

May 2025| No. 112

LANAKILA KŪPUNA NEWS



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Make a Lei Wear a Lei Give a Lei

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A program of Catholic Charities Hawai'i funded in part by the State of Hawaii via contract with the State Executive Office on Aging (EOA) and the C&C of Honolulu, Elderly Affairs Division, and a Persons In Need grant from the May Templeton Hopper Fund of the Hawai'i Community Foundation..



CATHOLIC CHARITIES
HAWAII

A MESSAGE FROM SUSIE

Dear Lanakila Senior Center Members, Friends and Family:

We were amazed to have over 50 volunteers, most of whom were LMPSC members, participate in the Spring Cleaning and Beautification project on Saturday, March 29, 2025, who did re-bagging sand bags to manage storm water coming into the senior center property after heavy rains, building brick raised gardens in the front yard, mopping, cleaning glass windows and doors, re-organizing spaces, cleaning fans, picking up trash, weeding, cutting the grass, watering the plants, sanitizing the tables and other high touch areas of the senior center. It was fun to be in the company of many positive and caring people and meeting new friends. Mahalo to LMPSC member Marvi Shibuya, the Mana Loa Nimitz Lions Club, and leaders of the District 50 Lions Club for their kokua as well!

Mahalo a nui loa to over 350 volunteers joining LMPSC on Wednesday, April 16, 2025, and enjoying a day of relaxation activities, beautiful music, and a delicious lunch. We thank the many senior center members who made and bought delicious desserts for the occasion, Catholic Charities Hawaii's leadership team and Community Senior Services Supervisors, the AARP Hawaii's Community Service Committee, Calvary Assembly of God, Central Pacific Bank, Co-Cathedral of Saint Theresa, Costco, Hawaiian Electric, Hawaii State Teachers Association, Kamehameha Bakery, Lanakila Elementary School, Meadow Gold Dairies, MOA Hawaii, Natsunoya Tea House, Prestige Valet, Kapiolani Community College and Waipahu High School Community Health Worker Practicum Students, Starbucks, Don Quiote/Times Supermarkets, Watanabe Floral, Lynda Asato, Mona Bernardo, Jeanne Chun, Mary Chun, Gwen and Sterling Coria, Zahava Czara, Master Haku Lei Maker Jamie Detwiler, Dustin Ebesu, Puna Frank, Diane Kawakami, Michelle Lee, Fred Lum, Elsie Maruno, Diane Masuo, Rosie Ramiro, Amy Sakagawa, Jeannie Salmon, Memory Simor, Mary Sueda, Jean Sugihara, Richard Tada, Representative Jenna Takenouchi, Floyd Tasaka, Jimmy and Dorene Toma, Rodney Villanueva, Rose Yanagawa, Linda Yara, and many others for their generosity of time and kokua to create such a festive and fun Volunteer Appreciation Day for all! We really appreciate the support, team work and outstanding effort to make it a special time for our volunteers.

A special thank you to our hard working Lanakila Staff ~ Riva Torno, Lodi Tapawan, Cookie Irvine, and Iris Hiramoto! Their dedicated service for so many years is truly commendable and appreciated. Cookie celebrated 30 years of service last year, Iris will be celebrating 30 years of service this year, Lodi celebrated 10 years of service last year, and Riva will be celebrating 10 years of service with Catholic Charities Hawaii this year. We are fortunate to have them with us. Our thanks also to full-time volunteers ~ Diane Kawakami, Jean Sugihara, Mary Sueda, and Rose Yanagawa for spending their precious time with us. Their longstanding commitment to Lanakila Senior Center is truly remarkable and we thank them for their outstanding service. We also thank our cultural club officers and class instructors whose gift of time and devoted service makes our center so wonderful to be a part of. Mahalo to all for your generous and caring spirit! May is the beginning of Summer and a time where we celebrate with our graduates and their accomplishments. Congratulations to friends and family who have achieved important educational milestones in their lives and best wishes for much success in the future.

We will be celebrating May Day on Thursday, May 1st, with song, dance, and an ono Hawaiian plate from Young's Fish Market from 9 – 11 a.m. at Lanakila Senior Center. Mahalo for Te Moana Makolo and Na Wahine Hula o Lanakila, Filipino Cultural Club, Okinawa Nenchosha Club, and Portuguese Cultural Club for your willingness to perform. There will be other nice surprises.

On Tuesday, May 6, 2025, Lanakila will have its second Show and Sell for the year. It will be from 8:00 a.m. – 10:30 a.m. This is an opportunity where cultural clubs and classes of Lanakila Senior Center can earn money by offering delicious foods, unique arts and crafts, and other items as well as for the Senior Center to offer beautiful plants, clothing, household items, and other treasures for sale to support the operations of the senior center. Japanese Cultural Club is our host. Our Lanakila members and the public are invited.

The members of LMPSC have been hard at work, since the end of January, to help the City make ti leaf lei for our loved ones on Memorial Day on May 26th. They have prepared about 8,000 ti leaf lei, to date, and will continue making lei until May 23rd in remembrance of all those you have passed before us. Come and join the fun!

Our Lanakila Memorial Program will be held from 9 – 10 a.m. on Thursday, May 22, 2025, in the Senior Center's lanai. We hope you will be a part of the celebration of life to remember our dear friends at Lanakila.

Have a beautiful May Day, Happy Mother's Day on May 11th, and let us remember all those who came before us on Memorial Day on May 26th and their love and many sacrifices which allow us to enjoy what we have today. Keep active and enjoy life to its fullest!

Me ke aloha pumehana,
Susie Chun Oakland
Program Director



Welcome New Members!

Rachel Cardenas
Grant Higa
Becky Huebsch

William "Bill" Lum
Soon Won Pak
My "Mimi" Sugane

Darren Torii

Photo Gallery



Waikale Outlet and Lunch at Chili's Excursion.



Bayview Mini Golf Excursion.



Strength & Balance led by HPU Doctorate PT Students.



Drawing Class with Michelle Lee



Posing for pictures at the Plaza at Punchbowl excursion.



Ho'olu 'Aina excursion. Mahalo to Aulani who provided many valuable lessons and stories of this place as did the members of LMPSC. On the right, Grace and Liz Lum share a special moment together. Grace taught our kupuna about medicinal plants growing in Kalihi Valley.



"Bake with Rianne was enjoyed by all who attended", expressed Member Liz Lum, "Yummy and very good!" Photo by Liz Lum.



Sandy Beach excursion photo op! Back row: Sharon Yamamoto, Michael Tokumura, Cynthia Oshiro. Middle Row: Janet Miyashiro, Violet Tokumura, Joyce Kobayashi. Front Row: Ruth Shinmon, Rosie Ramiro, Linda Maballo, Beth Miguel, Doris Doughty, Ethel Milner, Vickie Kim. Photo by Violet Tokumura.



Excellent Pikake Propagation Workshop by LMPSC Member Ferdinand Madriaga. Photo by Darlene Madriaga.



Occupational Fair with Hawaii Pacific university OT Doctoral Students.



Master Haku Lei Maker Jamie Detwiler taught Val K. Wong, Judy DiBianco, and Diana Kawaguchi how to make haku wristlets at Volunteer Appreciation Day. Photo provided by Jamie Detwiler.



Mahalo Starbucks for your generous donation of coffee at VAD. Your presence and participation was most appreciated. Photo by Aldrinana Leung.



Lanakila Members at VAD posing after the origami workshop with Starbucks and the MOA Hawaii Flower Arranging. Photo by Aldrinana Leung.



Lanakila's very own hula class performed at this year's IVAT conference. Na Wahine Hula o Lanakila did a fantastic performance!

Cultural Club Reports

OKINAWA NENCHOSHA CLUB UPDATE

By Diana Kawaguchi

ANMA-NU HI, GUSU-JI SABIRA (Let's Celebrate Mother's Day)

Mother's day is celebrated in many countries on the second Sunday of May, which will be this year, May 11, 2025. Though other countries celebrate Mother's day at different times of the year, Okinawa celebrates Mother's day the same time as the United States. On this special day, we celebrate & honor all the Mothers, Mother figures (grandparents, aunts, friends, etc.) & thank them for all their unconditional love, support, sacrifices & encouragements. Our Mothers are our 1st friend, best friend & forever friend. We wish all of you a very happy, blessed Mother's Day!

.March 27: Presentation from the Honolulu Police Department talked to us about Kupuna Safety. Honolulu is ranked in the top 25 cities in the country that is considered a safe place to live. We were taught the **3 A's** of how to protect ourselves: 1. be **AWARE** of your surroundings.

2. **ASSESS** the situation & possible threats if in an uncomfortable situation. 3. **ACT** quickly, make a decision. Be vigilant & safe. You only need to carry 1 or 2 ID's & credit cards, in the event it's lost or stolen, least amount in your wallet to replace. Check your account for fraudulent charges. Call 911 immediately if you feel you are being scammed. Always be aware, as scammers pry on senior citizens. The morning was filled with valuable information on safety.

APRIL EVENTS

.April 3rd: Brian Suzuki & his group of senior singers entertained us with their energy singing various Japanese & oldies songs. It was an entertaining morning listening to Brian give us some background of the songs & participating in their singing.

.April 10th: Lively & fun entertainment by Paranku Club of Hawaii, with MC, Jane Tateyama, who introduced their signature dance "Sakaeru Okinawa Shi". Though this group is made up of seniors, they are full of vigor & vitality, who entertained us to their Paranku music & dance to Okinawan songs. Two of their members, performed a beautiful dance to song "Basho Fu". Ukulele playing by one of their members leading us to group singing of folk & children Japanese song. This was followed by group participation to "Ashibina" & "Beautiful Sunday". Performance ended with "Mifaiyu" which expresses the gratitude & thanks of the Paranku club members for inviting them, followed by group participation "Kachashi", to signify the celebration & camaraderie today.

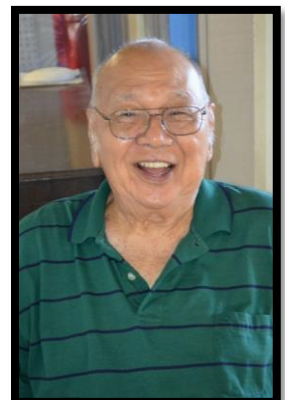
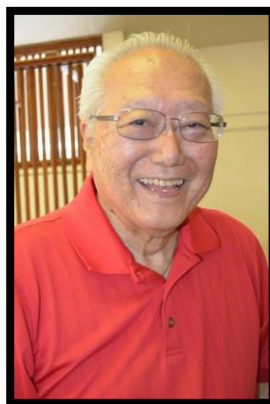
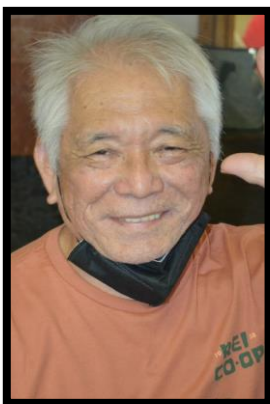
.April 17th: Members of Yui Buyo with instructor Aiko Sugai, entertained us with their exercise like forms to Okinawan music. We were also entertained by a surprise visit from Misako Yagi, who performed wonderful various Japanese dances. We had group dancing to "Ashibina".

Umaribi-kariyushi yaibiin-(Happy Birthday) to: Ellen Endo, Roddy Higa, Sharon Kim, Giselle Miyashiro, Sharon Nakai, Sally Murata, Patricia (Pat) Oda, & Nancy Yeda.

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Cultural Club Updates

JAPANESE CULTURAL CLUB UPDATE

By Clarice Kumura

OKAASAN ITSUMO ARIGATO



In Japan, Mother's Day is celebrated annually on the second Sunday of May and is known as "Haha No Hi". On this day families honor their mothers with gifts and cards to show appreciation for all that they do. Popular gifts include flowers, chocolates and special handmade cards, while some people also like to take their mother out for a special meal. The sentiment behind celebrating Mother's Day in Japan reflects deeply rooted values around family ties within Japanese culture, an idea which has been preserved over time through generations. Respect for parents, especially mothers, is highly valued in Japanese society, so it's no surprise that Mother's Day is celebrated with enthusiasm in Japan each year. So here in Hawaii, whatever plans you have, express gratitude and love to Moms for all that they do for us. **HAPPY "HAHA NO HI"!**

May Events:

- 5 - Shigin – Children Days/Boy's Day
- 12 - Brian Suzuki (Mother's Day)
- 19 - Zenidaiko
- 26 - Memorial Day/Holiday



Activities in April - On **April 7**, Mellow Friends, a group of fantastic singers, showed off their talent by singing songs such as "Can't Help Falling in Love With You"; "Honolulu City Lights"; "God Bless the USA"; and many more. On **April 14**, Angie Ishihara from Walk Wise Hawaii discussed pedestrian safety and the importance of choosing the safest route to your destination. On **April 21**, the versatile group from Project Dana performed a variety of dances with instruments and even had audience participation with the popular Tanko Bushi, Bon Odori style.

Tanjoubi Omedetou Gozaimasu to: Dorothy Mau (90+), Sally Nakata (100 +), Karen Oda (90+), Barbara Sasahara (90+), Keiji Murakami, Sharon Nakai, and Nancy Yeda.
Wish you all a Happy Birthday on your special day.



Cultural Club Updates

FILIPINO CULTURAL CLUB UPDATE

By Wilma Ibay

MAY is a colorful month as the flowering plants start to bloom. Our surroundings comes bighter and even smell good.. Time flied so fast and we are now in the fifth month of the year.

Throw back: APRIL MEMORIES of our club:

April 5- Celebrated the birthdays of the March and April born members. They are: FELY BALIBA-MILA JULIAN- JOSIE AGUILAR- ANA RARANGOL and VIRGILIO LUCAS. Roasted pig or 'LECHON" was donated by Josie Aguilar, one of the celebrants. All the other celebrities and members brought their favorite dishes to share. We enjoyed Filipino desserts and lots of other goodies. Guests and friends were entertained with line dances directed by AURIE SONSON. Everybody participated with the beautiful tunes provided by our very own BONG ACOSTA. Our Senior family and friends performed too with the leadership of MEL and ROSE CALPITO.

On April 16 the LMPSC had a " VOLUNTEER APPRECIATION CELEBRATION" . The event started with Coffee, Tea, pastries, chocolates and fruits plus a GIFT CARD upon registration. LUNCH BENTOS were distributed to all attendees. And lots of Raffle Prizes were given away. It was an awesome and fun day.

May 1- Some members will perform 2 Folk Dances for the May Day Celebration at the Center.

May 6 - FCCH will participate at the SHOW and SELL at LMPSC.

May10- Our club will celebrate MOTHER'S DAY and the birthdays of MAY born members.

Before I close- It' sad news that one of our members ILUMINADA "LUMING" ACOSTA already joined our Creator.

"GOD IS GOOD ALL THE TIME. JUST BELIEVE IN HIS POWER"

Till next month. Salamat ng marami.



HAWAIIAN CULTURAL CLUB UPDATE

By Roland Manuel

May day is celebrated as Lei Day on May 1st. Lei Day is a tradition of wearing and making lei which are considered a symbol of aloha (love) and are given to show affection, friendship or celebration. The first Lei Day was celebrated on May 1, 1928. It's a time for locals and visitors to enjoy the spirit of Aloha by wearing lei in hula performance, lei making demos, and many more. Hau'oli lahui.

We had fun playing BINGO as a club for the first time this year and hopefully and heartedly 2 prospective members. We will never stop growing and expanding. We look forward in selling baked goods and our delicious pickled onions on May 6.

Rest in peace Pope Francis.

ALOHA!!! E malama pono! A hui hou kakou!



CHINESE CULTURAL CLUB UPDATE

By Dorothy Mau

What a wonderful world it is to celebrate Easter with the Chinese Cultural Club members ! We enjoyed wearing our Easter Bonnets that Beverly Mau shared with us! Tommy Duvachelle played the piano as the ladies sang and paraded around the room singing the Easter Parade song. It was such a joy to see Erline Waiau, Dorothy and Beverly Mau, Cindy Choy and Carol Burrows wearing their pretty hats with all the frills upon it! What a wonderful Good Friday it was when we celebrated our Birthday members and Easter at Happy Day Restaurant. The prayer was given by President Mau before we partake our lunch of onolicious dim sum , chicken salad, long life noodles and "gin dui , "the fried mochi ball. The flower arrangements and table centerpieces were won by Cindy and Chow Fook Choy, Edward Lee , Rose Ho and her nephew and lyseas Lea and her grandson. April showers bring May flowers 🌸 and we will be sewing Plumeria and crown flower leis for May Day is Lei day in Hawaii. We'll also honor our mothers for Mothers Day. Our mothers will always love us unconditionally through all our storms and calms of life! They are so awesome and will always be there for us . Happy Mothers Day to all our mothers everywhere! We love you forever and ever!



Evelyn Ambrocio
 Alice Arakaki
 Pauline Arakaki
 Harvey Arkin
 May Asato
 Cely Bartolome
 Karom Burke
 Carol Burrows
 Celestina "Celeste" Cabaccang
 Veronica Cabal
 Stephanie Carrier
 Susan Caswell
 Su Lan Chen
 Siu Ling Cheung Chen
 Yvonne Chin
 Alison Ching
 Sylvia KS Ching
 Karen Chow
 Wendell Chun
 Mae Chung
 Lee Ann Close
 Donna Compton
 Rogelio "Roger" Cortez
 Helen Costa
 Joycelynn Costa
 Amando De Peralta Jr.
 Sharon Dumas
 Ellen Endo
 Manuel Espeleta
 Cheryl Feagins
 Peggy Fearn
 Margarita Flores
 Carol Fong
 Sterling Foster
 Monica Furuhashi
 Judy Furukawa
 Violet Ganeku
 Susan Goya
 Cresente "Cris" Guillermo
 Emelita "Emy" Guillermo
 Caryn Gushikuma
 Rie Hachiya
 Betsy Hall
 Suzie Hasegawa
 Ellen Higa
 Lillian Higa
 Roddy Higa
 Grecia Hill
 James "Jim" Hino
 Pok Ye Hirata
 Sharon Hirose
 Roseline "Loke" Ho
 Bonnie Hokama
 Betty Honma
 David Horen
 Wendell Hue
 Juliana Iniba

HAPPY BIRTHDAY!

HAPPY BIRTHDAY!

Elsie Ishiki
Tsuyako "Tsu" Iwamoto
Sylvia Iwasaki
Youngsoon Jhun
Karen Kanbe
Diane Kawamoto
Juanita Kawamoto
Jennie Kawasaki
Demitrius "Dee" Keliiholokai
Chongae Kim
Myung Ok Kim
Sharon Kim
Lynne Kobayashi
Laraine "Lari" Koga
Kimiyo "Yuki" Kuhns
Jane Kunimura
Karen Kurihara
Caroline Kuwahara
Sang Sook Kwak
Kyong Cha "Kay" Lamson
Ester Lansangan
Lorraine Lau
Sunny "Hosuk" Lee
Mu Cha Leiggi
Joanne Lim
Wan Ping Lin
Rita Lo
Thomas Loo
Isaac Lujan
Sau Yue Lum
Wing Yee Lau Lum
Calvin Maballos
Hyun Soon Maerki
Cynthia Ann Manabe
Mae Matsumoto
Dorothy "Dottie" Mau
Giselle Miyashiro
Kelvin Miyazaki
Yoko Mizuno
Kiyomi Morisato
Keiji Murakami
Kenneth Nakagawa
Sharon Nakai
Melvin Nakama
Lynne Nakamoto
Michael Nakamoto
Aiko Nakamura
Annie Nakamura
Sally Nakata
Hiroko Nishihara
Walter Obata
Karen Oda
Patricia Oda
Dore Oishi
Donald Ojiri
Jonathan Okabe
Miles Okimura



Lanakila School Principal and LMPSC Participant Advisory Board (PAB) Member Kerry Higa takes photos with community leaders, including _____, Calvary Assembly of God Pastor _____ and LMPSC PAB Member Aaron Tsang, and Max _____ as well as Council Member Tyler Dos Santos-Tam, Representative Daniel Holt, and Senator Donna Mercado Kim at Lanakila Elementary School's 100th Anniversary Celebration. LMPSC Program Director Susie Chun Oakland is a proud alumna of Lanakila Elementary School as are many center members, their children, and grandchildren!



Mahalo to AARP tax-aide volunteers for wrapping up a successful tax season for the community. L-R Michael Ballin, John Awakuni, Shar Hashimoto, Lucille Holzgang, Steven Takaki, and Edna Nomura.

HAPPY BIRTHDAY (continued)

Grace Okuma	Eileen Su
June Onishi	Karen Suehiro
Betty Ono	Karen Takemoto
Chiyoko Oshiro	Lucille "Lucy" Taketa
Norma Oshiro	Annette Tamanaha
Seiji Oshiro	Jan Titgen
Grace Paik	Mae Tsukamoto
Carol Pang	Julie Umemoto
Debra Pang	Rudolph "Rudy" Villamil
Mae Rosen	Dionie Villanueva
Michiko Runyon	May Watanabe
Gary Sakuma	Takako Welch
Lynn Sari	Stuart Yamada
Barbara Sasahara	Xiao Ping Yang
Mary Jo Segawa	Janet Yasumatsu
Benjamin Sercena	Nancy Yeda
Jae Sook Shinsato	James "Jimmy" Yee
Alice Shiroma	Yongsuk Yi-Jackson
Dixie Sinkovits	Audrey Young
Etsuko Smith	William "Bill" Young
Marie Sokol	
Edna Sonomura	
Aurelia "Aurie" Sonson	





Mahalo

*Thank you so much for
your generosity!*

PIKAKE (\$1000+)

Central pacific Bank
HawaiiUSA Federal Credit Union

OHI'A A LEHUA (\$500)

Hawaii Electric
Kim, Victoria

KAHILI GINGER (\$250+)

Ishihara, Jean- IMO: Bobby Ishihara

HIBISCUS (\$100+)

Ebisatani, Ger.-IMO Jean Yamamoto
Fukunaga, Gail
Miyamoto, Brian-IMO Jean Yamamoto
Noguchi-Greenwell, Judy
Purdin, Danette
Takara, Doris
Yamamoto, Wayne-IMO Jean Yamamoto

BIRD OF PARADISE (\$50+)

Nakamoto, Mary
Tominaga, Sunny

ANTHURIUM (\$49 & under)

Hanson, Belinda
Kagawa, Eldred
Konno, Ginger
Lardizabal, Archie
Loo, Tom
Masuo, Diane
Reyes, Edralin-IMO Gail Martin
Sugiki, Cynthia
Vaughn, John & Charlene

IN KIND DONATION

Acosta, Iluminada IMO
Asao, Bryant
Aschebrenner, Larry
Bratt, Amy
Burrows, Carol
Ching, Adele
Chun Oakland, Suzanne
Ferreira, Naomi
Fukunaga, Gail
Furumori, Sandy
Giangarra, Susan
Gorski-Brough, Sandy
Harano, Caroline
Hong, Mae
Ikegami, Darlene
Kiyung, Bobble
Kobayashi, Candice
Kobayashi, Lynne
Kowalsky, Kumi
Lum Elizabeth IMO
Morioka, Greata
Murakami, Jean
Nitta, Sharilyn
Ontai, Gail
Oshiro, Cynthia
Park, Sun Ja
Sakumoto, Atsuko
Shigetani, Kate
Shigetani, Kate
Soong, Lu
Stone, Lenora
Sugiura, Wendy
Underwood, Stephanie
Wong, Ed
Yee, William
Yoshida, Mark



Mahalo to Jeannie Yukitomo from HawaiiUSA FCU for blessing the Center with their \$1,000 donation! We are so grateful!

May 2025 Class & Club Schedule

*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:15 AM	Guitar	Hirai	Library Room
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:30 AM	Basic Japanese	Sasaki	Sewing Room
	10:30 AM – 12:00 PM	Hula	Makolo	Dance Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Cribbage	Tom	Patio
	12:30 PM – 2:30 PM	Samulnori	Lee	Sewing Room
Tuesday	8:00 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Beginner Guitar	Dacoscas	Lanai
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues. of the month)	Manuel	Activity Room
	9:15 AM – 12:00 PM	Pickleball	Lardizabal, Tsubaki	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	9:30 AM – 11:00 AM	Hula	Makolo	Dance Room
	10:00 AM & 11:00 AM	Beginner's iPhone Class*	Kawasaki	Patio
	10:00 AM	Sahm Bo Dahn	Higuchi	Lanai
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Matsunaga, Sonson	Lanai
Wednesday	TBA (day & time varies)	Gardening Group*	Nakamura	TBA
	8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (2 nd & 4 th Wed. of the month)	Frank	Activity Room
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Library Annex

May 2025 Class & Club Schedule

Day	Time	Class	Facilitator	Location
	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
Thursday	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 10:30 AM	Taisho Koto	Takeuchi	Library Room
	9:00 AM – 11:00 AM	Hanafuda	Samori	Dance Room
	9:15 AM – 12:00 PM	Pickleball	Hino, Lau	Lanakila Gym
	12:00 PM – 2:00 PM	Cribbage	Lardizabal	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex, Go Room
Friday	8:00 AM	Basic Ukulele	Nishiyama	Dance Room
	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	African American Cultural Club (2 nd & 4 th Fri. of the month)	Gray	Activity Room
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai, S. Nakasone	Lanai
	9:30 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Murashige	Go Room
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	10:30 AM	Zumba Gold	Hokama	Dance Room
Sunday	9:30 AM	Tai Chi for Health and Qi Gong	Lau	Online

*Special registration- see staff for more info. Do not fill out a registration form.

Classes subject to change

May 2025

SUN	MON	TUES	WED	THUR	FRI	SAT
				1 Strength Training w/ Televeda (8:00 am) MAY DAY PROGRAM (9:00 am) Haircuts (12:00 pm) Painting Workshop (12:30 pm)	2 Senior Health Fair at Okinawa Center (9:00 am) Worm Composting (12:00 pm) Painting Workshop (12:30 pm) Milestone Book (1:00 pm)	3 IT Help Desk (9:00 am) Floral Bouquet Making (10:00 am)
4	5 Core with Carol (9:00 am) Hawaii Quilt Show (9:30 am) Travel Club Meeting (1:00 pm)	6 Strength Training w/ Televeda (8:00 am) SHOW & SELL (8:00 am) Wills & Trusts (12:30 pm)	7 Ti Leaf Lei Making (9:00 am) SAVERS FUNraiser (10:00 am) Drawing Workshop (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	8 Strength Training w/ Televeda (8:00 am) Chinatown Tour (9:00 am) Haircuts (12:00 pm) Drawing Workshop (1:00 pm)	9 Occupations Fair (9:00 am) Painting Workshop (12:30 pm) Drawing Workshop (1:00 pm) Korean Culture & Cuisine (2:00 pm)	10 Chuukese Culture (9:00 am) Orchid Society Judging (9:30 am) Cybersecurity (10:00 am) WHS CHW Mahalo Party (11:00 am) Personal Technology (12:00 pm)
11	12 Core with Carol (9:00 am) Visit to Sheraton Waikiki (11:00 am)	13 BINGO (9:00 am) Na Pueo Park (10:30 am) Sing Along Karaoke (12:15 pm)	14 Ti Leaf Lei Making (9:00 am) Program Committee Mtg (8:30 am) Orange Xpress (12:00 pm) Drawing Workshop (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	15 Strength Training w/ Televeda (8:00 am) Bishop Museum (10:30 am) Haircuts (12:00 pm) Drawing Workshop (1:00 pm) Koi Nobori Craft (1:00 pm) CMP Meeting (2:00 pm)	16 Caregiver Support Group (11:00 am) Drawing Workshop (1:00 pm)	17 NARFE Meeting (9:30 am)
18	19 North Shore Tour (8:30 am) Core with Carol (9:00 am) AARP Driver Safety by Appt. Only (10:00 am)	20 Strength Training w/ Televeda (8:00 am) Nutrition & Your Kidneys (8:00 am) North Shore Tour (8:30 am)	21 Ti Leaf Lei Making (9:00 am) PAB Mtg (12:00 pm) Drawing Workshop (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	22 Strength Training w/ Televeda (8:00 am) Memorial Program (9:00 am) Live Well Presentation (10:30 am) Haircuts (12:00 pm) Drawing Workshop (1:00 pm)	23 Flower Lei Making (9:00 am) Drawing Workshop (1:00 pm)	24
25	26 Center Closed HOLIDAY Memorial Day	27 Strength Training w/ Televeda (8:00 am) Oldies but Goodies (12:00 pm)	28 New Member Orientation (9am) PAB Meeting (12:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	29 Haircuts (12:00 pm)	30 Estate Planning for Your Future (10:00 am)	31

*Calendar subject to change

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