

April 2024 Class & Club Schedule

*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location	
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room	
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai	
	9:15 AM	Guitar	Hirai	Library Room	
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room	
	10:30 AM	Basic Japanese 1	Sasaki	Sewing Room	
	10:45 AM	Yoga	Fujii	Lanai	
	11:00 AM	Hula	Makolo	Courtyard	
	11:00 AM	Tai Chi for Health	Lau	Activity Room	
	12:00 PM	Ping Pong	Ream	Lanai	
	12:30 PM	Samulnori: Korean Percussion	Lee	Sewing Room	
	12:30 PM	Cribbage	Kono	Patio	
	Tuesday	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
		8:00 AM – 11:00 AM	Needle and Thread	Sueda	Sewing Room
8:00 AM		Beginner Online iPhone Class*	Rasmussen	ONLINE	
8:00 – 11:00 AM		Mah Jong	Sugihara	Library Room	
8:30 AM		Strumming For Fun	Hirai, Young	Lib Annex, Go Room	
9:00 AM		Beginner Macintosh (Apple) Class*	Rasmussen	ONLINE	
9:00 AM		Hawaiian Cultural Club (No mtg last Tues. of month)	Manuel	Activity Room	
9:15 AM – 12:15 PM		Pickleball	Baldomero, Yamada	Lanakila Gym	
9:30 AM		Music Lovers Group	Espeleta	Library Annex	
10:00 AM		Beginner's iPhone Class*	Kawasaki	Library Room	
10:00 AM		Hula	Makolo	Courtyard	
10:15 AM		Sahm Bo Dahn	Higuchi	Lanai	
10:30 AM		Intermediate Ukulele	Olayan	Lib Annex, Go Room	
11:30 AM		Chuan Tai Chi	Pham	Dance Room	
11:30 AM		Japanese Calligraphy	Usami	Sewing Room	
1:00 PM		Line Dance	Sonson, Matsunaga	Lanai	
Wednesday		11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
		8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Stretch & Tone	Werle	Lanai	
	9:30 AM	Portuguese Cultural Club (2 nd & 4 th Wed. of the month)	Frank	Activity Room	
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room	
	10:00 AM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai	

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	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	10:30 AM	Garden Group* (Last Wed. of the month)	J. Nakamura	See facilitator
	10:30 AM	Happy Senior Serenaders	Ramiro, Young	Lib Annex, Go Room
	11:00 AM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	1:30 PM	Fit & Flexible	Mayeshiro	Lanai
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
Thursday	9:00 AM – 1:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	9:00 AM	Traditional Chinese Medicine	Fujio	Library Annex
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 11:00 AM	Hanafuda	B. Nakamura	Dance Room
	9:00 AM – 10:30 AM	Taisho Koto	Takeuchi, Sueda	Library Room
	9:15 AM – 12:15 PM	Pickleball	Hino, Lau	Lanakila Gym
	11:00 AM	Cribbage	Kono	Patio
	11:00 AM – 12:00 PM	Okinawan Dance	Kawaguchi	Lanai
	12:30 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex, Go Room
	1:00 PM	Zumba Gold	Hokama	Lanai
Friday	8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM	Basic (Beginning) Ukulele	Nishiyama, Young	Go Room
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:15 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Murashige	Go Room
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	9:15 AM	Beg. Inter. Conversational French	Graham	Library Room
	10:30 AM	Spanish	Shaw	Library Room
Sunday	9:30 AM	Tai Chi for Health	Lau	ONLINE
	10:30 AM	Qi Gong	Lau	ONLINE

*Special registration- see staff for more info. Do not fill out a registration form.

April 2024

SUN	MON	TUES	WED	THUR	FRI	SAT
	1 Travel Club (1:00 pm) <i>Spring Session Starts</i>	2 Ho'olu 'Aina Tour (9:00 am) CPR with HFD (1:30 pm)	3 Ti Leaf Lei Making Service Project (9:00 am) Iolani Palace Tour (11:00 am) Hawaii State Art Museum (11:00 am)	4 Strength Training w/ Televeda ONLINE (8:00 am)	5 Strength Training w/ Televeda Online (8:00 am) Milestone Book Workshop (2:00 pm)	6 Brain Health Using Chess (9:00 am) Tech Help Desk (9:00 am) Beginning Ukulele (9:00 am)
7	8	9 Strength Training w/ Televeda (8:00 am) BINGO (9:00 am) Kroc Center (10:00 am)	10 Ti Leaf Lei Making Service Project (9:00 am) Program Committee Meeting (8:30 am) Orange Xpress (12pm) Magic Island Walk (4:00 pm)	11 Strength Training w/ Televeda ONLINE (8:00 am) Coffee, Tea & Talk Story (8:30 am) Social Security (10:00 am) Food & Money Basics (10:30 am)	12 Beginner Yoga (11:00 am) Korean Culture and Cuisine (2:00 pm)	13 Brain Health Using Chess (9:00 am) Tech Help Desk (9 am) Beginning Ukulele (9 am) Honolulu Orchid Society Judging (9:30 am) Cybersecurity Presentation (10:00 am) Fall Prevention Awareness (10:00 am) Personal Tech (12 pm)
14	15	16 Strength Training w/ Televeda (8:00 am) Ke Ola Mamo: Sleep & Nutrition (9:30 am)	17 Ti Leaf Lei Service Project (9:00 am) Volunteer Appreciation Day Program (9:00 am) Magic Island Walk (4:00 pm)	18 Strength Training w/ Televeda ONLINE (8:00 am)	19	20 Brain Health Using Chess (9:00 am) Tech Help Desk (9:00 am) Beginning Ukulele (9:00 am) NARFE Meeting (9:30 am)
21	22	23 Strength Training (8:30 am) Oldies but Goodies Concert (12:00 pm) Repotting Orchids (1:30 pm)	24 Ti Leaf Lei Service Project (9:00 am) New Member Orientation (9:00 am) PAB Meeting (12:00 pm) Magic Island Walk (4pm)	25 Strength Training w/ Televeda ONLINE (8:00 am) Tech Thursday w/Televeda (9:00 am) Vaccinations (9:00 am)	26 Beginner Yoga (11:00 am)	27 Brain Health Using Chess (9:00 am) Tech Help Desk (9:00 am) Beginning Ukulele (9:00 am)
28	29 Caregiver Resources (1:00 pm)	30 BINGO with Televeda (9:00 am)				

*Calendar subject to change

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