers get thorough background check, and every staff member receives comprehensive training before being assigned to a client. **On April 10**, Susan Jung, Outreach Educator for CapTel (Captioned Telephone), explained that CapTel is a phone for people with hearing loss. It is like an amplified phone with an addition whereby every word your caller says is displayed on the CapTel screen to read. Call Susan at 808 225-4211 for information as to how you would qualify to obtain the CapTel phone.

On April 17, we heard great singing of a variety of Japanese and English songs from Woody Batula and Friends. JCC member Sharon Nakai, sang "Zassou no Uta" and "Ringo No Uta". "Portrait of My Love" was sung by Jason Goo which brought back fond memories.

Tanjoubi Omedetou Gozaimasu to: Sally Nakata (100); Tsuyako (Sue) Iwamoto (90+); Karen Oda (90+); Karen Takemoto (90+); Paul Morisato; Sharon Nakai; Barbara Sasahara; Nancy Yeda and Audrey Young. May you all have many more healthy and joyful years.

May Events – 1 – Day Program (Center- wide)
8 – Stretch and Tone Exercise
15 – Birthday/Mother's Day – Elsie Kawamoto
22 – Bingo
29 – Memorial Day Holiday



HAWAIIAN CULTURAL CLUB UPDATE

By Sharon Tulba



Aloha Members of Lanakila Center! Hope everyone is doing well. Time really goes by very fast- it's already the end of April. Guess what, it's May Day in Hawaii. Happy May Day to you all.

Events Happenings:

May 2- Show & Sell

May 9- Carol Burrow's birthday

May 23- Field Trip to Dole Plantation/Haleiwa Town for lunch

May 25- Memorial Day Program at Lanakila for members who have passed away.

Looking forward for a great show & Sell turnout with good weather. Ti leaf leis will be made to put on graves at Punchbowl Cemetery. Everyone please take care and stay safe.

Mahalo nui loa,
Sharon Tulba

CHINESE CULTURAL CLUB UPDATE

By Dorothy Mau

Chinese Cultural Club had a big April Fool's Day and we had no meeting on its first Friday for it was Good Friday!

On April 21st we planned some interesting things to do in May. The committee plan to participate in the May 2nd show and sell. Thank you June Ng and Beverly Mau for picking up the food. A belated thank you to Sharon and Henry Young for donating the noodles for our last show and sell!

May Day is Lei Day in Hawaii! At our first Friday meeting, we'll make ti leaf leis and donate them to the center! Beverly and Dorothy Mau will bring the prepared leaves. A contest for the most beautiful lei, most creative lei, and most fragrant lei will also be held. The judges will present prizes to them.

May 5th is Boy's Day and all the men who attend this meeting will have a gift! The ladies will also be honored with a small gift for Happy Mother's Day!

At our second meeting, we'll all make small floral arrangement, which may be given away by the maker to someone of his own choice! We hope to make someone happy as we ourselves rejoice and live in a world of happiness! It is said that The Happiness of Life depends upon the Quality of your thoughts! A mother is always your Mom, no matter how many times you break her heart. She will never stop praying and worrying about her children! Happy Mother's Day!

Evelyn Ambrocio
Alice Arakaki
May Asato
Cely Bartolome
Karom Burke
Carol Anne Burrows
Celestina Cabaccang
Veronica Cabal
Stephanie Carrier
Susan Caswell
Su Lan Chen
Siu Ling Cheung Chen
Yvonne Chin
Alison Ching
Sylvia KS Ching
Karen Chow
Mae Chung
Lee Ann Close
Donna Compton
Rogelio Cortez
Amando De Peralta Jr.
Ellen Endo
Manuel "Manny" Espelete
Cheryl Feagins
Peggy Fearn
Margarita Flores
Carol Fong
Sterling Foster
Monica Furuhashi
Judy Furukawa
Violet Ganeku
Alma Goo
Mark Gottdiener
Caryn Gushikuma
Betsy Hall
Suzie Hasegawa
Qing Ren He
Ellen Higa
Lillian Higa
Roddy Higa
Katherine Higuchi
Grecia Hill
James "Jim" Hino
Pok Ye Hirata
Sharon Hirose
Roseline "Loke" Ho
Bonnie Hokama
Betty Honma
Wendell Hue
Juliana Iniba
Elsie Ishiki
Tsuyako "Tsu" Iwamoto
Youngsoon Jhun
Karen Kanbe
Margaret Kaulukukui
Juanita Kawamoto
Jennie Kawasaki

HAPPY BIRTHDAY!

HAPPY BIRTHDAY!

Demetrius "Dee"
 Keliiholokai
 Myung Ok Kim
 Sharon Kim
 Laraine "Lari" Koga
 Kimiyo Kuhns
 Karen Kurihara
 Caroline Kuwahara
 Sang Sook Kwak
 Kyong Cha Lamson
 Ester Lansangan
 Lorraine Lau
 Sunny H. Lee
 Mu Cha Leiggi
 Wan Ping Lin
 Rita Lo
 Sau Yue Lum
 Wing YL "Carolyn" Lum
 Calvin Maballo
 Hyun Soon Maerki
 Cynthia Ann Manabe
 Mae Matsumoto
 Dorothy Mau
 Giselle Miyashiro
 Kelvin Miyazaki
 Yoko Mizuno
 Felicita "Fely" Mohika
 Kiyomi Morisato
 Paul Morisato
 Keiji Murakami
 Kenneth Nakagawa
 Sharon Nakai
 Melvin Nakama
 Aiko Nakamura
 Annie Nakamura
 Doris Nakamura
 Sally Nakata
 Hiroko Nishihara
 Walter Obata
 Karen Oda
 Patricia Oda
 Donald Ojiri
 Jonathan Okabe
 Grace Okuma
 June Onishi
 Betty Ono
 Chiyoko Oshiro
 Norma Oshiro
 Seiji Oshiro
 Grace Paik
 Carol Pang
 Debra Pang
 Mae Rosen
 Michiko Runyon
 Gary Sakuma
 Lynn Sari
 Barbara Sasahara

FILIPINO CULTURAL CLUB UPDATE

By Wilma Ibay

The past month had been a busy and awesome month for the FILIPINO CULTURAL CLUB.

March 26, 2023-Lunch celebration for the birthday of FELIPA BALIBA at the beautiful home of CARMEN BAUTISTA. Enjoyed delicious food and lots of dancing.

April 9, 2023- EASTER GET TOGETHER at the beautiful home of MAURICE and DOLORES JUAN. It was DOLLY'S birthday too. So much food and lots of dancing too. It was really nice to be with wonderful friends and family.

April 15, 2023- The birthday of JOSIE AGUILAR was held at "RED LOBSTER". Lots of good food was served. I couldn't remember the count but it was really really onolicious.

The FILIPINO CULTURAL CLUB will celebrate MARCH and APRIL birthdays on Saturday April 22,2023 honoring JOSIE AGUILAR, FELY BALIBA and VIRGILIO LUCAS with a simple program and a "BENTO " from the CELEBRANTS. REPRESENTATIVE ROSEBELLA MARTINEZ, a long time supporter of FCCH will come and deliver an inspirational message

FILIPINO CULTURAL CLUB will celebrate MOTHER'S DAY on May 13, 2023 at the same time will celebrate the birthdays of : EVELYN AMBROCIO, CELESTE CABACCANG, JULIE INIBA, ESTER LANSANGAN and AURIE SONSON.

Have a blessed "MAY" month Everyone.
 LET'S ENJOY EVERY MOMENT.
 "GOD BLESS US ALL"



PORTUGUESE CULTURAL CLUB UPDATE

By Puna Frank



Portuguese Cultural Club members enjoying lunch at out Royal Hawaiian Shopping Center excursion last month.



Mahalo

*Thank you so much for
your generosity!*

PIKAKE (\$1000+)

OHI'A A LEHUA (\$500)

Japanese Cultural Club

KAHILI GINGER (\$250+)

Chock, Mona & Young,
Patrick

HIBISCUS (\$100+)

Hong, Mae: IMO Jack
Katahira
Kawakami, Visitation
Kobayashi, Ann
Lum, Madeline
Takara, Doris

BIRD OF PARADISE (\$50+)

Kimura, Grace
Leong, April
Richmond, Chanara
"Tone for Peace:
Yonehara, Cyrilla

ANTHURIUM (\$49 & under)

Anonymous Ron's
Friend??
Antonio, Diana
Koyama, Earl
MOA
Morimoto, Akiyo
Sonson, Aurie
Tachibana, Joanne
Weidmann, Lilly

Wong, Joyce
Yamasaki, Glenn

IN-KIND GIFTS

Agena, Jean
Batula, Joan
Bratt, Amy
Donnelly, Willy
Endo, Yoi
Guerrero, Donald
Hasegawa, Suzie
Hokama, Sandy
Imada, Mildred
Isa, Harriet
Kagami, Nancy
Kageno, Madeline
Kobata, Marilyn
Lee, Margie
Lee, Nadine

Matsumoto, Robert
Mau, Dorothy
Misunaga, Joyce
Muraoka, Lorna
Nakagawa, Ken
Nakamoto, Litheia
Olayan, Stanley
Sasaki, Teresa
Short, William
So, Celina
Takaki, Ann
Tamura-Boyd, Susan
Went, Dave
Yoshioka, Darlene

Honolulu Orchid Society presented a generous donation to LMPSC. Mahalo to Kathy Sakuda and Brad Lau, President of HOS, for taking the time to hand-deliver their gift to Lanakila Senior Center.



HAPPY BIRTHDAY (continued)

Mary Jo Segawa
Benjamin Sercena
Sally Shimabukuro
Jae Sook Shinsato
Alice Shiroma
Dixie Sinkovits

Etsuko Smith
Marie Sokol
Edna Sonomura
Aurelia Sonson
Eileen Su
Karen Suehiro

Karen Takemoto
Lucille Taketa
Jan Titgen
Maurice Toma
Mae Tsukamoto
Julie Umemoto
Rudolph "Rudy" Villamil

Dionie Villanueva
May Watanabe
Takako Welch
May Yamachika
Xiao Ping Yang
Janet Yasumatsu
Nancy Yeda

Yongsuk Yi-Jackson
Audrey Young
William Young

May 2023 Schedule

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:30 AM	Basic Japanese 1	Sasaki	Sewing Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Hula	Makolo	Dance Room
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM	Samulnori: Korean Percussion	Lee	Sewing Room
	1:00 PM	Cribbage	Kono	Go Room
Tuesday	TBD	Composting Wormies Group	Uyehara	TBD
	8:00 AM – 11:00 AM	Needle and Thread	Sueda	Sewing Room
	8:00 AM	Beginner Online iPhone Class*	Rasmussen	ONLINE
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	9:00 AM	Beginner Macintosh (Apple) Class*	Rasmussen	ONLINE
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues of the month)	Manuel	Activity Room
	9:15 AM	Pickleball	Baldomero, Wong, Hino, Yee	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	10:00 AM	Beginner's iPhone Class*	Kawasaki	Library Room
	10:00 AM	Hula	Makolo	Dance Room
	10:15 AM	Sahm Bo Dahn	Higuchi	Lanai
	10:30 AM	Intermediate Ukulele	Olayan	Lib Annex, Go Room
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Sonson, Matsunaga,	Lanai
Wednesday	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	8:00 AM	Tai Chi*	Koike	ONLINE

May 2023 Schedule

Day	Time	Class	Facilitator	Location
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (1 st & 3 rd Wed. of the month)	Frank	Activity Room
	9:45 AM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Lib Anx, Go Rm; ONLINE
	10:30 AM	Shigen	Tokugawa	Library Room
	11:00 AM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	2:15 PM	Sahm Bo Dahn	Group	ONLINE
Thursday	TBD	Garden Group	Nakamura	See facilitator
	9:00 AM – 1:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:15 AM	Pickleball	Baldomero, Wong, Hino, Yamada	Lanakila Gym
	9:00 AM – 11:00 AM	Hanafuda	Nakamura	Dance Room
	9:00 AM – 11:00 AM	Taisho Koto	Takeuchi, Sueda	Library Room
	11:00 AM – 12:00 PM	Okinawan Dance	Kawaguchi	Lanai
	12:30 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex; Go Room
	1:00 PM	Zumba Gold	Hokama	Lanai
Friday	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Martin, Feagins	Dance Room
	11:15 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
Saturday	8:30 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	9:00 AM	Zumba Gold	Hokama	ONLINE
Sunday	9:30 AM	Tai Chi for Health	Lau	ONLINE
	10:30 AM	Qi Gong	Lau	ONLINE

*Special registration- see staff for more info. Do not fill out a registration form.

May 2023

SUN	MON	TUES	WED	THUR	FRI	SAT
	1 May Day Program (9:00 am) Composting Workshop (12:00 pm)	2 Show & Sell (8:00 am) Strength Training with Televeda (9:00 am) Active Shooter Presentation (11:30 am) Medicare Part C (2:00 pm)	3 Ti Leaf Lei-Making (9:00 am) 'Mental Health Fair (10:00 am) Energy Unplugged (11:30 am)	4 Strength Training with Televeda (8am) SAVERS FUNraiser (11:00 am) Community Res. – Affordable Hsg (12:00 pm) Cribbage Extra Play (1:00 pm)	5 Milestone Book Workshop (2:00 pm) Dinner Together (3:30 pm p/u, 5:00 pm Zoom)	6 Senior Beauties (10:00 am) Children's Art Contest (9:00 am)
7	8	9 Strength Training with Televeda (8:00 am) Worm Composting Workshop (8:00 am) BINGO (9:00 am) Walking at Windward Mall (10:30 am)	10 Program Comm. Mtg. (8:30 am) Ti Leaf Lei-Making (9:00 am) Diabetes 101 (11am) Let's Not Sugar Coat It (12:00 pm) Magic Island Walk (4:00 pm)	11 Coffee, Tea, Talk Story (7:30 am) Strength Training with Televeda (8:00 am) Cribbage Extra Play (1:00 pm)	12 Korean Cuisine and Language (2:00 pm)	13 Orchid Society (9:30 am) Senior Beauties (10:00 am) Personal Tech (12:00 pm)
14	15 Oldies But Goodies (11:00 am) Medicare Filing a Complaint (1:00 pm)	16 Strength Training with Televeda (8:00 am) Waikiki Aquarium (12:00 pm)	17 Ti Leaf Lei-Making (9:00 am) Humana: Making a Healthy Change (1:00 pm) Magic Island Walk (4:00 pm)	18 Coffee, Tea & Talk Story (7:30 am) Strength Training with Televeda (8:00 am) Waikale Outlet (10:30 am) Cribbage Extra Play (1:00 pm)	19	20 Car Show and Car Parts Swap Meet (9:00 am)
21	22 Medicare Covered Care (1:00 pm)	23 Strength Training with Televeda (8:00 am) Fall Prevention (12:00 pm) UH Kupuna Program (3:00 pm)	24 Ti Leaf Making (9:00 am) New Member Orientation (9:00 am) PAB Mtg (12:00 pm) US Citizenship & Immigration (1:00 pm) Magic Island Walk (4:00 pm)	25 Strength Training with Televeda (8:00 am) Memorial Day Program (9:00 am) Senior Centers Mtg (12:00 pm) Cribbage Extra Play (1:00 pm)	26 Flower lei making (9:00 am)	27
28	29 CENTER CLOSED Memorial Day	30	31 Ti Leaf Making (9:00 am) Ho'omaluhia Botanical Garden (10:00 am) PAB Meeting (12:00 pm)			

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Lodi Tapawan	Custodian	

Let's Keep in Touch

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