November 2026
Class & Club Schedule

*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location
Monday	TBD (day & time varies)	Gardening Group*	Nakamura	Patio
	8:30 AM – 10:30 AM	Victor's Kapakahi Group	Tangonan, Hirai	Library Annex
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	10:30 AM	Basic Japanese	Sasaki	Sewing Room
	10:30 AM	Making Music with Ukulele	Olayan	Library Annex
	10:30 AM – 12:00 PM	Hula	Makolo	Dance Room
	10:45 AM	Yoga	Hasegawa	Lanai
	11:00 AM	Tai Chi for Health	Lau	Activity Room
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Cribbage	Tom	Patio
Tuesday	8:30 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Beginner Guitar	Dacoscos	Lanai
	9:00 AM	Hawaiian Cultural Club (1st & 3rd Tues. of the month)	Manuel	Activity Room
	9:15 AM – 12:00 PM	Pickleball	Lardizabal, Tsubaki	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	9:30 AM – 11:00 AM	Hula	Makolo	Dance Room
	10:00 AM & 11:00 AM	Beginner's iPhone Class*	Kawasaki	Patio
	10:00 AM	Sahm Bo Dahn	B. Higuchi, J. Higuchi	Lanai
	11:00 AM	Beginning Mah Jong	Salmon	Go Room
	11:15 AM	Beginning Hula	Makolo	Dance Room
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM – 2:30 PM	Beginner Line Dance	Sunwoo	Lanai
Wednesday	8:00 AM	*Tai Chi**	*Koike*	*ONLINE*
	8:30 AM	Beginning Ukulele	R. Sugai	Sewing Room
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room
	8:30 AM – 10:30 AM	Mah Jong Free Play	Salmon, Miura	Go Room
	9:30 AM	Portuguese Cultural Club (2nd & 4th Wed. of the month)	Frank	Activity Room
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room
	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Sewing Room
	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room

November 2026
Class & Club Schedule

Day	Time	Class	Facilitator	Location
	10:45 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Sewing Room
	12:00 PM – 2:30 PM	YouTube Karaoke A (1st & 3rd Wed. of the month)	Lee, Louie	Sewing Room
	12:00 PM – 2:30 PM	YouTube Karaoke B (2nd & 4th Wed. of the month)	Lee, Louie	Sewing Room 2nd Wed in Act Rm
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
	4:00 PM – 5:30 PM	Gateball	Pilger	Ala Moana Beach Park
Thursday	TBD (day & time varies)	Composting Wormies Group*	Uyehara	TBD
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Uyehara	Lanai
	9:00 AM – 10:30 AM	Taisho Koto	Takeuchi	Library Room
	9:00 AM – 11:00 AM	Hanafuda	Samori, Miyashiro	Dance Room
	9:15 AM – 12:00 PM	Pickleball	Hino, Lau	Lanakila Gym
	10:30 AM	Japanese Calligraphy	Usami	Craft Room
	12:00 PM – 2:00 PM	Cribbage	Lardizabal	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2nd & 4th Thurs. of the month)	Suzuki	Library Annex, Go Room
	1:00 PM – 2:45 PM	Go	Nguyen-Phuoc, Hiller	2nd & 4th in Dance Room 1st & 3rd in Go Room
Friday	8:00 AM	*Tai Chi**	*Koike*	*ONLINE*
	9:00 AM	African American Cultural Club (2nd & 4th Fri. of the month)	Gray	Activity Room
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1st & 3rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	A. Sugai, S. Nakasone	Lanai
	9:30 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	1:00 PM – 2:30 PM	Chinese Karaoke Singing	Dacoscos	Library Annex
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	10:00 AM	Zumba Gold	Hokama	Dance Room

***Special registration- see staff for more info. Do not fill out a registration form.**

Classes subject to change

November 2026

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2 Haircuts (12:30 pm)	3 HOLIDAY Center Closed General Election Day	4 Veteran's Day Program (9:00 am)	5 Coffee, Tea & Talk Story (8:30 am) Apple Intelligence at Apple Ala Moana Store (12:30 pm)	6 Brain Hui (10:30 am) Brain Power Class 1 (1:00 pm) Brain Power Class 2 (2:00 pm)	7 Legal Service Pop-Up Clinic (1:00 pm)
8	9 Haircuts (12:30 pm)	10 Strength Training w/ Televeda (8:00 am) Waimanalo Country Farms (8:15 am) BINGO (9:00 am)	11 HOLIDAY Center Closed Veteran's Day	12 Energy Unplugged (11:00 am)	13 Bead Workshop (11:00 am) Brain Hui (10:30 am) Brain Power Class 1 (1:00 pm) Brain Power Class 2 (2:00 pm) Korean Culture and Cuisine (2:00 pm)	14 IT Help Desk (8:30 am and 9:30 am) Honolulu Orchid Society Judging (9:30 am) Cybersecurity Presentation (10:00 am)
15	16 Elks Lodge Lunch (11:00 am) Haircuts (12:30 pm)	17 Strength Training w/ Televeda (8:00 am) Elks Lodge Lunch (11:00 am)	18 Thanksgiving Celebration Program (9:00 am)	19 Getting Started with Apple Watch at Apple Store (12:30 pm) CMP Meeting (2:00 pm)	20 Brain Hui (10:30 am) Caregiver Support Group (11:00 am) Brain Power Class 1 (1:00 pm) Brain Power Class 2 (2:00 pm) Center Closes at 2pm	21 Men and Women's Shed (9:00 am) Fall Prevention & Health Management (9:00 am) NARFE Meeting (9:30 am)
22	23 Haircuts (12:30 pm)	24 Strength Training w/ Televeda (8:00 am) Oldies but Goodies (11:45 am)	25 New Member Orientation (9:00 am) PAB Meeting (12:00 pm)	26 HOLIDAY Center Closed Thanksgiving Day	27 Brain Health Hui (10:30 am) Brain Power Class 1 (1:00 pm) Brain Power Class 2 (2:00 pm)	28 CENTER CLOSED
29	30 Haircuts (12:30 pm)					

Walk-in Registration 11/23/26 – 11/27/26 8:00 am – 10:30 am, except for 11/26/26 b/c of holiday

*Calendar subject to change

Rev 10/30/26

Susie Chun Oakland	Program Director	suzanne.oakland@catholiccharitieshawaii.org
Riva Torno	Program Specialist	riva.torno@catholiccharitieshawaii.org
Iris Hiramoto	Membership Specialist	ihiramoto@catholiccharitieshawaii.org
Elizabeth "Cookie" Irvine	Program Support Assistant	elizabeth.irvine@catholiccharitieshawaii.org
Cyan Lau, LSW	Case Manager/Social Worker	cyan.lau@catholiccharitieshawaii.org
Lourdes Adame, LSW	Case Manager/Social Worker	lourdes.adame@catholiccharitieshawaii.org
Sandy Luong	Intake Specialist for Medi Medi	sandy.luong@catholiccharitieshawaii.org

Let's Keep in Touch

1640 Lanakila Avenue
Honolulu, HI 96817
(808) 847-1322
www.catholiccharitieshawaii.org