

May 2025 Class & Club Schedule

*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:15 AM	Guitar	Hirai	Library Room
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:30 AM	Basic Japanese	Sasaki	Sewing Room
	10:30 AM – 12:00 PM	Hula	Makolo	Dance Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Cribbage	Tom	Patio
	12:30 PM – 2:30 PM	Samulnori	Lee	Sewing Room
Tuesday	8:00 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Beginner Guitar	Dacoscos	Lanai
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues. of the month)	Manuel	Activity Room
	9:15 AM – 12:00 PM	Pickleball	Lardizabal, Tsubaki	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	9:30 AM – 11:00 AM	Hula	Makolo	Dance Room
	10:00 AM & 11:00 AM	Beginner's iPhone Class*	Kawasaki	Patio
	10:00 AM	Sahm Bo Dahn	Higuchi	Lanai
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Matsunaga, Sonson	Lanai
Wednesday	TBA (day & time varies)	Gardening Group*	Nakamura	TBA
	8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (2 nd & 4 th Wed. of the month)	Frank	Activity Room
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Library Annex

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	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
Thursday	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 10:30 AM	Taisho Koto	Takeuchi	Library Room
	9:00 AM – 11:00 AM	Hanafuda	Samori	Dance Room
	9:15 AM – 12:00 PM	Pickleball	Hino, Lau	Lanakila Gym
	12:00 PM – 2:00 PM	Cribbage	Lardizabal	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex, Go Room
Friday	8:00 AM	Basic Ukulele	Nishiyama	Dance Room
	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	African American Cultural Club (2 nd & 4 th Fri. of the month)	Gray	Activity Room
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai, S. Nakasone	Lanai
	9:30 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Murashige	Go Room
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	10:30 AM	Zumba Gold	Hokama	Dance Room
Sunday	9:30 AM	Tai Chi for Health and Qi Gong	Lau	Online

*Special registration- see staff for more info. Do not fill out a registration form.

Classes subject to change

May 2025

SUN	MON	TUES	WED	THUR	FRI	SAT
				1 Strength Training w/ Televeda (8:00 am) MAY DAY PROGRAM (9:00 am) Haircuts (12:00 pm) Painting Workshop (12:30 pm)	2 Senior Health Fair at Okinawa Center (9:00 am) Worm Composting (12:00 pm) Painting Workshop (12:30 pm) Milestone Book (1:00 pm)	3 IT Help Desk (9:00 am) Floral Bouquet Making (10:00 am)
4	5 Core with Carol (9:00 am) Hawaii Quilt Show (9:30 am) Travel Club Meeting (1:00 pm)	6 Strength Training w/ Televeda (8:00 am) SHOW & SELL (8:00 am) Wills & Trusts (12:30 pm)	7 Ti Leaf Lei Making (9:00 am) SAVERS FUNraiser (10:00 am) Drawing Workshop (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	8 Strength Training w/ Televeda (8:00 am) Chinatown Tour (9:00 am) Haircuts (12:00 pm) Drawing Workshop (1:00 pm)	9 Occupations Fair (9:00 am) Painting Workshop (12:30 pm) Drawing Workshop (1:00 pm) Korean Culture & Cuisine (2:00 pm)	10 Chuukese Culture (9:00 am) Orchid Society Judging (9:30 am) Cybersecurity (10:00 am) WHS CHW Mahalo Party (11:00 am) Personal Technology (12:00 pm)
11	12 Core with Carol (9:00 am) Visit to Sheraton Waikiki (11:00 am)	13 BINGO (9:00 am) Na Pueo Park (10:30 am) Sing Along Karaoke (12:15 pm)	14 Ti Leaf Lei Making (9:00 am) Program Committee Mtg (8:30 am) Orange Xpress (12:00 pm) Drawing Workshop (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	15 Strength Training w/ Televeda (8:00 am) Bishop Museum (10:30 am) Haircuts (12:00 pm) Drawing Workshop (1:00 pm) Koi Nobori Craft (1:00 pm) CMP Meeting (2:00 pm)	16 Caregiver Support Group (11:00 am) Drawing Workshop (1:00 pm)	17 NARFE Meeting (9:30 am)
18	19 North Shore Tour (8:30 am) Core with Carol (9:00 am) AARP Driver Safety by Appt. Only (10:00 am)	20 Strength Training w/ Televeda (8:00 am) Nutrition & Your Kidneys (8:00 am) North Shore Tour (8:30 am)	21 Ti Leaf Lei Making (9:00 am) PAB Mtg (12:00 pm) Drawing Workshop (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	22 Strength Training w/ Televeda (8:00 am) Live Well Presentation (10:30 am) Haircuts (12:00 pm) Drawing Workshop (1:00 pm)	23 Flower Lei Making (9:00 am) Drawing Workshop (1:00 pm)	24
25	26 Center Closed HOLIDAY Memorial Day	27 Strength Training w/ Televeda (8:00 am) Oldies but Goodies (12:00 pm)	28 New Member Orientation (9am) PAB Meeting (12:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	29 Haircuts (12:00 pm)	30 Estate Planning for Your Future (10:00 am)	31

*Calendar subject to change

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