

June 2025 Class & Club Schedule

***REMINDER Spring Session ends on 6/7/25. Summer Session begins the week of 6/23/25.**

*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM	Core with Carol	Miyasato	ONLINE
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:15 AM	Guitar	Hirai	Library Room
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:30 AM	Basic Japanese	Sasaki	Sewing Room
	10:30 AM	Strumming For Fun (<i>starts 6/23</i>)	Olayan	Craft Room
	10:30 AM – 12:00 PM	Hula	Makolo	Dance Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Cribbage	Tom	Patio
	12:30 PM – 2:30 PM	Samulnori	Lee	Sewing Room
Tuesday	8:00 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Beginner Guitar	Dacoscos	Lanai
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues. of the month)	Manuel	Activity Room
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	9:30 AM – 11:00 AM	Hula	Makolo	Dance Room
	10:00 AM & 11:00 AM	Beginner's iPhone Class*	Kawasaki	Patio
	10:00 AM	Sahm Bo Dahn	Higuchi	Lanai
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Matsunaga, Sonson	Lanai
Wednesday	TBA (day & time varies)	Gardening Group*	Nakamura	TBA
	8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (2 nd & 4 th Wed. of the month)	Frank	Activity Room
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Library Annex

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	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
Thursday	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 10:30 AM	Taisho Koto	Takeuchi	Library Room
	9:00 AM – 11:00 AM	Hanafuda	Samori	Dance Room
	12:00 PM – 2:00 PM	Cribbage	Lardizabal	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex, Go Room
Friday	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	African American Cultural Club (2 nd & 4 th Fri. of the month)	Gray	Activity Room
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai, S. Nakasone	Lanai
	9:30 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Murashige	Go Room
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	10:30 AM	Zumba Gold	Hokama	Dance Room
Sunday	9:30 AM	Tai Chi for Health and Qi Gong	Lau	Online

*Special registration- see staff for more info. Do not fill out a registration form.

Classes subject to change

June 2025

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2 Core with Carol (9:00 am) Haircuts (12:30 pm) Travel Club Meeting (1:00 pm)	3 Strength Training w/ Televeda (8:00 am)	4 Excursion to Kuakini (10:00 am) Navigating long-Term Care (11:00 am) Painting (12:30 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	5 Strength Training w/ Televeda (8:00 am) Coffee, Tea & Talk Story (8:30 am) Painting (12:30 pm) Tofu Cooking Demo (1:00 pm)	6 Painting (12:30 pm) Milestone Book (1:00 pm)	7 Going Green Recycling (9:00 am) Cybersecurity (10:00 am)
[Walk-in registration from 6/2/25 to 6/6/25 from 8:00 am to 10:30 am]						
8	9 Core with Carol (9:00 am) Hilton Hawaiian Village Excursion (11:00 am) Haircuts (12:30 pm) Wills & Trusts (1:00 pm)	10 Strength Training w/ Televeda (8:00 am) BINGO (9:00 am) Orange Xpress (12:00 pm) Personal Finance (12:00 pm)	11 Center Closed HOLIDAY King Kamehameha I Day	12 Strength Training w/ Televeda (8:00 am) Walk & Shop and Ala Moana Center (10:00 am) Painting (12:30 pm)	13 Active Senior Expo (10:00 am) Painting (12:30 pm) Korean Culture & Cuisine (2:00 pm)	14 A.I. Made Easy Cybersecurity (10:00 am) Personal Technology (12:00 pm)
15	16 North Shore Tour (8:30 am) Core with Carol (9:00 am) AARP Driver Safety by Appt. Only (10:00 am) Haircuts (12:30 pm)	17 North Shore Tour (8:30 am) Elder Abuse Presentation (11:00 am)	18 Waihona Winds Band Concert (12:15 pm) Drawing Workshop (12:30 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	19 Strength Training w/ Televeda (8:00 am) Wai Kai Excursion (10:30 am) Drawing Workshop (12:30 pm) CMP Meeting (2:00 pm)	20 Center Closed CCH Staff Conference	21 NARFE Meeting (9:30 am)
22	23 North Shore Tour (8:30 am) Haircuts (12:30 pm) <i>Summer Session Starts</i>	24 Strength Training w/ Televeda (8:00 am) North Shore Tour (8:30 am) Oldies but Goodies (12:00 pm)	25 Smoked Meat Presentation (10:00 am) Drawing Workshop (12:30 pm) Urinary Incontinence (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	26 Strength Training w/ Televeda (8:00 am) Drawing Workshop (12:30 pm)	27 Creating a Safe Home Environment (10:00 am) Drawing Workshop (12:30 pm)	28
29	30					

*Calendar subject to change

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